

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                    | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|-------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 1    | 18   | Tesfit Ghide            | Haag Atletiek             | 1e    | Msen  | <b>31:14</b> |       | 19,21  | 3:07    |
| 2    | 86   | Tesfalem Zeresenay      | Haag Atletiek             | 2e    | Msen  | <b>31:36</b> | 31:36 | 18,99  | 3:09    |
| 3    | 36   | Koen Kuipes             | De Koplopers              | 3e    | Msen  | <b>32:54</b> | 32:54 | 18,24  | 3:17    |
| 4    | 2605 | Jesper Nijboer          | Run2Day Den Haag - 1      | 1e    | Mbuss | <b>33:14</b> | 33:09 | 18,10  | 3:18    |
| 5    | 2604 | Thomas Pereira          | Run2Day Den Haag - 1      | 2e    | Mbuss | <b>33:20</b> | 33:19 | 18,01  | 3:19    |
| 6    | 2606 | Boudewijn Alkema        | Run2Day Den Haag - 1      | 3e    | Mbuss | <b>33:30</b> | 33:28 | 17,93  | 3:20    |
| 7    | 55   | Koen de Nijs            | Rotterdam Atletiek        | 4e    | Msen  | <b>33:42</b> | 33:41 | 17,81  | 3:22    |
| 8    | 10   | Moniem Abarkan          | Nederlandse Triathlon Bo  | 1e    | M45   | <b>34:26</b> | 34:26 | 17,42  | 3:26    |
| 9    | 2607 | Rick Pronk              | Run2Day Den Haag - 1      | 4e    | Mbuss | <b>34:40</b> | 34:38 | 17,32  | 3:27    |
| 10   | 2608 | Twan Kleijwegt          | Run2Day Den Haag - 1      | 5e    | Mbuss | <b>34:46</b> | 34:42 | 17,29  | 3:28    |
| 11   | 2616 | Guus Baak               | Run2Day Den Haag - 2      | 6e    | Mbuss | <b>34:48</b> | 34:46 | 17,26  | 3:28    |
| 12   | 2617 | Seth van Savooijen      | Run2Day Den Haag - 2      | 7e    | Mbuss | <b>34:59</b> | 34:57 | 17,17  | 3:29    |
| 13   | 2615 | Joey Tulling            | Run2Day Den Haag - 2      | 8e    | Mbuss | <b>35:03</b> | 34:58 | 17,16  | 3:29    |
| 14   | 2612 | Freek Swart             | Run2Day Den Haag - 2      | 9e    | Mbuss | <b>35:04</b> | 34:59 | 17,15  | 3:29    |
| 15   | 2071 | Daniel Spaans           | 's-Gravenhage             | 1e    | Mtrim | <b>35:05</b> | 35:00 | 17,14  | 3:30    |
| 16   | 2692 | Jorrit Klinkeberg       | MMOX B.V. - 1             | 10e   | Mbuss | <b>35:09</b> | 35:05 | 17,10  | 3:30    |
| 17   | 1055 | Bram Spaai              | Haag Atletiek             | 2e    | Mtrim | <b>35:14</b> | 35:06 | 17,09  | 3:30    |
| 18   | 2610 | Govert van der Gun      | Run2Day Den Haag - 1      | 11e   | Mbuss | <b>35:28</b> | 35:23 | 16,96  | 3:32    |
| 19   | 1687 | Lucas Lay               | 's-Gravenhage             | 3e    | Mtrim | <b>35:40</b> | 35:26 | 16,93  | 3:32    |
| 20   | 70   | Mart Solleveld          | Olympus '70               | 1e    | M35   | <b>35:47</b> | 35:46 | 16,78  | 3:34    |
| 21   | 88   | Roman Roussel           | Den Haag                  | 5e    | Msen  | <b>35:53</b> | 35:53 | 16,72  | 3:35    |
| 22   | 2611 | Jelle van Buuren        | Run2Day Den Haag - 1      | 12e   | Mbuss | <b>35:54</b> | 35:53 | 16,72  | 3:35    |
| 23   | 2609 | Mark de Munter          | Run2Day Den Haag - 1      | 13e   | Mbuss | <b>35:57</b> | 35:52 | 16,73  | 3:35    |
| 24   | 1499 | Sybren Heres Hoogerkamp | 's-Gravenhage             | 4e    | Mtrim | <b>36:05</b> | 36:02 | 16,65  | 3:36    |
| 25   | 1742 | Stefan van der Marel    | Wassenaar                 | 5e    | Mtrim | <b>36:08</b> | 36:02 | 16,65  | 3:36    |
| 26   | 2185 | Stan Verhoeven          | 's-Gravenhage             | 6e    | Mtrim | <b>36:20</b> | 36:18 | 16,53  | 3:37    |
| 27   | 2618 | Ben Carer               | Run2Day Den Haag - 2      | 14e   | Mbuss | <b>37:13</b> | 37:08 | 16,16  | 3:42    |
| 28   | 2614 | Ivan Olthuis            | Run2Day Den Haag - 2      | 15e   | Mbuss | <b>37:15</b> | 37:10 | 16,14  | 3:43    |
| 29   | 26   | Mathijs Holtermans      | Sparta                    | 6e    | Msen  | <b>37:25</b> | 37:23 | 16,05  | 3:44    |
| 30   | 1327 | Nuno Figueiredo         | 's-Gravenhage             | 7e    | Mtrim | <b>37:27</b> | 37:20 | 16,07  | 3:44    |
| 31   | 2295 | Hendrik Wouters         | 's-Gravenhage             | 8e    | Mtrim | <b>37:40</b> | 37:31 | 15,99  | 3:45    |
| 32   | 1098 | Mick Bisseling          | 's-Gravenhage             | 9e    | Mtrim | <b>37:47</b> | 37:37 | 15,95  | 3:45    |
| 33   | 13   | Susannah Duncan         | Haag Atletiek             | 1e    | Vsen  | <b>37:49</b> | 37:49 | 15,87  | 3:46    |
| 34   | 1432 | Michael Healy           | Voorburg                  | 10e   | Mtrim | <b>37:50</b> | 37:41 | 15,92  | 3:46    |
| 35   | 2535 | Janne ten Barge         | Tweede Kamer der Staten   | 16e   | Mbuss | <b>37:56</b> | 37:52 | 15,85  | 3:47    |
| 36   | 2581 | Misja Steinmetz         | TNO - 2                   | 17e   | Mbuss | <b>38:00</b> | 37:55 | 15,82  | 3:47    |
| 37   | 1189 | Rik Buitenhuis          | 's-Gravenhage             | 11e   | Mtrim | <b>38:01</b> | 37:49 | 15,87  | 3:46    |
| 38   | 2070 | Diede Vierling          | Den Haag                  | 1e    | Vtrim | <b>38:02</b> | 37:53 | 15,84  | 3:47    |
| 39   | 1796 | Adriaan ter Mors        | Delft                     | 12e   | Mtrim | <b>38:16</b> | 38:11 | 15,71  | 3:49    |
| 40   | 2613 | Cornee van der Waal     | Run2Day Den Haag - 2      | 18e   | Mbuss | <b>38:22</b> | 38:18 | 15,67  | 3:49    |
| 41   | 6    | Mark Boon               | AV Gouda                  | 2e    | M35   | <b>38:39</b> | 38:36 | 15,54  | 3:51    |
| 42   | 38   | Chris Kwikkers          | Haag Atletiek             | 7e    | Msen  | <b>38:40</b> | 38:38 | 15,53  | 3:51    |
| 43   | 2503 | Raphael Donkersloot     | Van der Feltz advocaten - | 19e   | Mbuss | <b>38:47</b> | 38:42 | 15,50  | 3:52    |
| 44   | 1701 | Rene Leijters           | Rotterdam                 | 13e   | Mtrim | <b>39:00</b> | 38:54 | 15,42  | 3:53    |
| 45   | 1245 | Cath Devitt             | 's-Gravenhage             | 2e    | Vtrim | <b>39:03</b> | 38:46 | 15,48  | 3:52    |
| 46   | 2580 | Emiel van Eijk          | TNO - 2                   | 20e   | Mbuss | <b>39:13</b> | 39:07 | 15,34  | 3:54    |
| 47   | 2619 | Kevin Versprille        | Run2Day Den Haag - 2      | 21e   | Mbuss | <b>39:21</b> | 39:16 | 15,28  | 3:55    |
| 48   | 80   | Jeroen Wessels          | Haag Atletiek             | 8e    | Msen  | <b>39:24</b> | 39:21 | 15,25  | 3:56    |
| 49   | 2325 | Sammie Zwartjes         | 's-Gravenhage             | 14e   | Mtrim | <b>39:31</b> | 38:41 | 15,51  | 3:52    |
| 50   | 2275 | Marcus Winniczuk        | 's-Gravenhage             | 15e   | Mtrim | <b>39:40</b> | 39:33 | 15,17  | 3:57    |

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| Plts | StNr | Naam                         | Vereniging/Woonplaats     | Uitsl | Categ | Bruto | Netto | Km/Uur | Tijd/Km |
|------|------|------------------------------|---------------------------|-------|-------|-------|-------|--------|---------|
| 51   | 16   | Laurent Fillinger            | Haag Atletiek             | 3e    | M35   | 39:45 | 39:41 | 15,12  | 3:58    |
| 52   | 2078 | Daan Baarda                  | 's-Gravenhage             | 16e   | Mtrim | 39:47 | 39:39 | 15,13  | 3:57    |
| 53   | 2161 | Lasse Veenstra               | Voorhout                  | 17e   | Mtrim | 39:48 | 39:39 | 15,13  | 3:57    |
| 54   | 2274 | Wouter van Winden            | 's-Gravenhage             | 18e   | Mtrim | 39:49 | 39:38 | 15,14  | 3:57    |
| 55   | 1158 | Joep Breimer                 | 's-Gravenhage             | 19e   | Mtrim | 40:02 | 39:37 | 15,15  | 3:57    |
| 56   | 2216 | Peter Volkov                 | 's-Gravenhage             | 20e   | Mtrim | 40:09 | 39:15 | 15,29  | 3:55    |
| 57   | 1459 | Michiel Hendrix              | 's-Gravenhage             | 21e   | Mtrim | 40:10 | 40:05 | 14,97  | 4:00    |
| 58   | 2681 | Dominic Vlaardingerbroek     | PV MinJenV - 3            | 22e   | Mbuss | 40:11 | 40:04 | 14,98  | 4:00    |
| 59   | 63   | Aart van der Riet            | Haag Atletiek             | 9e    | Msen  | 40:12 | 40:10 | 14,94  | 4:01    |
| 60   | 33   | Thijs Prins                  | Haag Atletiek             | 4e    | M35   | 40:15 | 40:13 | 14,92  | 4:01    |
| 61   | 2076 | Friso van Spengler           | Haarlem                   | 22e   | Mtrim | 40:18 | 40:04 | 14,98  | 4:00    |
| 62   | 30   | Michiel van Isselmuden       | Haag Atletiek             | 5e    | M35   | 40:19 | 40:15 | 14,91  | 4:01    |
| 63   | 1036 | Raoul                        | Nederland                 | 23e   | Mtrim | 40:19 | 40:00 | 15,00  | 4:00    |
| 64   | 32   | Massimo Jonker               | Haag Atletiek             | 10e   | Msen  | 40:22 | 40:19 | 14,88  | 4:01    |
| 65   | 2091 | Arie van Steensel            | Leiden                    | 24e   | Mtrim | 40:27 | 40:18 | 14,89  | 4:01    |
| 66   | 2582 | Lex Verberne                 | TNO - 2                   | 23e   | Mbuss | 40:29 | 40:21 | 14,87  | 4:02    |
| 67   | 2269 | Maciej Wiktor                | 's-Gravenhage             | 25e   | Mtrim | 40:38 | 40:30 | 14,81  | 4:03    |
| 68   | 2177 | Maarten Verburg              | Leidschendam              | 26e   | Mtrim | 40:42 | 40:20 | 14,88  | 4:02    |
| 69   | 42   | Richard Lelieveld            | De Kieviten               | 2e    | M45   | 40:47 | 40:45 | 14,72  | 4:04    |
| 70   | 46   | Geurt Jan van der Meiden     | Haag Atletiek             | 6e    | M35   | 41:01 | 40:57 | 14,65  | 4:05    |
| 71   | 1594 | Thomas Klaui                 | 's-Gravenhage             | 27e   | Mtrim | 41:05 | 40:56 | 14,66  | 4:05    |
| 72   | 9100 | Daan Hoek                    |                           | 28e   | Mtrim | 41:06 | 41:06 | 14,60  | 4:06    |
| 73   | 9099 | Pieter-Christiaan van Oranje | Wassenaar                 | 29e   | Mtrim | 41:07 | 41:07 | 14,59  | 4:06    |
| 74   | 1275 | Cyril Dumoulin               | 's-Gravenhage             | 30e   | Mtrim | 41:11 | 41:05 | 14,60  | 4:06    |
| 75   | 1184 | Twan Buijs                   | Haag Atletiek             | 31e   | Mtrim | 41:25 | 41:21 | 14,51  | 4:08    |
| 76   | 1034 | Floris Asselbergs            | 's-Gravenhage             | 32e   | Mtrim | 41:28 | 41:17 | 14,53  | 4:07    |
| 77   | 2079 | Wouter Spoelman              | Haag Atletiek             | 33e   | Mtrim | 41:31 | 41:19 | 14,52  | 4:07    |
| 78   | 2715 | Shuyang Zhang                | Danone Nutricia - 1       | 24e   | Mbuss | 41:39 | 41:17 | 14,53  | 4:07    |
| 79   | 1159 | Pepijn Breimer               | Leidschendam              | 34e   | Mtrim | 41:43 | 41:18 | 14,53  | 4:07    |
| 80   | 1885 | Bart Pegge                   | 's-Gravenhage             | 35e   | Mtrim | 41:45 | 41:00 | 14,63  | 4:06    |
| 81   | 62   | Oumaima Rhalem               | PAC                       | 2e    | Vsen  | 41:46 | 41:46 | 14,37  | 4:10    |
| 82   | 17   | Sander Gerz                  | Haag Atletiek             | 3e    | M45   | 41:51 | 41:45 | 14,37  | 4:10    |
| 83   | 2641 | Max Kramer                   | BusinessController.nu - 1 | 25e   | Mbuss | 41:56 | 41:37 | 14,42  | 4:09    |
| 84   | 2169 | Tobias Veldkamp              | 's-Gravenhage             | 36e   | Mtrim | 42:06 | 41:51 | 14,34  | 4:11    |
| 85   | 1636 | Jerry van Koppen             | Pijnacker                 | 37e   | Mtrim | 42:08 | 41:53 | 14,33  | 4:11    |
| 86   | 74   | Jaap Verbrugge               | the Hague Road Runners    | 11e   | Msen  | 42:08 | 42:03 | 14,27  | 4:12    |
| 87   | 1077 | Melissa Bena                 | Zoetermeer                | 3e    | Vtrim | 42:11 | 42:07 | 14,25  | 4:12    |
| 88   | 2060 | Eline Smit                   | Pijnacker                 | 4e    | Vtrim | 42:12 | 41:56 | 14,31  | 4:11    |
| 89   | 69   | Rinus van der Schoof         | Haag Atletiek             | 7e    | M35   | 42:22 | 42:18 | 14,18  | 4:13    |
| 90   | 1253 | Wichert van Dijk             | Voorburg                  | 38e   | Mtrim | 42:23 | 42:06 | 14,25  | 4:12    |
| 91   | 1493 | Vincent Holleman             | Haag Atletiek             | 39e   | Mtrim | 42:25 | 42:21 | 14,17  | 4:14    |
| 92   | 1121 | Christophe van Bokhoven      | 's-Gravenhage             | 40e   | Mtrim | 42:30 | 41:04 | 14,61  | 4:06    |
| 93   | 1586 | Robin Dudley Kersbergen      | 's-Gravenhage             | 41e   | Mtrim | 42:30 | 42:16 | 14,20  | 4:13    |
| 94   | 1535 | Rob Jansen                   | 's-Gravenhage             | 42e   | Mtrim | 42:32 | 41:20 | 14,52  | 4:08    |
| 95   | 1602 | Melvin Klok                  | Zuid-Beijerland           | 43e   | Mtrim | 42:33 | 42:03 | 14,27  | 4:12    |
| 96   | 2143 | Lourens Touwen               | 's-Gravenhage             | 44e   | Mtrim | 42:34 | 41:39 | 14,41  | 4:09    |
| 97   | 1820 | Toan Nguyen                  | Rotterdam                 | 45e   | Mtrim | 42:36 | 42:29 | 14,12  | 4:14    |
| 98   | 43   | Remco Lemstra                | Haag Atletiek             | 4e    | M45   | 42:38 | 42:35 | 14,09  | 4:15    |
| 99   | 2661 | Sander Philipse              | PV MinJenV - 1            | 26e   | Mbuss | 42:42 | 42:35 | 14,09  | 4:15    |
| 100  | 1362 | Marco van Gils               | Voorburg                  | 46e   | Mtrim | 42:47 | 42:33 | 14,10  | 4:15    |

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| Plts | StNr | Naam                  | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|-----------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 101  | 2546 | Thom te Hofstee       | Tweede Kamer der Staten   | 27e   | Mbuss | <b>42:57</b> | 42:52 | 14,00  | 4:17    |
| 102  | 2638 | Ron Damstra           | BusinessController.nu - 1 | 28e   | Mbuss | <b>43:00</b> | 42:41 | 14,06  | 4:16    |
| 103  | 35   | Merel Kraaijenbrink   | Triathlon                 | 3e    | Vsen  | <b>43:02</b> | 42:56 | 13,98  | 4:17    |
| 104  | 2596 | Erik Speijers         | dunea - 1                 | 29e   | Mbuss | <b>43:03</b> | 41:42 | 14,39  | 4:10    |
| 105  | 1445 | Thomas Heikoop        | Schiedam                  | 47e   | Mtrim | <b>43:04</b> | 42:58 | 13,96  | 4:17    |
| 106  | 1769 | Mees Meijer           | 's-Gravenhage             | 48e   | Mtrim | <b>43:06</b> | 42:28 | 14,13  | 4:14    |
| 107  | 1483 | John Hoek             | Rijswijk                  | 49e   | Mtrim | <b>43:07</b> | 42:59 | 13,96  | 4:17    |
| 108  | 2115 | Eelco Taal            | Rotterdam                 | 50e   | Mtrim | <b>43:10</b> | 42:40 | 14,06  | 4:16    |
| 109  | 1625 | Jep Noordeloos        | Scheveningen              | 51e   | Mtrim | <b>43:12</b> | 42:07 | 14,25  | 4:12    |
| 110  | 2558 | Jette Immerzeel       | Tweede Kamer der Staten   | 1e    | Vbuss | <b>43:20</b> | 43:15 | 13,87  | 4:19    |
| 111  | 1139 | Jens Bosman           | Voorburg                  | 52e   | Mtrim | <b>43:23</b> | 43:05 | 13,93  | 4:18    |
| 112  | 1056 | Rob Barendse          | Sparta                    | 53e   | Mtrim | <b>43:28</b> | 42:51 | 14,00  | 4:17    |
| 113  | 1675 | Sem van der Land      | 's-Gravenhage             | 54e   | Mtrim | <b>43:30</b> | 41:51 | 14,34  | 4:11    |
| 114  | 14   | Mervyn Eversteijn     | Sparta                    | 5e    | M45   | <b>43:31</b> | 43:29 | 13,80  | 4:20    |
| 115  | 2038 | Damien Schouten       | 's-Gravenhage             | 55e   | Mtrim | <b>43:37</b> | 43:20 | 13,85  | 4:20    |
| 116  | 2505 | Jacques Sluysmans     | Van der Feltz advocaten - | 30e   | Mbuss | <b>43:39</b> | 43:32 | 13,78  | 4:21    |
| 117  | 1356 | DM Gerritsen          | Wassenaar                 | 56e   | Mtrim | <b>43:40</b> | 43:30 | 13,79  | 4:21    |
| 118  | 34   | Jeroen Koelewijn      | Haag Atletiek             | 1e    | M55   | <b>43:41</b> | 43:37 | 13,76  | 4:21    |
| 119  | 1142 | Marcus Bouma          | 's-Gravenhage             | 57e   | Mtrim | <b>43:46</b> | 43:33 | 13,78  | 4:21    |
| 120  | 2705 | Lars Bosgraaf         | NIBC Bank N.V. - 1        | 31e   | Mbuss | <b>43:46</b> | 42:42 | 14,05  | 4:16    |
| 121  | 1290 | Ben van der Eijk      | Delft                     | 58e   | Mtrim | <b>43:47</b> | 43:09 | 13,90  | 4:18    |
| 122  | 1664 | Joost Kuijpers        | Rijswijk                  | 59e   | Mtrim | <b>43:50</b> | 43:44 | 13,72  | 4:22    |
| 123  | 1573 | Yury Kashnitsky       | Voorburg                  | 60e   | Mtrim | <b>43:52</b> | 43:46 | 13,71  | 4:22    |
| 124  | 1112 | Paul De Boer          | 's-Gravenhage             | 61e   | Mtrim | <b>43:52</b> | 43:29 | 13,80  | 4:20    |
| 125  | 2569 | Dennis van der Wouden | A2B-online - 1            | 32e   | Mbuss | <b>43:53</b> | 43:48 | 13,70  | 4:22    |
| 126  | 1583 | Warren Kemper         | 's-Gravenhage             | 62e   | Mtrim | <b>43:54</b> | 42:03 | 14,27  | 4:12    |
| 127  | 50   | Jesus Caeiro Mouzo    | Energie                   | 2e    | M55   | <b>43:57</b> | 43:55 | 13,66  | 4:23    |
| 128  | 2643 | Robin van Bohemen     | BusinessController.nu - 1 | 33e   | Mbuss | <b>44:00</b> | 43:42 | 13,73  | 4:22    |
| 129  | 1806 | Esme Mulders          | 's-Gravenhage             | 5e    | Vtrim | <b>44:00</b> | 43:51 | 13,68  | 4:23    |
| 130  | 1677 | De Lang               | 's-Gravenhage             | 63e   | Mtrim | <b>44:02</b> | 43:47 | 13,70  | 4:22    |
| 131  | 2772 | Startnummer 2772      | Johan de Witt Scholengro  | 1e    | Mtrim | <b>44:07</b> | 43:24 | 13,82  | 4:20    |
| 132  | 2256 | Bas Westerink         | 's-Gravenhage             | 64e   | Mtrim | <b>44:09</b> | 43:32 | 13,78  | 4:21    |
| 133  | 1605 | Markéta Kluková       | Haag Atletiek             | 6e    | Vtrim | <b>44:10</b> | 43:47 | 13,70  | 4:22    |
| 134  | 2125 | Jarno Terwindt        | Hilversum                 | 65e   | Mtrim | <b>44:13</b> | 43:46 | 13,71  | 4:22    |
| 135  | 1050 | Petrica Balbaie       | Voorburg                  | 66e   | Mtrim | <b>44:14</b> | 43:20 | 13,85  | 4:20    |
| 136  | 1026 | Henry Annokkee        | 's-Gravenhage             | 67e   | Mtrim | <b>44:15</b> | 44:05 | 13,61  | 4:24    |
| 137  | 2598 | Marco van der Heul    | dunea - 1                 | 34e   | Mbuss | <b>44:16</b> | 42:55 | 13,98  | 4:17    |
| 138  | 1315 | Richard van Everdink  | 's-Gravenhage             | 68e   | Mtrim | <b>44:17</b> | 43:48 | 13,70  | 4:22    |
| 139  | 2583 | Victor Neuteboom      | TNO - 2                   | 35e   | Mbuss | <b>44:17</b> | 44:10 | 13,58  | 4:25    |
| 140  | 1358 | Ollie de Geus         | 's-Gravenhage             | 69e   | Mtrim | <b>44:18</b> | 43:20 | 13,85  | 4:20    |
| 141  | 1309 | Ben Boschker          | 's-Gravenhage             | 70e   | Mtrim | <b>44:21</b> | 44:11 | 13,58  | 4:25    |
| 142  | 68   | Jeroen Schmit         | Sparta                    | 6e    | M45   | <b>44:21</b> | 44:18 | 13,54  | 4:25    |
| 143  | 2625 | Jasper Kool           | De Mannen van Schuim -    | 36e   | Mbuss | <b>44:22</b> | 44:07 | 13,60  | 4:24    |
| 144  | 1630 | Philip Kooper         | 's-Gravenhage             | 71e   | Mtrim | <b>44:22</b> | 43:14 | 13,88  | 4:19    |
| 145  | 2025 | Thomas Schlaman       | 's-Gravenhage             | 72e   | Mtrim | <b>44:23</b> | 43:50 | 13,69  | 4:23    |
| 146  | 1822 | Patrick van Niftrik   | 's-Gravenhage             | 73e   | Mtrim | <b>44:25</b> | 44:00 | 13,64  | 4:24    |
| 147  | 76   | Caroline Verduin      | Haag Atletiek             | 4e    | Vsen  | <b>44:26</b> | 44:22 | 13,52  | 4:26    |
| 148  | 1248 | Ludo van Dieren       | Rotterdam                 | 74e   | Mtrim | <b>44:26</b> | 43:37 | 13,76  | 4:21    |
| 149  | 1496 | Vincent Holtey        | 's-Gravenhage             | 75e   | Mtrim | <b>44:28</b> | 42:48 | 14,02  | 4:16    |
| 150  | 4    | Paul Boeren           | Sparta                    | 3e    | M55   | <b>44:35</b> | 44:35 | 13,46  | 4:27    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                    | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|-------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 151  | 2696 | Chris Horn              | Europese School Den Haa   | 37e   | Mbuss | <b>44:41</b> | 44:35 | 13,46  | 4:27    |
| 152  | 2656 | Joost Derickx           | BusinessController.nu - 3 | 38e   | Mbuss | <b>44:43</b> | 44:26 | 13,50  | 4:26    |
| 153  | 1024 | Raouf Angudi            | Oegstgeest                | 76e   | Mtrim | <b>44:46</b> | 43:21 | 13,84  | 4:20    |
| 154  | 1060 | Thomas Bauman           | 's-Gravenhage             | 77e   | Mtrim | <b>44:47</b> | 43:33 | 13,78  | 4:21    |
| 155  | 2729 | Nicholas Dolamore       | yves.transformations - 1  | 39e   | Mbuss | <b>44:48</b> | 44:35 | 13,46  | 4:27    |
| 156  | 2714 | Arthur Dorson           | Danone Nutricia - 1       | 40e   | Mbuss | <b>44:49</b> | 44:26 | 13,50  | 4:26    |
| 157  | 1760 | Sjors van der Meer      | 's-Gravenhage             | 78e   | Mtrim | <b>44:52</b> | 44:28 | 13,49  | 4:26    |
| 158  | 2114 | Arjen Taal              | 's-Gravenhage             | 79e   | Mtrim | <b>44:53</b> | 44:04 | 13,62  | 4:24    |
| 159  | 1927 | Niko Eka Putra          | Delft                     | 80e   | Mtrim | <b>44:55</b> | 44:39 | 13,44  | 4:27    |
| 160  | 1559 | Jilles Joseph           | 's-Gravenhage             | 81e   | Mtrim | <b>44:56</b> | 43:59 | 13,64  | 4:23    |
| 161  | 1498 | MARNIX van 't Hoog      | 's-Gravenhage             | 82e   | Mtrim | <b>44:57</b> | 43:36 | 13,76  | 4:21    |
| 162  | 64   | Matthieu Rosello-Garcia | Haag Atletiek             | 7e    | M45   | <b>45:03</b> | 42:48 | 14,02  | 4:16    |
| 163  | 1864 | Twan Burg               | Nederland                 | 83e   | Mtrim | <b>45:07</b> | 44:55 | 13,36  | 4:29    |
| 164  | 2330 | Tommer Franken          | Johan de Witt Scholengro  | 84e   | Mtrim | <b>45:13</b> | 45:00 | 13,33  | 4:30    |
| 165  | 1570 | Abel Kappenburg         | Voorburg                  | 85e   | Mtrim | <b>45:13</b> | 44:09 | 13,59  | 4:24    |
| 166  | 2550 | Jesper Abbink           | Tweede Kamer der Staten   | 41e   | Mbuss | <b>45:14</b> | 45:08 | 13,29  | 4:30    |
| 167  | 1982 | Maurice van Rooijen     | Voorburg                  | 86e   | Mtrim | <b>45:16</b> | 44:07 | 13,60  | 4:24    |
| 168  | 1197 | Thomas Buwalda          | 's-Gravenhage             | 87e   | Mtrim | <b>45:16</b> | 43:43 | 13,72  | 4:22    |
| 169  | 1919 | Kirsty Prins            | Haag Atletiek             | 7e    | Vtrim | <b>45:18</b> | 45:08 | 13,29  | 4:30    |
| 170  | 22   | Axel Hartman            | avVN                      | 4e    | M55   | <b>45:19</b> | 45:14 | 13,26  | 4:31    |
| 171  | 48   | Laure Mensah            | Haag Atletiek             | 1e    | V45   | <b>45:20</b> | 45:16 | 13,25  | 4:31    |
| 172  | 1390 | Peter Groeneveld        | 's-Gravenhage             | 88e   | Mtrim | <b>45:22</b> | 45:09 | 13,29  | 4:30    |
| 173  | 2124 | Klaas-Jan Terhorst      | 's-Gravenhage             | 89e   | Mtrim | <b>45:24</b> | 44:43 | 13,42  | 4:28    |
| 174  | 1001 | Lionel van Aanholt      | Maassluis                 | 90e   | Mtrim | <b>45:28</b> | 43:03 | 13,94  | 4:18    |
| 175  | 1626 | Camiel Koomen           | 's-Gravenhage             | 91e   | Mtrim | <b>45:33</b> | 45:09 | 13,29  | 4:30    |
| 176  | 1101 | Stephanie Blaauw        | 's-Gravenhage             | 8e    | Vtrim | <b>45:35</b> | 45:25 | 13,21  | 4:32    |
| 177  | 2699 | Chris Garvey            | Europese School Den Haa   | 42e   | Mbuss | <b>45:35</b> | 45:26 | 13,21  | 4:32    |
| 178  | 2228 | Chrisje de Vries        | Voorburg                  | 9e    | Vtrim | <b>45:37</b> | 44:57 | 13,35  | 4:29    |
| 179  | 1610 | Jelmer Koedood          | Rotterdam                 | 92e   | Mtrim | <b>45:40</b> | 45:19 | 13,24  | 4:31    |
| 180  | 2584 | Marjolein Heezen        | TNO - 2                   | 2e    | Vbuss | <b>45:40</b> | 45:33 | 13,17  | 4:33    |
| 181  | 2267 | Vincent Wijsman         | 's-Gravenhage             | 93e   | Mtrim | <b>45:41</b> | 45:34 | 13,17  | 4:33    |
| 182  | 1116 | Dick Boersema           | 's-Gravenhage             | 94e   | Mtrim | <b>45:41</b> | 44:29 | 13,49  | 4:26    |
| 183  | 1412 | Wouter Hajer            | 's-Gravenhage             | 95e   | Mtrim | <b>45:42</b> | 44:42 | 13,42  | 4:28    |
| 184  | 1976 | Cindy Rog               | 's-Gravenhage             | 10e   | Vtrim | <b>45:43</b> | 45:14 | 13,26  | 4:31    |
| 185  | 1488 | Jeroen ter Hoeven       | Wateringen                | 96e   | Mtrim | <b>45:43</b> | 45:39 | 13,14  | 4:33    |
| 186  | 1766 | Giel van Megen          | 's-Gravenhage             | 97e   | Mtrim | <b>45:44</b> | 44:24 | 13,51  | 4:26    |
| 187  | 2339 | Jikke Bijen             | Royal Ten Genodigden 20   | 11e   | Vtrim | <b>45:46</b> | 45:13 | 13,27  | 4:31    |
| 188  | 1631 | Arjen van Kooten        | 's-Gravenhage             | 98e   | Mtrim | <b>45:46</b> | 45:14 | 13,26  | 4:31    |
| 189  | 1546 | Victor Overboom         | the Hague Road Runners    | 99e   | Mtrim | <b>45:48</b> | 43:30 | 13,79  | 4:21    |
| 190  | 2513 | Carolien Janssen        | Wladimiroff Advocaten N.  | 3e    | Vbuss | <b>45:49</b> | 45:33 | 13,17  | 4:33    |
| 191  | 1823 | Nils Nijdam             | 's-Gravenhage             | 100e  | Mtrim | <b>45:51</b> | 45:33 | 13,17  | 4:33    |
| 192  | 2548 | Remco Greve             | Tweede Kamer der Staten   | 43e   | Mbuss | <b>45:52</b> | 45:44 | 13,12  | 4:34    |
| 193  | 2526 | Marcel van Velzen       | Het CAK - 2               | 44e   | Mbuss | <b>45:54</b> | 45:43 | 13,12  | 4:34    |
| 194  | 1423 | Theo Harms              | 's-Gravenhage             | 101e  | Mtrim | <b>45:55</b> | 45:31 | 13,18  | 4:33    |
| 195  | 1834 | Frederique Noordhoff    | 's-Gravenhage             | 12e   | Vtrim | <b>45:59</b> | 45:02 | 13,32  | 4:30    |
| 196  | 1999 | Hector Salenc           | 's-Gravenhage             | 102e  | Mtrim | <b>46:01</b> | 45:55 | 13,07  | 4:35    |
| 197  | 1601 | Rick Klijberg           | the Hague Road Runners    | 103e  | Mtrim | <b>46:02</b> | 45:04 | 13,31  | 4:30    |
| 198  | 1926 | Alexandre Puisais       | 's-Gravenhage             | 104e  | Mtrim | <b>46:02</b> | 45:42 | 13,13  | 4:34    |
| 199  | 1849 | Marjolein Olsthoorn     | Wateringen                | 13e   | Vtrim | <b>46:05</b> | 45:50 | 13,09  | 4:35    |
| 200  | 2146 | Eric Trottemant         | 's-Gravenhage             | 105e  | Mtrim | <b>46:06</b> | 44:16 | 13,55  | 4:25    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                         | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|------------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 201  | 9    | Laura Buters                 | Haag Atletiek             | 1e    | V55   | <b>46:06</b> | 46:01 | 13,04  | 4:36    |
| 202  | 79   | Tiis van der Werf            | Rotterdam Atletiek        | 12e   | Msen  | <b>46:10</b> | 45:35 | 13,16  | 4:33    |
| 203  | 61   | Rosita van den Puttelaar     | Rotterdam Atletiek        | 5e    | Vsen  | <b>46:11</b> | 45:35 | 13,16  | 4:33    |
| 204  | 2354 | Marian Bikart                | the Hague Road Runners    | 14e   | Vtrim | <b>46:13</b> | 45:35 | 13,16  | 4:33    |
| 205  | 1863 | Arthur den Ouden             | 's-Gravenhage             | 106e  | Mtrim | <b>46:16</b> | 45:52 | 13,08  | 4:35    |
| 206  | 2637 | Cees Kramer                  | BusinessController.nu - 1 | 45e   | Mbuss | <b>46:21</b> | 46:03 | 13,03  | 4:36    |
| 207  | 2593 | Jeffrey de Jong              | Vanberkel Professionals - | 46e   | Mbuss | <b>46:23</b> | 46:02 | 13,03  | 4:36    |
| 208  | 1425 | Fender van der Harst         | 's-Gravenhage             | 107e  | Mtrim | <b>46:24</b> | 45:58 | 13,05  | 4:35    |
| 209  | 1666 | Bjorn Kuil                   | Tervuren (BEL)            | 108e  | Mtrim | <b>46:25</b> | 46:05 | 13,02  | 4:36    |
| 210  | 2232 | Niels van der Vuurst de Vrie | Voorburg                  | 109e  | Mtrim | <b>46:25</b> | 45:58 | 13,05  | 4:35    |
| 211  | 2628 | Simon Stolte                 | Chr. Lyceum Zandvliet - 1 | 47e   | Mbuss | <b>46:27</b> | 45:11 | 13,28  | 4:31    |
| 212  | 1208 | Menno ten Cate               | 's-Gravenhage             | 110e  | Mtrim | <b>46:29</b> | 44:45 | 13,41  | 4:28    |
| 213  | 1805 | Tim Mulder                   | Delft                     | 111e  | Mtrim | <b>46:30</b> | 46:09 | 13,00  | 4:36    |
| 214  | 2255 | Jeroen van Westering         | 's-Gravenhage             | 112e  | Mtrim | <b>46:32</b> | 45:09 | 13,29  | 4:30    |
| 215  | 1593 | Romanov Kirill               | Rotterdam                 | 113e  | Mtrim | <b>46:38</b> | 46:12 | 12,99  | 4:37    |
| 216  | 1848 | Diederick Olie               | 's-Gravenhage             | 114e  | Mtrim | <b>46:42</b> | 46:20 | 12,95  | 4:38    |
| 217  | 1514 | Egbert Hulsman               | Leidschendam              | 115e  | Mtrim | <b>46:43</b> | 46:28 | 12,91  | 4:38    |
| 218  | 1083 | Jef Bergsma                  | Kerk Avezaath             | 116e  | Mtrim | <b>46:44</b> | 46:05 | 13,02  | 4:36    |
| 219  | 1195 | Horst Buwalda                | 's-Gravenhage             | 117e  | Mtrim | <b>46:44</b> | 45:11 | 13,28  | 4:31    |
| 220  | 1200 | Desirée Cabrera González     | Voorburg                  | 15e   | Vtrim | <b>46:45</b> | 44:58 | 13,34  | 4:29    |
| 221  | 2573 | Ruben Verbeeke               | TNO - 1                   | 48e   | Mbuss | <b>46:48</b> | 46:40 | 12,86  | 4:40    |
| 222  | 2027 | Andreas Schmid               | 's-Gravenhage             | 118e  | Mtrim | <b>46:48</b> | 35:17 | 17,01  | 3:31    |
| 223  | 2044 | Niek Schutteman              | 's-Gravenhage             | 119e  | Mtrim | <b>46:51</b> | 45:40 | 13,14  | 4:34    |
| 224  | 25   | Stef van Holstein            | the Hague Road Runners    | 5e    | M55   | <b>46:54</b> | 46:50 | 12,81  | 4:41    |
| 225  | 1110 | Florian Boelman              | 's-Gravenhage             | 120e  | Mtrim | <b>46:56</b> | 45:09 | 13,29  | 4:30    |
| 226  | 2196 | Cas Versteeg                 | 's-Gravenhage             | 121e  | Mtrim | <b>46:56</b> | 46:39 | 12,86  | 4:39    |
| 227  | 1708 | Johan Limborgh               | 's-Gravenhage             | 122e  | Mtrim | <b>46:57</b> | 46:28 | 12,91  | 4:38    |
| 228  | 1714 | Dominic Lommers              | Voorburg                  | 123e  | Mtrim | <b>46:59</b> | 45:49 | 13,10  | 4:34    |
| 229  | 78   | Jorine Weeda                 | PAC                       | 6e    | Vsen  | <b>47:01</b> | 46:55 | 12,79  | 4:41    |
| 230  | 58   | Marcel den Ouden             | PAC                       | 6e    | M55   | <b>47:02</b> | 46:57 | 12,78  | 4:41    |
| 231  | 1913 | Friso Postma                 | 's-Gravenhage             | 124e  | Mtrim | <b>47:03</b> | 46:56 | 12,78  | 4:41    |
| 232  | 1624 | Joeri Koolhoven              | Voorburg                  | 125e  | Mtrim | <b>47:05</b> | 44:48 | 13,39  | 4:28    |
| 233  | 2175 | Leo Verbaan                  | 's-Gravenhage             | 126e  | Mtrim | <b>47:06</b> | 47:01 | 12,76  | 4:42    |
| 234  | 1486 | Anne-Roos Hoekstra           | 's-Gravenhage             | 16e   | Vtrim | <b>47:07</b> | 45:19 | 13,24  | 4:31    |
| 235  | 2035 | Jan Willem Scholten          | 's-Gravenhage             | 127e  | Mtrim | <b>47:08</b> | 45:56 | 13,06  | 4:35    |
| 236  | 2108 | Jolien Suurmond              | 's-Gravenhage             | 17e   | Vtrim | <b>47:09</b> | 46:24 | 12,93  | 4:38    |
| 237  | 2173 | Willem-Jan van de Ven        | CR-Running                | 128e  | Mtrim | <b>47:14</b> | 46:19 | 12,95  | 4:37    |
| 238  | 84   | Wouter Sotthewes             | Ilion                     | 8e    | M35   | <b>47:15</b> | 47:08 | 12,73  | 4:42    |
| 239  | 1607 | Sander Knijnenburg           | Rijswijk                  | 129e  | Mtrim | <b>47:17</b> | 46:22 | 12,94  | 4:38    |
| 240  | 2211 | Martijn van Vliet            | Voorburg                  | 130e  | Mtrim | <b>47:18</b> | 46:53 | 12,80  | 4:41    |
| 241  | 2121 | Jasper Tazelaar              | Leiden                    | 131e  | Mtrim | <b>47:19</b> | 47:06 | 12,74  | 4:42    |
| 242  | 1685 | Thijs Van der Lans           | Rijswijk                  | 132e  | Mtrim | <b>47:22</b> | 45:41 | 13,13  | 4:34    |
| 243  | 2568 | Remco van der Neut           | A2B-online - 1            | 49e   | Mbuss | <b>47:22</b> | 47:18 | 12,68  | 4:43    |
| 244  | 1979 | Lucas de Rooij               | Monster                   | 133e  | Mtrim | <b>47:27</b> | 46:38 | 12,87  | 4:39    |
| 245  | 2662 | Ahmed Sellami                | PV MinJenV - 1            | 50e   | Mbuss | <b>47:27</b> | 47:17 | 12,69  | 4:43    |
| 246  | 2291 | Tom Woltinge                 | Zoetermeer                | 134e  | Mtrim | <b>47:28</b> | 46:12 | 12,99  | 4:37    |
| 247  | 2595 | Isabelle Pot                 | Vanberkel Professionals - | 4e    | Vbuss | <b>47:30</b> | 47:10 | 12,72  | 4:43    |
| 248  | 2511 | Arno Hermie                  | Wladimiroff Advocaten N.  | 51e   | Mbuss | <b>47:30</b> | 47:14 | 12,70  | 4:43    |
| 249  | 1407 | Lorens Habing                | 's-Gravenhage             | 135e  | Mtrim | <b>47:31</b> | 47:17 | 12,69  | 4:43    |
| 250  | 1306 | Mandy Erkelens               | Hendrik-Ido-Ambacht       | 18e   | Vtrim | <b>47:36</b> | 47:00 | 12,77  | 4:42    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 251  | 1825 | Esther Nijhof             | Voorburg                  | 19e   | Vtrim | <b>47:36</b> | 47:00 | 12,77  | 4:42    |
| 252  | 1281 | Jan Eblé                  | Zoetermeer                | 136e  | Mtrim | <b>47:40</b> | 47:14 | 12,70  | 4:43    |
| 253  | 1721 | Hans Loos                 | the Hague Road Runners    | 137e  | Mtrim | <b>47:41</b> | 47:18 | 12,68  | 4:43    |
| 254  | 1217 | Ferry Cirk                | 's-Gravenhage             | 138e  | Mtrim | <b>47:41</b> | 47:04 | 12,75  | 4:42    |
| 255  | 1579 | Bas Keizers               | 's-Gravenhage             | 139e  | Mtrim | <b>47:44</b> | 45:30 | 13,19  | 4:33    |
| 256  | 2266 | Eelco van Wijk            | Wassenaar                 | 140e  | Mtrim | <b>47:47</b> | 46:33 | 12,89  | 4:39    |
| 257  | 1751 | Joel Marsden              | 's-Gravenhage             | 141e  | Mtrim | <b>47:48</b> | 46:03 | 13,03  | 4:36    |
| 258  | 2695 | Adrian Paredes            | Europese School Den Haa   | 52e   | Mbuss | <b>47:51</b> | 47:46 | 12,56  | 4:46    |
| 259  | 1341 | Antony Furlong            | 's-Gravenhage             | 142e  | Mtrim | <b>47:53</b> | 46:10 | 13,00  | 4:37    |
| 260  | 40   | Simone Lankhuijzen        | Sparta                    | 2e    | V55   | <b>47:54</b> | 47:54 | 12,53  | 4:47    |
| 261  | 1364 | Paul van Glabbeek         | 's-Gravenhage             | 143e  | Mtrim | <b>47:55</b> | 47:30 | 12,63  | 4:45    |
| 262  | 1038 | Evaristo Ayuso            | 's-Gravenhage             | 144e  | Mtrim | <b>47:55</b> | 47:23 | 12,66  | 4:44    |
| 263  | 1280 | Isabelle van Dyck         | Lier (BEL) (BEL)          | 20e   | Vtrim | <b>47:56</b> | 47:28 | 12,64  | 4:44    |
| 264  | 1918 | Sebastiaan Princen        | 's-Gravenhage             | 145e  | Mtrim | <b>47:57</b> | 47:15 | 12,70  | 4:43    |
| 265  | 1302 | Yves van Engelen          | 's-Gravenhage             | 146e  | Mtrim | <b>47:59</b> | 47:32 | 12,62  | 4:45    |
| 266  | 2168 | Ronald Veldhuizen         | the Hague Road Runners    | 147e  | Mtrim | <b>48:01</b> | 46:36 | 12,88  | 4:39    |
| 267  | 1977 | Jaime Roldan              | 's-Gravenhage             | 148e  | Mtrim | <b>48:02</b> | 47:52 | 12,53  | 4:47    |
| 268  | 2116 | Marijn Taal               | 's-Gravenhage             | 149e  | Mtrim | <b>48:02</b> | 47:13 | 12,71  | 4:43    |
| 269  | 1740 | Dennie Mangroelal         | 's-Gravenhage             | 150e  | Mtrim | <b>48:02</b> | 46:46 | 12,83  | 4:40    |
| 270  | 1216 | Wan Ying Chow             | De Kieviten               | 21e   | Vtrim | <b>48:03</b> | 46:31 | 12,90  | 4:39    |
| 271  | 2208 | Yvonne Visser             | De Kieviten               | 22e   | Vtrim | <b>48:04</b> | 46:31 | 12,90  | 4:39    |
| 272  | 1663 | Nick Kruse-Crawford       | 's-Gravenhage             | 151e  | Mtrim | <b>48:05</b> | 46:48 | 12,82  | 4:40    |
| 273  | 81   | Chris Westdijk            | Haag Atletiek             | 9e    | M35   | <b>48:08</b> | 48:06 | 12,47  | 4:48    |
| 274  | 1021 | Pablo AndresGarcia        | 's-Gravenhage             | 152e  | Mtrim | <b>48:09</b> | 46:33 | 12,89  | 4:39    |
| 275  | 1735 | Vincent Malafronte        | 's-Gravenhage             | 153e  | Mtrim | <b>48:11</b> | 46:49 | 12,82  | 4:40    |
| 276  | 49   | Ramon Peter de Mooy       | the Hague Road Runners    | 8e    | M45   | <b>48:16</b> | 48:13 | 12,44  | 4:49    |
| 277  | 2002 | Martijn Sanders           | 's-Gravenhage             | 154e  | Mtrim | <b>48:18</b> | 45:57 | 13,06  | 4:35    |
| 278  | 2300 | Cynthia Yang              | Rotterdam                 | 23e   | Vtrim | <b>48:19</b> | 46:44 | 12,84  | 4:40    |
| 279  | 1300 | Alexander Endert          | Voorburg                  | 155e  | Mtrim | <b>48:20</b> | 47:58 | 12,51  | 4:47    |
| 280  | 21   | Rein de Groot             | Haag Atletiek             | 10e   | M35   | <b>48:22</b> | 48:19 | 12,42  | 4:49    |
| 281  | 2622 | Marc Verburg              | De Mannen van Schuim -    | 53e   | Mbuss | <b>48:22</b> | 48:08 | 12,47  | 4:48    |
| 282  | 67   | Merijn Schepers           | Haag Atletiek             | 13e   | Msen  | <b>48:25</b> | 48:20 | 12,41  | 4:50    |
| 283  | 2688 | Miguel Rosa               | MMOX B.V. - 1             | 54e   | Mbuss | <b>48:26</b> | 48:17 | 12,43  | 4:49    |
| 284  | 1911 | Michiel Posthumus         | 's-Gravenhage             | 156e  | Mtrim | <b>48:28</b> | 48:02 | 12,49  | 4:48    |
| 285  | 73   | Paul van Velsen           | the Hague Road Runners    | 9e    | M45   | <b>48:28</b> | 48:24 | 12,40  | 4:50    |
| 286  | 1901 | Azinta Plantenga          | Eindhoven                 | 24e   | Vtrim | <b>48:29</b> | 47:55 | 12,52  | 4:47    |
| 287  | 2026 | Wim Schleicher            | Rotterdam                 | 157e  | Mtrim | <b>48:30</b> | 48:19 | 12,42  | 4:49    |
| 288  | 1472 | Jonathan Hesselink        | 's-Gravenhage             | 158e  | Mtrim | <b>48:32</b> | 48:10 | 12,46  | 4:49    |
| 289  | 54   | Marianne Nijmeijer        | Haag Atletiek             | 2e    | V45   | <b>48:32</b> | 48:30 | 12,37  | 4:51    |
| 290  | 1792 | Dominic Moore             | 's-Gravenhage             | 159e  | Mtrim | <b>48:33</b> | 47:06 | 12,74  | 4:42    |
| 291  | 2574 | Tatiana Hernández Renfigo | TNO - 1                   | 5e    | Vbuss | <b>48:33</b> | 48:26 | 12,39  | 4:50    |
| 292  | 1131 | Duncan van den Hoek       | 's-Gravenhage             | 160e  | Mtrim | <b>48:34</b> | 47:36 | 12,61  | 4:45    |
| 293  | 1646 | Lucie Krejcova            | 's-Gravenhage             | 25e   | Vtrim | <b>48:35</b> | 47:25 | 12,65  | 4:44    |
| 294  | 1379 | Robin de Graaff           | 's-Gravenhage             | 161e  | Mtrim | <b>48:37</b> | 48:12 | 12,45  | 4:49    |
| 295  | 2725 | Yves van Oostrom Soede    | yves.transformations - 1  | 55e   | Mbuss | <b>48:38</b> | 48:25 | 12,39  | 4:50    |
| 296  | 1987 | Marco Rot                 | 's-Gravenhage             | 162e  | Mtrim | <b>48:38</b> | 46:54 | 12,79  | 4:41    |
| 297  | 2642 | Marije Spaaks             | BusinessController.nu - 1 | 6e    | Vbuss | <b>48:38</b> | 48:19 | 12,42  | 4:49    |
| 298  | 1367 | Balazs Godrei             | 's-Gravenhage             | 163e  | Mtrim | <b>48:39</b> | 47:06 | 12,74  | 4:42    |
| 299  | 2119 | Sanne Tadema              | 's-Gravenhage             | 26e   | Vtrim | <b>48:39</b> | 47:04 | 12,75  | 4:42    |
| 300  | 2554 | Jasper Koppen             | Tweede Kamer der Staten   | 56e   | Mbuss | <b>48:39</b> | 48:30 | 12,37  | 4:51    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                   | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 301  | 1438 | Domonkos Hegyi         | Leidschendam              | 164e  | Mtrim | <b>48:40</b> | 46:37 | 12,87  | 4:39    |
| 302  | 2014 | Wouter Schep           | Voorburg                  | 165e  | Mtrim | <b>48:41</b> | 47:19 | 12,68  | 4:43    |
| 303  | 2753 | Alex Hofstede          | Chr. Lyceum Zandvliet - 7 | 2e    | Mtrim | <b>48:42</b> | 47:47 | 12,56  | 4:46    |
| 304  | 2084 | Justin van der Star    | Huizen                    | 166e  | Mtrim | <b>48:43</b> | 48:08 | 12,47  | 4:48    |
| 305  | 2117 | Remi Taal              | Ie                        | 167e  | Mtrim | <b>48:44</b> | 47:17 | 12,69  | 4:43    |
| 306  | 1569 | Robbert Kant           | 's-Gravenhage             | 168e  | Mtrim | <b>48:44</b> | 47:06 | 12,74  | 4:42    |
| 307  | 1793 | Marina Moraiti         | 's-Gravenhage             | 27e   | Vtrim | <b>48:45</b> | 48:00 | 12,50  | 4:48    |
| 308  | 1007 | Taha Atahan Akyildiz   | Delft                     | 169e  | Mtrim | <b>48:49</b> | 47:53 | 12,53  | 4:47    |
| 309  | 2508 | Jorgen Bakker          | Wladimiroff Advocaten N.  | 57e   | Mbuss | <b>48:52</b> | 48:36 | 12,35  | 4:51    |
| 310  | 1859 | Stefan Otten           | Leidschendam              | 170e  | Mtrim | <b>48:52</b> | 48:25 | 12,39  | 4:50    |
| 311  | 1350 | Ronald Geleynse        | Boskoop                   | 171e  | Mtrim | <b>48:54</b> | 48:19 | 12,42  | 4:49    |
| 312  | 1518 | Anna Hut               | 's-Gravenhage             | 28e   | Vtrim | <b>48:56</b> | 47:59 | 12,50  | 4:47    |
| 313  | 1487 | Eric Hoetjes           | 's-Gravenhage             | 172e  | Mtrim | <b>49:00</b> | 46:58 | 12,78  | 4:41    |
| 314  | 1035 | Robert van Asten       | Haag Atletiek             | 173e  | Mtrim | <b>49:01</b> | 47:55 | 12,52  | 4:47    |
| 315  | 2126 | Sebastiaan Teuben      | 's-Gravenhage             | 174e  | Mtrim | <b>49:04</b> | 47:38 | 12,60  | 4:45    |
| 316  | 2099 | Stephan Franken        | Den haag                  | 175e  | Mtrim | <b>49:05</b> | 48:18 | 12,42  | 4:49    |
| 317  | 2089 | Wouter van Steenberghe | Haarlem                   | 176e  | Mtrim | <b>49:07</b> | 48:29 | 12,38  | 4:50    |
| 318  | 2626 | Sifan Hassan           | De Mannen van Schuim -    | 7e    | Vbuss | <b>49:08</b> | 48:55 | 12,27  | 4:53    |
| 319  | 1853 | Maarten Oosterink      | Nootdorp                  | 177e  | Mtrim | <b>49:08</b> | 48:21 | 12,41  | 4:50    |
| 320  | 2713 | Lena Evrard            | Danone Nutricia - 1       | 8e    | Vbuss | <b>49:10</b> | 48:47 | 12,30  | 4:52    |
| 321  | 2627 | Gijs Meyer             | De Mannen van Schuim -    | 58e   | Mbuss | <b>49:10</b> | 48:56 | 12,26  | 4:53    |
| 322  | 8    | Els De Busser          | the Hague Road Runners    | 3e    | V45   | <b>49:11</b> | 47:41 | 12,58  | 4:46    |
| 323  | 2210 | Erik van Vliet         | Zoetermeer                | 178e  | Mtrim | <b>49:11</b> | 48:55 | 12,27  | 4:53    |
| 324  | 2141 | Don van der Toorn      | Zoetermeer                | 179e  | Mtrim | <b>49:11</b> | 48:49 | 12,29  | 4:52    |
| 325  | 2563 | Rutger van der Stijl   | Tweede Kamer der Staten   | 59e   | Mbuss | <b>49:13</b> | 49:06 | 12,22  | 4:54    |
| 326  | 1465 | Marco den Herder       | 's-Gravenhage             | 180e  | Mtrim | <b>49:13</b> | 48:19 | 12,42  | 4:49    |
| 327  | 1490 | Wouter van der Hoeven  | 's-Gravenhage             | 181e  | Mtrim | <b>49:14</b> | 48:36 | 12,35  | 4:51    |
| 328  | 1572 | Simon Karremans        | Breda                     | 182e  | Mtrim | <b>49:15</b> | 47:29 | 12,64  | 4:44    |
| 329  | 1693 | Haya Leenards          | 's-Gravenhage             | 29e   | Vtrim | <b>49:15</b> | 48:09 | 12,46  | 4:48    |
| 330  | 2570 | Luca Lodder            | A2B-online - 1            | 60e   | Mbuss | <b>49:16</b> | 49:11 | 12,20  | 4:55    |
| 331  | 1169 | Dennis Brouwer         | Nieuwerkerk aan den IJss  | 183e  | Mtrim | <b>49:18</b> | 49:15 | 12,18  | 4:55    |
| 332  | 1282 | Thomas Eblé            | Nootdorp                  | 184e  | Mtrim | <b>49:20</b> | 47:44 | 12,57  | 4:46    |
| 333  | 1734 | John Maier             | 's-Gravenhage             | 185e  | Mtrim | <b>49:21</b> | 48:57 | 12,26  | 4:53    |
| 334  | 2040 | Yvonne Schrage         | 's-Gravenhage             | 30e   | Vtrim | <b>49:22</b> | 48:36 | 12,35  | 4:51    |
| 335  | 1768 | Luuk Meijer            | 's-Gravenhage             | 186e  | Mtrim | <b>49:23</b> | 48:32 | 12,36  | 4:51    |
| 336  | 1608 | Max Knoester           | 's-Gravenhage             | 187e  | Mtrim | <b>49:23</b> | 49:00 | 12,24  | 4:54    |
| 337  | 2145 | Wietske Trompetter     | 's-Gravenhage             | 31e   | Vtrim | <b>49:24</b> | 48:53 | 12,27  | 4:53    |
| 338  | 2524 | Marietje vsn Leest     | Het CAK - 2               | 9e    | Vbuss | <b>49:25</b> | 49:14 | 12,19  | 4:55    |
| 339  | 2517 | Chris Taal             | Het CAK - 1               | 61e   | Mbuss | <b>49:25</b> | 49:13 | 12,19  | 4:55    |
| 340  | 1554 | Roosmarijn de Jongh    | 's-Gravenhage             | 32e   | Vtrim | <b>49:26</b> | 48:34 | 12,35  | 4:51    |
| 341  | 2722 | Yannick Kraamer        | Danone Nutricia - 2       | 62e   | Mbuss | <b>49:27</b> | 49:06 | 12,22  | 4:54    |
| 342  | 1875 | Stephen O'Shaughnessy  | 's-Gravenhage             | 188e  | Mtrim | <b>49:28</b> | 48:13 | 12,44  | 4:49    |
| 343  | 1371 | Thomas Goudriaan       | 's-Gravenhage             | 189e  | Mtrim | <b>49:28</b> | 48:50 | 12,29  | 4:53    |
| 344  | 2718 | Thomas Kok             | Danone Nutricia - 2       | 63e   | Mbuss | <b>49:28</b> | 49:05 | 12,22  | 4:54    |
| 345  | 2006 | Martijn Schackmann     | 's-Gravenhage             | 190e  | Mtrim | <b>49:28</b> | 49:01 | 12,24  | 4:54    |
| 346  | 1148 | Paul van Dijk          | 's-Gravenhage             | 191e  | Mtrim | <b>49:28</b> | 48:02 | 12,49  | 4:48    |
| 347  | 1311 | Erik van Esschoten     | 's-Gravenhage             | 192e  | Mtrim | <b>49:29</b> | 47:44 | 12,57  | 4:46    |
| 348  | 1797 | Isabella Mortensen     | 's-Gravenhage             | 33e   | Vtrim | <b>49:30</b> | 48:50 | 12,29  | 4:53    |
| 349  | 1733 | Eugene Maguire         | 's-Gravenhage             | 193e  | Mtrim | <b>49:31</b> | 47:17 | 12,69  | 4:43    |
| 350  | 2685 | Maarten Roerink        | MMOX B.V. - 1             | 64e   | Mbuss | <b>49:31</b> | 49:21 | 12,16  | 4:56    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 351  | 2572 | Jesse de Boer             | TNO - 1                   | 65e   | Mbuss | <b>49:35</b> | 49:27 | 12,13  | 4:56    |
| 352  | 1226 | Paul Cozijn               | Noordwijk                 | 194e  | Mtrim | <b>49:36</b> | 49:14 | 12,19  | 4:55    |
| 353  | 1373 | Janneke Gouweleeuw        | Den Hoorn                 | 34e   | Vtrim | <b>49:37</b> | 49:21 | 12,16  | 4:56    |
| 354  | 1134 | Barry Borst               | Voorburg                  | 195e  | Mtrim | <b>49:38</b> | 48:29 | 12,38  | 4:50    |
| 355  | 1471 | Tycho Hes                 | 's-Gravenhage             | 196e  | Mtrim | <b>49:39</b> | 49:06 | 12,22  | 4:54    |
| 356  | 1338 | Dirk Froeling             | 's-Gravenhage             | 197e  | Mtrim | <b>49:41</b> | 48:36 | 12,35  | 4:51    |
| 357  | 1430 | Marie Hawkins             | 's-Gravenhage             | 35e   | Vtrim | <b>49:41</b> | 47:30 | 12,63  | 4:45    |
| 358  | 1264 | Eric van Driel            | the Hague Road Runners    | 198e  | Mtrim | <b>49:41</b> | 47:34 | 12,61  | 4:45    |
| 359  | 2194 | Marit van de Kamp         | Rijswijk                  | 36e   | Vtrim | <b>49:42</b> | 49:13 | 12,19  | 4:55    |
| 360  | 1453 | Tijl Hendrich             | 's-Gravenhage             | 199e  | Mtrim | <b>49:43</b> | 48:31 | 12,37  | 4:51    |
| 361  | 1542 | Ian Jewitt                | Voorburg                  | 200e  | Mtrim | <b>49:49</b> | 48:36 | 12,35  | 4:51    |
| 362  | 85   | Lingduo Wu                | Nederlandse Triathlon Bo  | 11e   | M35   | <b>49:49</b> | 49:47 | 12,05  | 4:58    |
| 363  | 1894 | Wesley Petersen           | 's-Gravenhage             | 201e  | Mtrim | <b>49:50</b> | 48:53 | 12,27  | 4:53    |
| 364  | 2019 | Ruud van Schie            | 's-Gravenhage             | 202e  | Mtrim | <b>49:50</b> | 48:37 | 12,34  | 4:51    |
| 365  | 2518 | Marc Hondebrink           | Het CAK - 1               | 66e   | Mbuss | <b>49:52</b> | 48:52 | 12,28  | 4:53    |
| 366  | 1025 | Yasin Angudi              | Leiderdorp                | 203e  | Mtrim | <b>49:53</b> | 48:28 | 12,38  | 4:50    |
| 367  | 1381 | Roderick Greef            | Wassenaar                 | 204e  | Mtrim | <b>49:53</b> | 49:09 | 12,21  | 4:54    |
| 368  | 1591 | Christian Keus            | 's-Gravenhage             | 205e  | Mtrim | <b>49:54</b> | 47:28 | 12,64  | 4:44    |
| 369  | 2162 | Yora Veerkamp             | 's-Gravenhage             | 37e   | Vtrim | <b>49:55</b> | 49:33 | 12,11  | 4:57    |
| 370  | 1557 | Dennis Jonkers            | Den Hoorn                 | 206e  | Mtrim | <b>49:56</b> | 49:36 | 12,10  | 4:57    |
| 371  | 1950 | Gijs Reijenga             | 's-Gravenhage             | 207e  | Mtrim | <b>50:01</b> | 49:18 | 12,17  | 4:55    |
| 372  | 1223 | Roberta lo Conte          | the Hague Road Runners    | 38e   | Vtrim | <b>50:02</b> | 49:30 | 12,12  | 4:57    |
| 373  | 1804 | Remco Mulder              | 's-Gravenhage             | 208e  | Mtrim | <b>50:02</b> | 49:29 | 12,13  | 4:56    |
| 374  | 1415 | Chet                      | 's-Gravenhage             | 209e  | Mtrim | <b>50:04</b> | 49:32 | 12,11  | 4:57    |
| 375  | 1188 | Pim Buitenhek             | 's-Gravenhage             | 210e  | Mtrim | <b>50:04</b> | 49:33 | 12,11  | 4:57    |
| 376  | 1442 | Marcel Heijmans           | 's-Gravenhage             | 211e  | Mtrim | <b>50:06</b> | 49:34 | 12,10  | 4:57    |
| 377  | 1947 | Robert van Leeuwen        | 's-Gravenhage             | 212e  | Mtrim | <b>50:10</b> | 48:34 | 12,35  | 4:51    |
| 378  | 1193 | Polina Burshtyn           | 's-Gravenhage             | 39e   | Vtrim | <b>50:12</b> | 50:05 | 11,98  | 5:00    |
| 379  | 2010 | Liselotte Schapers        | Rotterdam                 | 40e   | Vtrim | <b>50:12</b> | 48:39 | 12,33  | 4:51    |
| 380  | 66   | Mirwais Sarwary           | Sparta                    | 12e   | M35   | <b>50:12</b> | 50:06 | 11,98  | 5:00    |
| 381  | 1724 | Wilco Lucas               | Nootdorp                  | 213e  | Mtrim | <b>50:13</b> | 49:11 | 12,20  | 4:55    |
| 382  | 9070 | Marcel Versteeg           | Delft                     | 214e  | Mtrim | <b>50:16</b> | 49:58 | 12,01  | 4:59    |
| 383  | 1525 | Julian Jaarsma            | Zoetermeer                | 215e  | Mtrim | <b>50:17</b> | 49:09 | 12,21  | 4:54    |
| 384  | 1935 | Alexander Ramakers        | Voorburg                  | 216e  | Mtrim | <b>50:18</b> | 48:35 | 12,35  | 4:51    |
| 385  | 2229 | Emma de Vries             | Leiden                    | 41e   | Vtrim | <b>50:19</b> | 49:38 | 12,09  | 4:57    |
| 386  | 2586 | Andrea Kerstens           | TNO - 2                   | 10e   | Vbuss | <b>50:20</b> | 50:15 | 11,94  | 5:01    |
| 387  | 1541 | Lisanne van Daalen de Jel | 's-Gravenhage             | 42e   | Vtrim | <b>50:20</b> | 49:39 | 12,08  | 4:57    |
| 388  | 1949 | Erik Jan Reijenga         | 's-Gravenhage             | 217e  | Mtrim | <b>50:21</b> | 49:38 | 12,09  | 4:57    |
| 389  | 2631 | Tom Verburg               | Chr. Lyceum Zandvliet - 1 | 67e   | Mbuss | <b>50:21</b> | 49:08 | 12,21  | 4:54    |
| 390  | 1777 | Sanne van der Mheen       | Rotterdam                 | 43e   | Vtrim | <b>50:22</b> | 48:47 | 12,30  | 4:52    |
| 391  | 1207 | Milou Carstens            | 's-Gravenhage             | 44e   | Vtrim | <b>50:22</b> | 48:48 | 12,30  | 4:52    |
| 392  | 2585 | Marthe Meskers            | TNO - 2                   | 11e   | Vbuss | <b>50:23</b> | 49:22 | 12,15  | 4:56    |
| 393  | 2023 | Sander Schipaanboord      | Leiden                    | 218e  | Mtrim | <b>50:24</b> | 49:02 | 12,24  | 4:54    |
| 394  | 1643 | Juliaan Kramer-Coenen     | Delft                     | 219e  | Mtrim | <b>50:24</b> | 49:02 | 12,24  | 4:54    |
| 395  | 1388 | Bas Groenendaal           | Leiden                    | 220e  | Mtrim | <b>50:26</b> | 49:44 | 12,06  | 4:58    |
| 396  | 1692 | Gitte Leeman              | Voorburg                  | 45e   | Vtrim | <b>50:27</b> | 49:46 | 12,06  | 4:58    |
| 397  | 1084 | Laila Berrich             | Voorburg                  | 46e   | Vtrim | <b>50:27</b> | 49:03 | 12,23  | 4:54    |
| 398  | 2188 | Ben Vermeer               | 's-Gravenhage             | 221e  | Mtrim | <b>50:27</b> | 49:56 | 12,02  | 4:59    |
| 399  | 2663 | Marjolein Herweijer       | PV MinJenV - 1            | 12e   | Vbuss | <b>50:31</b> | 50:24 | 11,90  | 5:02    |
| 400  | 2212 | Paulien van Vliet         | Krachtig Lopen            | 47e   | Vtrim | <b>50:33</b> | 50:17 | 11,93  | 5:01    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                   | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 401  | 2307 | Johan Zegwaart         | 's-Gravenhage             | 222e  | Mtrim | <b>50:34</b> | 49:15 | 12,18  | 4:55    |
| 402  | 1968 | Luis Rios              | 's-Gravenhage             | 223e  | Mtrim | <b>50:35</b> | 49:31 | 12,12  | 4:57    |
| 403  | 1020 | Remko Anderson         | 's-Gravenhage             | 224e  | Mtrim | <b>50:35</b> | 49:19 | 12,17  | 4:55    |
| 404  | 1689 | Jordy Lebon            | 's-Gravenhage             | 225e  | Mtrim | <b>50:36</b> | 49:30 | 12,12  | 4:57    |
| 405  | 39   | Lisa Kölker            | Haag Atletiek             | 4e    | V45   | <b>50:37</b> | 49:34 | 12,10  | 4:57    |
| 406  | 1135 | Thomas Borstlap        | 's-Gravenhage             | 226e  | Mtrim | <b>50:38</b> | 49:52 | 12,03  | 4:59    |
| 407  | 1182 | Marian de Bruyn        | 's-Gravenhage             | 48e   | Vtrim | <b>50:39</b> | 49:49 | 12,04  | 4:58    |
| 408  | 1791 | Jorg Mooijman          | 's-Gravenhage             | 227e  | Mtrim | <b>50:41</b> | 49:10 | 12,20  | 4:55    |
| 409  | 2122 | Stefan Tebrugge        | Leiden                    | 228e  | Mtrim | <b>50:42</b> | 48:19 | 12,42  | 4:49    |
| 410  | 1866 | Ron Oudshoorn          | Ilion                     | 229e  | Mtrim | <b>50:42</b> | 48:17 | 12,43  | 4:49    |
| 411  | 1963 | Jan van Rijn           | Ilion                     | 230e  | Mtrim | <b>50:42</b> | 48:18 | 12,42  | 4:49    |
| 412  | 2206 | Ties Visser            | 's-Gravenhage             | 231e  | Mtrim | <b>50:44</b> | 49:53 | 12,03  | 4:59    |
| 413  | 1366 | Juliane Gleitze        | Breda                     | 49e   | Vtrim | <b>50:44</b> | 48:58 | 12,25  | 4:53    |
| 414  | 2538 | Thomas Kuijers         | Tweede Kamer der Staten   | 68e   | Mbuss | <b>50:45</b> | 50:33 | 11,87  | 5:03    |
| 415  | 1076 | Rafik Belhadji         | Rijswijk                  | 232e  | Mtrim | <b>50:50</b> | 49:27 | 12,13  | 4:56    |
| 416  | 1880 | Tekke Panman           | 's-Gravenhage             | 233e  | Mtrim | <b>50:51</b> | 49:41 | 12,08  | 4:58    |
| 417  | 1671 | Konstantin Kurchikov   | 's-Gravenhage             | 234e  | Mtrim | <b>50:51</b> | 49:09 | 12,21  | 4:54    |
| 418  | 1738 | Pepijn de Man          | Waddinxveen               | 235e  | Mtrim | <b>50:51</b> | 49:50 | 12,04  | 4:59    |
| 419  | 1431 | Dennis Hazebroek       | 's-Gravenhage             | 236e  | Mtrim | <b>50:51</b> | 49:16 | 12,18  | 4:55    |
| 420  | 2263 | Thomas Wamelink        | 's-Gravenhage             | 237e  | Mtrim | <b>50:53</b> | 50:15 | 11,94  | 5:01    |
| 421  | 2702 | Marc Jeremiasse        | NIBC Bank N.V. - 1        | 69e   | Mbuss | <b>50:54</b> | 50:17 | 11,93  | 5:01    |
| 422  | 2299 | Olaf Wörsdörfer        | 's-Gravenhage             | 238e  | Mtrim | <b>50:55</b> | 49:05 | 12,22  | 4:54    |
| 423  | 1292 | Siemen van der Eijk    | 's-Gravenhage             | 239e  | Mtrim | <b>50:56</b> | 50:20 | 11,92  | 5:02    |
| 424  | 1491 | Ruben Hofland          | Rijswijk                  | 240e  | Mtrim | <b>50:56</b> | 48:34 | 12,35  | 4:51    |
| 425  | 2504 | Willem Bosma           | Van der Feltz advocaten - | 70e   | Mbuss | <b>50:58</b> | 50:53 | 11,79  | 5:05    |
| 426  | 1360 | Kim Hermans            | 's-Gravenhage             | 50e   | Vtrim | <b>50:58</b> | 49:34 | 12,10  | 4:57    |
| 427  | 2649 | Pieter Kramer          | BusinessController.nu - 2 | 71e   | Mbuss | <b>51:00</b> | 50:44 | 11,83  | 5:04    |
| 428  | 1177 | Fons Bruin             | Voorburg                  | 241e  | Mtrim | <b>51:01</b> | 50:52 | 11,80  | 5:05    |
| 429  | 1886 | Sebastiaan van Pelt    | Amsterdam                 | 242e  | Mtrim | <b>51:03</b> | 49:01 | 12,24  | 4:54    |
| 430  | 1960 | Tjeerd Rienstra        | 's-Gravenhage             | 243e  | Mtrim | <b>51:05</b> | 48:49 | 12,29  | 4:52    |
| 431  | 1860 | Jeroen den Otter       | 's-Gravenhage             | 244e  | Mtrim | <b>51:06</b> | 49:09 | 12,21  | 4:54    |
| 432  | 1345 | Esther Geenen          | 's-Gravenhage             | 51e   | Vtrim | <b>51:06</b> | 49:06 | 12,22  | 4:54    |
| 433  | 2589 | Wendy Mahieu           | Vanberkel Professionals - | 13e   | Vbuss | <b>51:07</b> | 50:46 | 11,82  | 5:04    |
| 434  | 65   | Richard Ruijgrok       | Ilion                     | 7e    | M55   | <b>51:09</b> | 48:44 | 12,31  | 4:52    |
| 435  | 2213 | Jiska van der Vlist    | Utrecht                   | 52e   | Vtrim | <b>51:11</b> | 48:55 | 12,27  | 4:53    |
| 436  | 1436 | Pim de Heer            | Utrecht                   | 245e  | Mtrim | <b>51:11</b> | 48:56 | 12,26  | 4:53    |
| 437  | 2530 | Reinoud Blok           | Het CAK - 2               | 72e   | Mbuss | <b>51:12</b> | 50:12 | 11,95  | 5:01    |
| 438  | 1019 | Graeme Anderson        | 's-Gravenhage             | 246e  | Mtrim | <b>51:13</b> | 49:27 | 12,13  | 4:56    |
| 439  | 2331 | Hajo Koppendraaier     | Johan de Witt Scholengro  | 247e  | Mtrim | <b>51:14</b> | 50:31 | 11,88  | 5:03    |
| 440  | 2215 | Remco Vogelaar         | 's-Gravenhage             | 248e  | Mtrim | <b>51:17</b> | 49:14 | 12,19  | 4:55    |
| 441  | 1819 | Sarah Mimbrero Nguyen  | Wassenaar                 | 53e   | Vtrim | <b>51:18</b> | 50:53 | 11,79  | 5:05    |
| 442  | 2698 | Christian Arevalo      | Europese School Den Haa   | 73e   | Mbuss | <b>51:19</b> | 49:59 | 12,00  | 4:59    |
| 443  | 2045 | Jean-Pierre Schuurmans | Voorburg                  | 249e  | Mtrim | <b>51:20</b> | 50:49 | 11,81  | 5:04    |
| 444  | 2134 | Erik van Tielraden     | 's-Gravenhage             | 250e  | Mtrim | <b>51:20</b> | 50:43 | 11,83  | 5:04    |
| 445  | 1784 | Ali Mohammad           | Rotterdam                 | 251e  | Mtrim | <b>51:20</b> | 50:42 | 11,83  | 5:04    |
| 446  | 1312 | Coen Esser             | 's-Gravenhage             | 252e  | Mtrim | <b>51:21</b> | 50:57 | 11,78  | 5:05    |
| 447  | 1304 | Matthijs Engelman      | Voorburg                  | 253e  | Mtrim | <b>51:21</b> | 50:22 | 11,91  | 5:02    |
| 448  | 2234 | Simon Vrouwenvelder    | 's-Gravenhage             | 254e  | Mtrim | <b>51:22</b> | 51:02 | 11,76  | 5:06    |
| 449  | 2730 | Fabian Smit            | yves.transformations - 1  | 74e   | Mbuss | <b>51:22</b> | 51:10 | 11,73  | 5:07    |
| 450  | 2575 | Ricky Tai              | TNO - 1                   | 75e   | Mbuss | <b>51:24</b> | 50:38 | 11,85  | 5:03    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                    | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|-------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 451  | 2635 | Jaap van den Akker      | Chr. Lyceum Zandvliet - 1 | 76e   | Mbuss | <b>51:29</b> | 50:14 | 11,94  | 5:01    |
| 452  | 1140 | Paul Boswijk            | 's-Gravenhage             | 255e  | Mtrim | <b>51:30</b> | 50:34 | 11,87  | 5:03    |
| 453  | 2086 | Athanasios Stathopoulos | 's-Gravenhage             | 256e  | Mtrim | <b>51:32</b> | 50:10 | 11,96  | 5:01    |
| 454  | 1890 | Jovan Pesalj            | 's-Gravenhage             | 257e  | Mtrim | <b>51:37</b> | 50:16 | 11,94  | 5:01    |
| 455  | 2271 | Ischa Willems           | 's-Gravenhage             | 258e  | Mtrim | <b>51:38</b> | 51:03 | 11,75  | 5:06    |
| 456  | 1354 | Warren George           | 's-Gravenhage             | 259e  | Mtrim | <b>51:39</b> | 49:55 | 12,02  | 4:59    |
| 457  | 2008 | Arjan van der Schans    | Pijnacker                 | 260e  | Mtrim | <b>51:41</b> | 50:04 | 11,98  | 5:00    |
| 458  | 2591 | Arnout Janssens         | Vanberkel Professionals - | 77e   | Mbuss | <b>51:44</b> | 51:22 | 11,68  | 5:08    |
| 459  | 1598 | Arjan Klein             | 's-Gravenhage             | 261e  | Mtrim | <b>51:45</b> | 50:41 | 11,84  | 5:04    |
| 460  | 2093 | Roan Steenstra          | Driebergen-Rijnsburg      | 262e  | Mtrim | <b>51:45</b> | 51:22 | 11,68  | 5:08    |
| 461  | 1717 | Jet van Lonkhuijzen     | Abcoude                   | 54e   | Vtrim | <b>51:46</b> | 50:36 | 11,86  | 5:03    |
| 462  | 2502 | Thomas van der Sanden   | Van der Feltz advocaten - | 78e   | Mbuss | <b>51:48</b> | 51:42 | 11,61  | 5:10    |
| 463  | 1694 | Sander van der Leeuw    | Voorburg                  | 263e  | Mtrim | <b>51:49</b> | 49:24 | 12,15  | 4:56    |
| 464  | 1547 | Thom de Jong            | Voorhout                  | 264e  | Mtrim | <b>51:49</b> | 51:19 | 11,69  | 5:07    |
| 465  | 2754 | Boris Gerritsen         | Chr. Lyceum Zandvliet - 7 | 3e    | Mtrim | <b>51:50</b> | 50:55 | 11,78  | 5:05    |
| 466  | 1375 | Bas Graaf               | Rijswijk                  | 265e  | Mtrim | <b>51:52</b> | 50:43 | 11,83  | 5:04    |
| 467  | 1342 | Emilio van Gaalen       | 's-Gravenhage             | 266e  | Mtrim | <b>51:52</b> | 50:57 | 11,78  | 5:05    |
| 468  | 2073 | Rico Spaans             | 's-Gravenhage             | 267e  | Mtrim | <b>51:53</b> | 51:05 | 11,75  | 5:06    |
| 469  | 2577 | Bernardo Mota Lontra    | TNO - 1                   | 79e   | Mbuss | <b>51:55</b> | 51:09 | 11,73  | 5:06    |
| 470  | 2092 | Martijn Steenstra       | Driebergen-Rijnsburg      | 268e  | Mtrim | <b>51:58</b> | 51:34 | 11,64  | 5:09    |
| 471  | 1862 | Reinout de Oude         | 's-Gravenhage             | 269e  | Mtrim | <b>51:58</b> | 51:01 | 11,76  | 5:06    |
| 472  | 1942 | Yolanda Redeker         | Leidschendam              | 55e   | Vtrim | <b>51:58</b> | 51:06 | 11,74  | 5:06    |
| 473  | 2358 | Jons Verbeek            | BusinessController.nu - 2 | 80e   | Mbuss | <b>51:59</b> | 51:43 | 11,60  | 5:10    |
| 474  | 1206 | Anne Caron              | Rotterdam                 | 56e   | Vtrim | <b>51:59</b> | 50:34 | 11,87  | 5:03    |
| 475  | 1561 | Margot Juray            | 's-Gravenhage             | 57e   | Vtrim | <b>52:00</b> | 50:12 | 11,95  | 5:01    |
| 476  | 1832 | Tom Nonnekes            | Rijswijk                  | 270e  | Mtrim | <b>52:02</b> | 51:39 | 11,62  | 5:09    |
| 477  | 2559 | Michiel Nanninga        | Tweede Kamer der Staten   | 81e   | Mbuss | <b>52:03</b> | 51:49 | 11,58  | 5:10    |
| 478  | 1526 | Linda Jaarsma           | Zoetermeer                | 58e   | Vtrim | <b>52:06</b> | 50:57 | 11,78  | 5:05    |
| 479  | 1178 | Kim Bruin               | 's-Gravenhage             | 59e   | Vtrim | <b>52:07</b> | 50:24 | 11,90  | 5:02    |
| 480  | 1672 | Arjen Laarhoven         | 's-Gravenhage             | 271e  | Mtrim | <b>52:12</b> | 50:23 | 11,91  | 5:02    |
| 481  | 1266 | Peter Rams              | 's-Gravenhage             | 272e  | Mtrim | <b>52:12</b> | 51:14 | 11,71  | 5:07    |
| 482  | 2098 | Lena Stiebing           | 's-Gravenhage             | 60e   | Vtrim | <b>52:12</b> | 50:59 | 11,77  | 5:05    |
| 483  | 1981 | Lidia Rams              | Den Haag                  | 61e   | Vtrim | <b>52:12</b> | 51:13 | 11,71  | 5:07    |
| 484  | 2094 | Xavier Steffen          | Rijswijk                  | 273e  | Mtrim | <b>52:12</b> | 50:56 | 11,78  | 5:05    |
| 485  | 2150 | Dick Ufkes              | 's-Gravenhage             | 274e  | Mtrim | <b>52:13</b> | 51:20 | 11,69  | 5:08    |
| 486  | 2640 | Franc van Erck          | BusinessController.nu - 1 | 82e   | Mbuss | <b>52:13</b> | 51:57 | 11,55  | 5:11    |
| 487  | 1299 | Dennis Enderink         | Leidschendam              | 275e  | Mtrim | <b>52:13</b> | 51:08 | 11,73  | 5:06    |
| 488  | 1534 | Freddy Jansen           | 's-Gravenhage             | 276e  | Mtrim | <b>52:13</b> | 50:34 | 11,87  | 5:03    |
| 489  | 1690 | Manuel Ledesma          | 's-Gravenhage             | 277e  | Mtrim | <b>52:14</b> | 50:55 | 11,78  | 5:05    |
| 490  | 2624 | Herbert Okibe           | De Mannen van Schuim -    | 83e   | Mbuss | <b>52:14</b> | 52:00 | 11,54  | 5:12    |
| 491  | 1955 | André Renberg           | 's-Gravenhage             | 278e  | Mtrim | <b>52:15</b> | 51:52 | 11,57  | 5:11    |
| 492  | 1166 | Jeno Brom               | 's-Gravenhage             | 279e  | Mtrim | <b>52:17</b> | 51:44 | 11,60  | 5:10    |
| 493  | 2138 | Patricia van Tongeren   | 's-Gravenhage             | 62e   | Vtrim | <b>52:18</b> | 50:07 | 11,97  | 5:00    |
| 494  | 1326 | Hugo Figuee             | 's-Gravenhage             | 280e  | Mtrim | <b>52:19</b> | 51:58 | 11,55  | 5:11    |
| 495  | 1538 | Lloyd Jarmohamed        | 's-Gravenhage             | 281e  | Mtrim | <b>52:21</b> | 50:05 | 11,98  | 5:00    |
| 496  | 59   | Ton Overmeire           | Haag Atletiek             | 8e    | M55   | <b>52:22</b> | 52:20 | 11,46  | 5:14    |
| 497  | 1215 | Amanda Chin             | 's-Gravenhage             | 63e   | Vtrim | <b>52:23</b> | 50:44 | 11,83  | 5:04    |
| 498  | 2600 | Michel Helgers          | dunea - 1                 | 84e   | Mbuss | <b>52:23</b> | 51:02 | 11,76  | 5:06    |
| 499  | 2697 | Brigitte Autin          | Europese School Den Haa   | 14e   | Vbuss | <b>52:25</b> | 52:23 | 11,45  | 5:14    |
| 500  | 2152 | Marc Uiterdijk          | Rijswijk                  | 282e  | Mtrim | <b>52:25</b> | 50:36 | 11,86  | 5:03    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 501  | 2336 | Alf van der Knoop         | Johan de Witt Scholengro  | 283e  | Mtrim | <b>52:28</b> | 51:46 | 11,59  | 5:10    |
| 502  | 2720 | Jean Benassaya            | Danone Nutricia - 2       | 15e   | Vbuss | <b>52:28</b> | 52:05 | 11,52  | 5:12    |
| 503  | 1747 | Orsolya Markolt           | Leidschendam              | 64e   | Vtrim | <b>52:28</b> | 50:56 | 11,78  | 5:05    |
| 504  | 1368 | Wade Van Der Nolk Van Go  | 's-Gravenhage             | 284e  | Mtrim | <b>52:29</b> | 50:57 | 11,78  | 5:05    |
| 505  | 1009 | Rene Alblas               | Haag Atletiek             | 285e  | Mtrim | <b>52:30</b> | 51:09 | 11,73  | 5:06    |
| 506  | 1507 | Ronald Hortensius         | 's-Gravenhage             | 286e  | Mtrim | <b>52:32</b> | 52:18 | 11,47  | 5:13    |
| 507  | 1775 | Edgar van der Meulen      | Voorburg                  | 287e  | Mtrim | <b>52:35</b> | 51:32 | 11,64  | 5:09    |
| 508  | 1678 | Michelle Lijster de Lange | Pijnacker                 | 65e   | Vtrim | <b>52:35</b> | 52:14 | 11,49  | 5:13    |
| 509  | 1093 | Femke van der Biezen      | 's-Gravenhage             | 66e   | Vtrim | <b>52:37</b> | 51:30 | 11,65  | 5:09    |
| 510  | 2320 | Jim Zuylen                | 's-Gravenhage             | 288e  | Mtrim | <b>52:38</b> | 51:00 | 11,76  | 5:06    |
| 511  | 1639 | Richard Korver            | 's-Gravenhage             | 289e  | Mtrim | <b>52:40</b> | 51:16 | 11,70  | 5:07    |
| 512  | 2224 | Franca Vossen             | the Hague Road Runners    | 67e   | Vtrim | <b>52:43</b> | 51:06 | 11,74  | 5:06    |
| 513  | 2315 | Mattia Igino Zuccollo     | Rotterdam                 | 290e  | Mtrim | <b>52:44</b> | 50:45 | 11,82  | 5:04    |
| 514  | 1984 | Emma Roos                 | 's-Gravenhage             | 68e   | Vtrim | <b>52:45</b> | 51:36 | 11,63  | 5:09    |
| 515  | 1838 | Katja Obieglo             | the Hague Road Runners    | 69e   | Vtrim | <b>52:45</b> | 52:28 | 11,44  | 5:14    |
| 516  | 1609 | Jasper Knoop              | 's-Gravenhage             | 291e  | Mtrim | <b>52:45</b> | 51:35 | 11,63  | 5:09    |
| 517  | 1667 | Frank Kuipers             | 's-Gravenhage             | 292e  | Mtrim | <b>52:46</b> | 52:21 | 11,46  | 5:14    |
| 518  | 1937 | Simon Ramel               | Leidschendam              | 293e  | Mtrim | <b>52:47</b> | 51:07 | 11,74  | 5:06    |
| 519  | 1355 | Carlijn Gerritsen         | 's-Gravenhage             | 70e   | Vtrim | <b>52:50</b> | 50:35 | 11,86  | 5:03    |
| 520  | 1978 | Rocco Romano              | 's-Gravenhage             | 294e  | Mtrim | <b>52:50</b> | 52:24 | 11,45  | 5:14    |
| 521  | 1450 | Loes Hellemons            | Oegstgeest                | 71e   | Vtrim | <b>52:52</b> | 52:12 | 11,49  | 5:13    |
| 522  | 2690 | David Brandel             | MMOX B.V. - 1             | 85e   | Mbuss | <b>52:53</b> | 52:43 | 11,38  | 5:16    |
| 523  | 1173 | Luca Bruggeman            | Voorburg                  | 295e  | Mtrim | <b>52:56</b> | 51:10 | 11,73  | 5:07    |
| 524  | 2012 | Ferro Schat               | 's-Gravenhage             | 296e  | Mtrim | <b>52:59</b> | 51:44 | 11,60  | 5:10    |
| 525  | 2199 | Paco Vink                 | Rijswijk                  | 297e  | Mtrim | <b>53:00</b> | 51:52 | 11,57  | 5:11    |
| 526  | 2112 | Raoul Syrier              | 's-Gravenhage             | 298e  | Mtrim | <b>53:03</b> | 51:58 | 11,55  | 5:11    |
| 527  | 2158 | Benjamin Vanoutryve       | 's-Gravenhage             | 299e  | Mtrim | <b>53:05</b> | 51:09 | 11,73  | 5:06    |
| 528  | 1578 | Inez Keizer               | 's-Gravenhage             | 72e   | Vtrim | <b>53:07</b> | 51:36 | 11,63  | 5:09    |
| 529  | 2253 | Rianne Wesbeek            | 's-Gravenhage             | 73e   | Vtrim | <b>53:07</b> | 51:35 | 11,63  | 5:09    |
| 530  | 2109 | Ellen Swierenga           | 's-Gravenhage             | 74e   | Vtrim | <b>53:07</b> | 51:29 | 11,65  | 5:08    |
| 531  | 1153 | Michel Brakenhoff         | the Hague Road Runners    | 300e  | Mtrim | <b>53:07</b> | 52:11 | 11,50  | 5:13    |
| 532  | 1503 | Jakob Horcher             | 's-Gravenhage             | 301e  | Mtrim | <b>53:08</b> | 52:27 | 11,44  | 5:14    |
| 533  | 1199 | Marieke Caboort           | 's-Gravenhage             | 75e   | Vtrim | <b>53:08</b> | 52:52 | 11,35  | 5:17    |
| 534  | 1457 | Marieke Hendriks          | Leidschendam              | 76e   | Vtrim | <b>53:08</b> | 52:21 | 11,46  | 5:14    |
| 535  | 2348 | Nicolaas van der Harst    |                           | 302e  | Mtrim | <b>53:11</b> | 52:39 | 11,40  | 5:15    |
| 536  | 2759 | Jonas Hagendoorn          | Chr. Lyceum Zandvliet - 9 | 4e    | Mtrim | <b>53:13</b> | 51:59 | 11,54  | 5:11    |
| 537  | 1065 | Ricardo van Beelen        | Wassenaar                 | 303e  | Mtrim | <b>53:13</b> | 51:58 | 11,55  | 5:11    |
| 538  | 2139 | Evalien van Toor          | 's-Gravenhage             | 77e   | Vtrim | <b>53:13</b> | 52:22 | 11,46  | 5:14    |
| 539  | 1616 | Nanda van der Hoeven-Kol  | Krachtig Lopen            | 78e   | Vtrim | <b>53:14</b> | 52:47 | 11,37  | 5:16    |
| 540  | 2727 | Sander Arrunategui        | yves.transformations - 1  | 86e   | Mbuss | <b>53:15</b> | 53:02 | 11,31  | 5:18    |
| 541  | 1401 | Wendy Van der Gun         | Houten                    | 79e   | Vtrim | <b>53:21</b> | 53:16 | 11,26  | 5:19    |
| 542  | 1613 | Harry Koese               | 's-Gravenhage             | 304e  | Mtrim | <b>53:23</b> | 52:30 | 11,43  | 5:15    |
| 543  | 7    | Huib de Bruin             | Ilion                     | 9e    | M55   | <b>53:23</b> | 50:58 | 11,77  | 5:05    |
| 544  | 1551 | Pieter de Jonge           | Voorburg                  | 305e  | Mtrim | <b>53:23</b> | 52:33 | 11,42  | 5:15    |
| 545  | 2250 | Eveline Snijders          | 's-Gravenhage             | 80e   | Vtrim | <b>53:23</b> | 51:37 | 11,62  | 5:09    |
| 546  | 1141 | Kahina Boulegroun         | 's-Gravenhage             | 81e   | Vtrim | <b>53:24</b> | 52:39 | 11,40  | 5:15    |
| 547  | 1893 | Tim Peters                | 's-Gravenhage             | 306e  | Mtrim | <b>53:26</b> | 52:39 | 11,40  | 5:15    |
| 548  | 47   | Judith Mennega            | Haag Atletiek             | 5e    | V45   | <b>53:26</b> | 52:11 | 11,50  | 5:13    |
| 549  | 2557 | Paul Rupperink            | Tweede Kamer der Staten   | 87e   | Mbuss | <b>53:28</b> | 53:17 | 11,26  | 5:19    |
| 550  | 19   | Jos Ghijssels             | Haag Atletiek             | 13e   | M35   | <b>53:30</b> | 51:31 | 11,65  | 5:09    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                   | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 551  | 2056 | Joost Sjoukes          | 's-Gravenhage             | 307e  | Mtrim | <b>53:31</b> | 52:04 | 11,52  | 5:12    |
| 552  | 1319 | Bao Fang               | 's-Gravenhage             | 308e  | Mtrim | <b>53:32</b> | 51:37 | 11,62  | 5:09    |
| 553  | 1600 | Vincent de Klerk       | 's-Gravenhage             | 309e  | Mtrim | <b>53:32</b> | 51:17 | 11,70  | 5:07    |
| 554  | 2520 | Ruth Alderse Baas      | Het CAK - 1               | 16e   | Vbuss | <b>53:33</b> | 52:06 | 11,52  | 5:12    |
| 555  | 1517 | Joris Hupperets        | 's-Gravenhage             | 310e  | Mtrim | <b>53:34</b> | 51:52 | 11,57  | 5:11    |
| 556  | 1277 | Friso Dunsbergen       | Leidschendam              | 311e  | Mtrim | <b>53:36</b> | 51:56 | 11,55  | 5:11    |
| 557  | 1588 | Laura Kester           | 's-Gravenhage             | 82e   | Vtrim | <b>53:37</b> | 52:06 | 11,52  | 5:12    |
| 558  | 2620 | Rico Zweers            | De Mannen van Schuim -    | 88e   | Mbuss | <b>53:41</b> | 53:28 | 11,22  | 5:20    |
| 559  | 2540 | Janne Rijkers          | Tweede Kamer der Staten   | 17e   | Vbuss | <b>53:44</b> | 53:31 | 11,21  | 5:21    |
| 560  | 1270 | Machteld van Duijne    | 's-Gravenhage             | 83e   | Vtrim | <b>53:48</b> | 53:18 | 11,26  | 5:19    |
| 561  | 2280 | Madelief de Wit        | 's-Gravenhage             | 84e   | Vtrim | <b>53:50</b> | 52:34 | 11,41  | 5:15    |
| 562  | 1165 | David Broere           | Rotterdam                 | 312e  | Mtrim | <b>53:50</b> | 52:35 | 11,41  | 5:15    |
| 563  | 1126 | Hannah den Boon        | 's-Gravenhage             | 85e   | Vtrim | <b>53:52</b> | 52:10 | 11,50  | 5:13    |
| 564  | 2660 | Stijn Lafontaine       | BusinessController.nu - 3 | 89e   | Mbuss | <b>53:53</b> | 53:33 | 11,20  | 5:21    |
| 565  | 2003 | Sylvester Sannen       | Rijswijk                  | 313e  | Mtrim | <b>53:53</b> | 51:35 | 11,63  | 5:09    |
| 566  | 1130 | Xander Bordeaux        | Pijnacker                 | 314e  | Mtrim | <b>53:56</b> | 53:34 | 11,20  | 5:21    |
| 567  | 1046 | Kristian Bakker        | 's-Gravenhage             | 315e  | Mtrim | <b>53:57</b> | 52:37 | 11,40  | 5:15    |
| 568  | 1748 | Aniek Markus           | Rotterdam                 | 86e   | Vtrim | <b>53:58</b> | 52:22 | 11,46  | 5:14    |
| 569  | 1330 | Michel Flaman          | Pijnacker                 | 316e  | Mtrim | <b>53:58</b> | 53:17 | 11,26  | 5:19    |
| 570  | 1136 | Frederik Bos           | 's-Gravenhage             | 317e  | Mtrim | <b>53:59</b> | 53:01 | 11,32  | 5:18    |
| 571  | 1495 | Luna Mossing Holsteijn | 's-Gravenhage             | 87e   | Vtrim | <b>54:01</b> | 51:58 | 11,55  | 5:11    |
| 572  | 2272 | Jake Lagas             | Leiden                    | 318e  | Mtrim | <b>54:01</b> | 51:57 | 11,55  | 5:11    |
| 573  | 1209 | Joseph Cawley          | 's-Gravenhage             | 319e  | Mtrim | <b>54:02</b> | 52:30 | 11,43  | 5:15    |
| 574  | 2287 | Frank Versteeg         | Haag Atletiek             | 320e  | Mtrim | <b>54:02</b> | 53:16 | 11,26  | 5:19    |
| 575  | 1665 | Marc Kuijpers          | 's-Gravenhage             | 321e  | Mtrim | <b>54:04</b> | 53:20 | 11,25  | 5:20    |
| 576  | 1180 | Fabio Bruna            | 's-Gravenhage             | 322e  | Mtrim | <b>54:06</b> | 53:18 | 11,26  | 5:19    |
| 577  | 1403 | Jelte Haagsma          | Voorburg                  | 323e  | Mtrim | <b>54:07</b> | 52:02 | 11,53  | 5:12    |
| 578  | 2342 | Ruben de Niet          | Royal Ten Genodigden 20   | 324e  | Mtrim | <b>54:13</b> | 52:27 | 11,44  | 5:14    |
| 579  | 1082 | Hugo Olgers            | Voorburg                  | 325e  | Mtrim | <b>54:13</b> | 51:48 | 11,58  | 5:10    |
| 580  | 1688 | Thuy Duong Le          | the Hague Road Runners    | 88e   | Vtrim | <b>54:15</b> | 52:45 | 11,37  | 5:16    |
| 581  | 1640 | Robin Kouwen           | Leiden                    | 326e  | Mtrim | <b>54:17</b> | 51:51 | 11,57  | 5:11    |
| 582  | 1716 | Gijs van Lonkhuijzen   | Abcoude                   | 327e  | Mtrim | <b>54:20</b> | 53:09 | 11,29  | 5:18    |
| 583  | 2314 | Fabian Zuccollo        | Rijswijk                  | 328e  | Mtrim | <b>54:20</b> | 52:21 | 11,46  | 5:14    |
| 584  | 1196 | Nathan Buwalda         | 's-Gravenhage             | 329e  | Mtrim | <b>54:20</b> | 52:46 | 11,37  | 5:16    |
| 585  | 1891 | Femke Peters           | Voorburg                  | 89e   | Vtrim | <b>54:21</b> | 53:35 | 11,20  | 5:21    |
| 586  | 1743 | Fabian Maris           | 's-Gravenhage             | 330e  | Mtrim | <b>54:23</b> | 52:02 | 11,53  | 5:12    |
| 587  | 1846 | Daniel Ohmann          | Wassenaar                 | 331e  | Mtrim | <b>54:28</b> | 52:49 | 11,36  | 5:16    |
| 588  | 1530 | Fimme Jagersma         | Rijswijk                  | 332e  | Mtrim | <b>54:29</b> | 52:28 | 11,44  | 5:14    |
| 589  | 1087 | Danielle van Betten    | 's-Gravenhage             | 90e   | Vtrim | <b>54:31</b> | 53:58 | 11,12  | 5:23    |
| 590  | 1002 | Wim Aartsen            | 's-Gravenhage             | 333e  | Mtrim | <b>54:31</b> | 53:35 | 11,20  | 5:21    |
| 591  | 1295 | Leigh Elston           | 's-Gravenhage             | 91e   | Vtrim | <b>54:32</b> | 52:49 | 11,36  | 5:16    |
| 592  | 1466 | Jeroen Hermans         | 's-Gravenhage             | 334e  | Mtrim | <b>54:34</b> | 54:18 | 11,05  | 5:25    |
| 593  | 2178 | Terence Verdier        | 's-Gravenhage             | 335e  | Mtrim | <b>54:34</b> | 54:02 | 11,10  | 5:24    |
| 594  | 2694 | Joana Saramago         | Europese School Den Haa   | 18e   | Vbuss | <b>54:35</b> | 54:29 | 11,01  | 5:26    |
| 595  | 1260 | Noud Doornheim         | 's-Gravenhage             | 336e  | Mtrim | <b>54:35</b> | 52:24 | 11,45  | 5:14    |
| 596  | 2345 | Walter de Groot        | Royal Ten Genodigden 20   | 337e  | Mtrim | <b>54:38</b> | 53:47 | 11,16  | 5:22    |
| 597  | 1348 | Janna van Geest        | Delft                     | 92e   | Vtrim | <b>54:39</b> | 53:29 | 11,22  | 5:20    |
| 598  | 2529 | Eline Morsch           | Het CAK - 2               | 19e   | Vbuss | <b>54:40</b> | 54:28 | 11,02  | 5:26    |
| 599  | 1992 | Claudia Ruijgrok       | 's-Gravenhage             | 93e   | Vtrim | <b>54:40</b> | 54:23 | 11,03  | 5:26    |
| 600  | 1352 | Forése Gentile         | 's-Gravenhage             | 338e  | Mtrim | <b>54:41</b> | 54:05 | 11,09  | 5:24    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 601  | 2571 | Collin Bosschieter        | A2B-online - 1            | 90e   | Mbuss | <b>54:42</b> | 54:31 | 11,01  | 5:27    |
| 602  | 2726 | Mike Ligthart             | yves.transformations - 1  | 91e   | Mbuss | <b>54:43</b> | 54:31 | 11,01  | 5:27    |
| 603  | 1650 | Jorr Kreukniet            | Voorburg                  | 339e  | Mtrim | <b>54:46</b> | 53:48 | 11,15  | 5:22    |
| 604  | 1308 | Eduardo Escaf-Robles      | 's-Gravenhage             | 340e  | Mtrim | <b>54:46</b> | 54:00 | 11,11  | 5:24    |
| 605  | 1604 | Irma Kluifhooft           | 's-Gravenhage             | 94e   | Vtrim | <b>54:46</b> | 53:05 | 11,30  | 5:18    |
| 606  | 1682 | Nina van Lankveld         | 's-Gravenhage             | 95e   | Vtrim | <b>54:47</b> | 52:31 | 11,42  | 5:15    |
| 607  | 1497 | Emilie van Hoof           | Leidschendam              | 96e   | Vtrim | <b>54:49</b> | 53:49 | 11,15  | 5:22    |
| 608  | 1939 | Steven Raven              | Leidschendam              | 341e  | Mtrim | <b>54:50</b> | 54:24 | 11,03  | 5:26    |
| 609  | 2654 | Lourens van der Wiel      | BusinessController.nu - 3 | 92e   | Mbuss | <b>54:51</b> | 54:36 | 10,99  | 5:27    |
| 610  | 2750 | Aadheen Prasad            | Chr. Lyceum Zandvliet - 6 | 5e    | Mtrim | <b>54:53</b> | 53:39 | 11,18  | 5:21    |
| 611  | 1895 | Bob Philipsen             | Rotterdam                 | 342e  | Mtrim | <b>54:54</b> | 54:30 | 11,01  | 5:27    |
| 612  | 2222 | Annette de Vos            | 's-Gravenhage             | 97e   | Vtrim | <b>54:57</b> | 53:57 | 11,12  | 5:23    |
| 613  | 1574 | Isabel Kaspers            | 's-Gravenhage             | 98e   | Vtrim | <b>54:58</b> | 54:33 | 11,00  | 5:27    |
| 614  | 2312 | Wouter van Zijl           | Leidschendam              | 343e  | Mtrim | <b>54:59</b> | 53:55 | 11,13  | 5:23    |
| 615  | 1584 | Ronald Kempke             | Nootdorp                  | 344e  | Mtrim | <b>54:59</b> | 53:58 | 11,12  | 5:23    |
| 616  | 1045 | Ids Bakker                | Voorschoten '97           | 345e  | Mtrim | <b>55:00</b> | 53:29 | 11,22  | 5:20    |
| 617  | 1654 | Fred Krol                 | 's-Gravenhage             | 346e  | Mtrim | <b>55:00</b> | 54:06 | 11,09  | 5:24    |
| 618  | 1929 | Johan Pöll                | 's-Gravenhage             | 347e  | Mtrim | <b>55:01</b> | 54:07 | 11,09  | 5:24    |
| 619  | 1170 | Pleun de Brouwer          | 's-Gravenhage             | 99e   | Vtrim | <b>55:04</b> | 54:15 | 11,06  | 5:25    |
| 620  | 2565 | Ed Bordewijk              | A2B-online - 1            | 93e   | Mbuss | <b>55:06</b> | 54:57 | 10,92  | 5:29    |
| 621  | 1655 | Ton Krol                  | Rijswijk                  | 348e  | Mtrim | <b>55:06</b> | 54:13 | 11,07  | 5:25    |
| 622  | 2273 | Jaap van der Winden       | the Hague Road Runners    | 349e  | Mtrim | <b>55:09</b> | 53:32 | 11,21  | 5:21    |
| 623  | 1770 | Rachèl Meijer             | 's-Gravenhage             | 100e  | Vtrim | <b>55:09</b> | 54:27 | 11,02  | 5:26    |
| 624  | 1727 | Wouter van Maanen         | 's-Gravenhage             | 350e  | Mtrim | <b>55:10</b> | 54:04 | 11,10  | 5:24    |
| 625  | 2343 | Hilbert Bredemeijer       | Royal Ten Genodigden 20   | 351e  | Mtrim | <b>55:13</b> | 54:00 | 11,11  | 5:24    |
| 626  | 1194 | Karin van Buuren-Kuijpers | Rijswijk                  | 101e  | Vtrim | <b>55:16</b> | 54:44 | 10,96  | 5:28    |
| 627  | 1477 | Britt Hillebrand          | Delfgauw                  | 102e  | Vtrim | <b>55:16</b> | 53:42 | 11,17  | 5:22    |
| 628  | 1023 | Sabine Andringa           | 's-Gravenhage             | 103e  | Vtrim | <b>55:18</b> | 53:23 | 11,24  | 5:20    |
| 629  | 1238 | Marlou Delhez             | 's-Gravenhage             | 104e  | Vtrim | <b>55:19</b> | 54:17 | 11,05  | 5:25    |
| 630  | 1904 | Thessa Plevier            | Amsterdam                 | 105e  | Vtrim | <b>55:19</b> | 53:41 | 11,18  | 5:22    |
| 631  | 2190 | Rolf Vermolen             | 's-Gravenhage             | 352e  | Mtrim | <b>55:20</b> | 54:19 | 11,05  | 5:25    |
| 632  | 1599 | Imke de Klerk             | 's-Gravenhage             | 106e  | Vtrim | <b>55:21</b> | 53:06 | 11,30  | 5:18    |
| 633  | 2015 | Antoine Scherpenisse      | 's-Gravenhage             | 353e  | Mtrim | <b>55:21</b> | 54:16 | 11,06  | 5:25    |
| 634  | 2541 | Vincent                   | Tweede Kamer der Staten   | 94e   | Mbuss | <b>55:23</b> | 55:13 | 10,87  | 5:31    |
| 635  | 1214 | Malik Chehab              | 's-Gravenhage             | 354e  | Mtrim | <b>55:25</b> | 54:05 | 11,09  | 5:24    |
| 636  | 1502 | Ilona Horcher             | 's-Gravenhage             | 107e  | Vtrim | <b>55:25</b> | 54:43 | 10,97  | 5:28    |
| 637  | 1293 | Arjen Elderson            | Voorburg                  | 355e  | Mtrim | <b>55:25</b> | 54:07 | 11,09  | 5:24    |
| 638  | 1704 | Maurits van Lelyveld      | 's-Gravenhage             | 356e  | Mtrim | <b>55:26</b> | 54:24 | 11,03  | 5:26    |
| 639  | 1909 | Isaac Schröfer            | Leiden                    | 357e  | Mtrim | <b>55:26</b> | 53:06 | 11,30  | 5:18    |
| 640  | 1504 | Timo Horcher              | 's-Gravenhage             | 358e  | Mtrim | <b>55:26</b> | 54:44 | 10,96  | 5:28    |
| 641  | 1620 | Arjan van Kooi            | Haag Atletiek             | 359e  | Mtrim | <b>55:30</b> | 53:52 | 11,14  | 5:23    |
| 642  | 1331 | Tessa de Flines           | Voorburg                  | 108e  | Vtrim | <b>55:30</b> | 54:07 | 11,09  | 5:24    |
| 643  | 2163 | Kevin in 't Veld          | 's-Gravenhage             | 360e  | Mtrim | <b>55:31</b> | 53:42 | 11,17  | 5:22    |
| 644  | 1883 | Maarten Passet            | Rijswijk                  | 361e  | Mtrim | <b>55:33</b> | 54:43 | 10,97  | 5:28    |
| 645  | 2262 | Marlies van de Wiel       | 's-Gravenhage             | 109e  | Vtrim | <b>55:33</b> | 54:58 | 10,92  | 5:29    |
| 646  | 2203 | Joyce Visser              | 's-Gravenhage             | 110e  | Vtrim | <b>55:35</b> | 54:08 | 11,08  | 5:24    |
| 647  | 1855 | Melinda Sonnen Orban      | 's-Gravenhage             | 111e  | Vtrim | <b>55:36</b> | 53:40 | 11,18  | 5:22    |
| 648  | 1053 | Magdalena Bamière         | 's-Gravenhage             | 112e  | Vtrim | <b>55:36</b> | 54:50 | 10,94  | 5:29    |
| 649  | 2004 | Hanneke Sartorius         | Haag Atletiek             | 113e  | Vtrim | <b>55:36</b> | 55:12 | 10,87  | 5:31    |
| 650  | 2016 | Raymond Scherpenisse      | 's-Gravenhage             | 362e  | Mtrim | <b>55:38</b> | 54:34 | 11,00  | 5:27    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 651  | 2717 | Matteo Puzzolante   | Danone Nutricia - 2       | 95e   | Mbuss | <b>55:40</b> | 55:17 | 10,85  | 5:31    |
| 652  | 2708 | Bart van der Spek   | NIBC Bank N.V. - 1        | 96e   | Mbuss | <b>55:40</b> | 55:04 | 10,90  | 5:30    |
| 653  | 2087 | Chris Steemers      | 's-Gravenhage             | 363e  | Mtrim | <b>55:41</b> | 53:14 | 11,27  | 5:19    |
| 654  | 1627 | Annemieke Kooper    | 's-Gravenhage             | 114e  | Vtrim | <b>55:41</b> | 53:37 | 11,19  | 5:21    |
| 655  | 1759 | Perry van der Meer  | 's-Gravenhage             | 364e  | Mtrim | <b>55:44</b> | 53:50 | 11,15  | 5:23    |
| 656  | 31   | Henk Jagersma       | Haag Atletiek             | 10e   | M55   | <b>55:45</b> | 55:41 | 10,78  | 5:34    |
| 657  | 1113 | Petra de Boer       | Voorburg                  | 115e  | Vtrim | <b>55:47</b> | 53:49 | 11,15  | 5:22    |
| 658  | 1606 | Rutger Knijnenburg  | Voorburg                  | 365e  | Mtrim | <b>55:47</b> | 54:51 | 10,94  | 5:29    |
| 659  | 1587 | Andrea Kerstens     | 's-Gravenhage             | 116e  | Vtrim | <b>55:47</b> | 53:47 | 11,16  | 5:22    |
| 660  | 2510 | Andrea Oosterheert  | Wladimiroff Advocaten N.  | 20e   | Vbuss | <b>55:49</b> | 55:34 | 10,80  | 5:33    |
| 661  | 1119 | Ludwig Bohm         | 's-Gravenhage             | 366e  | Mtrim | <b>55:50</b> | 54:13 | 11,07  | 5:25    |
| 662  | 2525 | Shanker Somanchi    | Het CAK - 2               | 97e   | Mbuss | <b>55:51</b> | 55:38 | 10,78  | 5:33    |
| 663  | 2285 | Martijn van Woerkom | 's-Gravenhage             | 367e  | Mtrim | <b>55:51</b> | 53:57 | 11,12  | 5:23    |
| 664  | 1617 | Lotte Kolster       | 's-Gravenhage             | 117e  | Vtrim | <b>55:52</b> | 54:32 | 11,00  | 5:27    |
| 665  | 1424 | Wies Harmsen        | Hengelo                   | 118e  | Vtrim | <b>55:52</b> | 55:00 | 10,91  | 5:30    |
| 666  | 2321 | Jacobine de Zwaan   | 's-Gravenhage             | 119e  | Vtrim | <b>55:52</b> | 55:00 | 10,91  | 5:30    |
| 667  | 1337 | Astrid Freytag      | 's-Gravenhage             | 120e  | Vtrim | <b>55:59</b> | 54:23 | 11,03  | 5:26    |
| 668  | 2018 | Léon van Schie      | 's-Gravenhage             | 368e  | Mtrim | <b>56:02</b> | 55:14 | 10,86  | 5:31    |
| 669  | 2230 | Joscha de Vries     | Utrecht                   | 121e  | Vtrim | <b>56:03</b> | 53:46 | 11,16  | 5:22    |
| 670  | 2545 | Ivonne Bouwmeester  | Tweede Kamer der Staten   | 21e   | Vbuss | <b>56:03</b> | 55:52 | 10,74  | 5:35    |
| 671  | 1117 | Lexa Boersma        | 's-Gravenhage             | 122e  | Vtrim | <b>56:04</b> | 53:37 | 11,19  | 5:21    |
| 672  | 1878 | Bas van Pamelén     | Rijswijk                  | 369e  | Mtrim | <b>56:04</b> | 54:04 | 11,10  | 5:24    |
| 673  | 1478 | Maxime Hillen       | 's-Gravenhage             | 370e  | Mtrim | <b>56:07</b> | 55:49 | 10,75  | 5:34    |
| 674  | 1923 | Jacky Pronk         | 's-Gravenhage             | 123e  | Vtrim | <b>56:08</b> | 54:21 | 11,04  | 5:26    |
| 675  | 1448 | Joan Heinen         | Rotterdam                 | 371e  | Mtrim | <b>56:08</b> | 53:52 | 11,14  | 5:23    |
| 676  | 1996 | Koen Rutten         | 's-Gravenhage             | 372e  | Mtrim | <b>56:08</b> | 53:52 | 11,14  | 5:23    |
| 677  | 2042 | Rinus Schroevers    | 's-Gravenhage             | 373e  | Mtrim | <b>56:10</b> | 54:04 | 11,10  | 5:24    |
| 678  | 2176 | Ties Verbruggen     | 's-Gravenhage             | 374e  | Mtrim | <b>56:10</b> | 55:08 | 10,88  | 5:30    |
| 679  | 1537 | Leander Janssen     | 's-Gravenhage             | 375e  | Mtrim | <b>56:11</b> | 54:41 | 10,97  | 5:28    |
| 680  | 1529 | Feike Jagersma      | 's-Gravenhage             | 376e  | Mtrim | <b>56:12</b> | 54:11 | 11,07  | 5:25    |
| 681  | 1094 | Stefan van Bijnen   | Zoetermeer                | 377e  | Mtrim | <b>56:12</b> | 55:10 | 10,88  | 5:31    |
| 682  | 1877 | Lisa Kate Palmer    | 's-Gravenhage             | 124e  | Vtrim | <b>56:15</b> | 55:09 | 10,88  | 5:30    |
| 683  | 3    | André Blok          | avVN                      | 11e   | M55   | <b>56:16</b> | 56:10 | 10,68  | 5:37    |
| 684  | 1249 | Michiel Dietz       | 's-Gravenhage             | 378e  | Mtrim | <b>56:16</b> | 54:13 | 11,07  | 5:25    |
| 685  | 2085 | Edmond Stassen      | 's-Gravenhage             | 379e  | Mtrim | <b>56:17</b> | 53:56 | 11,12  | 5:23    |
| 686  | 1418 | Budi Han            | Rotterdam                 | 380e  | Mtrim | <b>56:19</b> | 54:02 | 11,10  | 5:24    |
| 687  | 1402 | Jade Gundelach      | 's-Gravenhage             | 125e  | Vtrim | <b>56:20</b> | 55:38 | 10,78  | 5:33    |
| 688  | 2547 | Preben Onselen      | Tweede Kamer der Staten   | 98e   | Mbuss | <b>56:21</b> | 56:09 | 10,69  | 5:36    |
| 689  | 1151 | Hand Bracke         | the Hague Road Runners    | 381e  | Mtrim | <b>56:22</b> | 54:52 | 10,94  | 5:29    |
| 690  | 2281 | Yori de Wit         | 's-Gravenhage             | 382e  | Mtrim | <b>56:22</b> | 55:15 | 10,86  | 5:31    |
| 691  | 1271 | Raymond Duijnker    | 's-Gravenhage             | 383e  | Mtrim | <b>56:23</b> | 54:07 | 11,09  | 5:24    |
| 692  | 1357 | Maarten van Gerwen  | Rijswijk                  | 384e  | Mtrim | <b>56:23</b> | 54:22 | 11,04  | 5:26    |
| 693  | 1480 | Wessel Hissink      | 's-Gravenhage             | 385e  | Mtrim | <b>56:24</b> | 54:24 | 11,03  | 5:26    |
| 694  | 2156 | Eva Valkenburg      | 's-Gravenhage             | 126e  | Vtrim | <b>56:24</b> | 54:24 | 11,03  | 5:26    |
| 695  | 1619 | Joran de Koning     | 's-Gravenhage             | 386e  | Mtrim | <b>56:25</b> | 54:25 | 11,03  | 5:26    |
| 696  | 1225 | Hans Cornelissen    | 's-Gravenhage             | 387e  | Mtrim | <b>56:26</b> | 55:53 | 10,74  | 5:35    |
| 697  | 5452 | Monica vd Knaap     | Royal Ten Genodigden 20   | 127e  | Vtrim | <b>56:26</b> | 54:41 | 10,97  | 5:28    |
| 698  | 2159 | Natasha Vasilyeva   | 's-Gravenhage             | 128e  | Vtrim | <b>56:27</b> | 54:03 | 11,10  | 5:24    |
| 699  | 2751 | Alex Harker         | Chr. Lyceum Zandvliet - 6 | 6e    | Mtrim | <b>56:27</b> | 55:11 | 10,87  | 5:31    |
| 700  | 1234 | Vasil Daskalov      | Voorburg                  | 388e  | Mtrim | <b>56:27</b> | 55:21 | 10,84  | 5:32    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                     | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|--------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 701  | 2235 | Martijn Vugteveen        | 's-Gravenhage             | 389e  | Mtrim | <b>56:28</b> | 54:33 | 11,00  | 5:27    |
| 702  | 1811 | Roland Munnikhof         | Voorburg                  | 390e  | Mtrim | <b>56:28</b> | 54:28 | 11,02  | 5:26    |
| 703  | 1095 | Billy Bikle              | 's-Gravenhage             | 129e  | Vtrim | <b>56:29</b> | 54:43 | 10,97  | 5:28    |
| 704  | 1713 | Yvonne Loijen            | Tilburg                   | 130e  | Vtrim | <b>56:31</b> | 55:48 | 10,75  | 5:34    |
| 705  | 1649 | Joris Geeven             | the Hague Road Runners    | 391e  | Mtrim | <b>56:32</b> | 54:57 | 10,92  | 5:29    |
| 706  | 1468 | Rien den Hertog          | Leidschendam              | 392e  | Mtrim | <b>56:34</b> | 54:54 | 10,93  | 5:29    |
| 707  | 1162 | Jan-Willem van den Brink | 's-Gravenhage             | 393e  | Mtrim | <b>56:34</b> | 54:52 | 10,94  | 5:29    |
| 708  | 1881 | Frank van der Pas        | 's-Gravenhage             | 394e  | Mtrim | <b>56:35</b> | 55:34 | 10,80  | 5:33    |
| 709  | 2164 | Felix van der Velde      | 's-Gravenhage             | 395e  | Mtrim | <b>56:35</b> | 54:37 | 10,99  | 5:27    |
| 710  | 2154 | Massoud Urdu             | Ede                       | 396e  | Mtrim | <b>56:37</b> | 55:11 | 10,87  | 5:31    |
| 711  | 2157 | Kees Koppers             | 's-Gravenhage             | 397e  | Mtrim | <b>56:38</b> | 54:53 | 10,93  | 5:29    |
| 712  | 1785 | Rasem Haj Mohammad       | Sparta                    | 398e  | Mtrim | <b>56:39</b> | 55:59 | 10,72  | 5:35    |
| 713  | 1008 | Dorothe Albers           | Haag Atletiek             | 131e  | Vtrim | <b>56:40</b> | 55:17 | 10,85  | 5:31    |
| 714  | 2064 | Aimée Snoek              | 's-Gravenhage             | 132e  | Vtrim | <b>56:40</b> | 55:21 | 10,84  | 5:32    |
| 715  | 1441 | Marloes van der Heiden   | 's-Gravenhage             | 133e  | Vtrim | <b>56:40</b> | 55:43 | 10,77  | 5:34    |
| 716  | 1409 | Mic ten Hagen            | 's-Gravenhage             | 399e  | Mtrim | <b>56:41</b> | 54:55 | 10,93  | 5:29    |
| 717  | 2528 | Khalid Kadrouch          | Het CAK - 2               | 99e   | Mbuss | <b>56:42</b> | 56:31 | 10,62  | 5:39    |
| 718  | 1954 | Olivier Rempt            | 's-Gravenhage             | 400e  | Mtrim | <b>56:42</b> | 55:48 | 10,75  | 5:34    |
| 719  | 1456 | Ivo Hendriks             | 's-Gravenhage             | 401e  | Mtrim | <b>56:43</b> | 55:15 | 10,86  | 5:31    |
| 720  | 2051 | Theo Sietsema            | Voorschoten '97           | 402e  | Mtrim | <b>56:44</b> | 55:14 | 10,86  | 5:31    |
| 721  | 2062 | Frank Snieder            | Voorschoten '97           | 403e  | Mtrim | <b>56:44</b> | 55:14 | 10,86  | 5:31    |
| 722  | 2552 | Denise van den Donker    | Tweede Kamer der Staten   | 22e   | Vbuss | <b>56:47</b> | 56:35 | 10,60  | 5:39    |
| 723  | 2553 | Jeremy Schippers         | Tweede Kamer der Staten   | 100e  | Mbuss | <b>56:47</b> | 56:35 | 10,60  | 5:39    |
| 724  | 1115 | Willem de Boer           | Overveen                  | 404e  | Mtrim | <b>56:47</b> | 55:29 | 10,81  | 5:32    |
| 725  | 1435 | Kevin de Heer            | 's-Gravenhage             | 405e  | Mtrim | <b>56:48</b> | 55:40 | 10,78  | 5:34    |
| 726  | 1763 | Laura Meershoek          | 's-Gravenhage             | 134e  | Vtrim | <b>56:50</b> | 54:48 | 10,95  | 5:28    |
| 727  | 2639 | Daniëlle van Leeuwen     | BusinessController.nu - 1 | 23e   | Vbuss | <b>56:50</b> | 56:31 | 10,62  | 5:39    |
| 728  | 1501 | Wilfried Hoogerwerf      | Nijkerk                   | 406e  | Mtrim | <b>56:53</b> | 54:42 | 10,97  | 5:28    |
| 729  | 1550 | Pauline de Jonge         | Voorburg                  | 135e  | Vtrim | <b>56:54</b> | 56:18 | 10,66  | 5:37    |
| 730  | 1900 | Koen Plaisier            | 's-Gravenhage             | 407e  | Mtrim | <b>56:54</b> | 55:51 | 10,74  | 5:35    |
| 731  | 1458 | Tessa Hendriksen         | 's-Gravenhage             | 136e  | Vtrim | <b>56:55</b> | 55:42 | 10,77  | 5:34    |
| 732  | 1129 | Sara Boots               | 's-Gravenhage             | 137e  | Vtrim | <b>56:56</b> | 55:05 | 10,89  | 5:30    |
| 733  | 1410 | Roger ten Hagen          | 's-Gravenhage             | 408e  | Mtrim | <b>56:56</b> | 55:09 | 10,88  | 5:30    |
| 734  | 1171 | Nicola Bruce             | 's-Gravenhage             | 138e  | Vtrim | <b>56:56</b> | 55:15 | 10,86  | 5:31    |
| 735  | 2514 | Sacha de Bree            | Wladimiroff Advocaten N.  | 24e   | Vbuss | <b>56:57</b> | 56:42 | 10,58  | 5:40    |
| 736  | 1736 | Chris Malipaard          | 's-Gravenhage             | 409e  | Mtrim | <b>56:57</b> | 55:22 | 10,84  | 5:32    |
| 737  | 1075 | Kamal Belhadji           | 's-Gravenhage             | 410e  | Mtrim | <b>56:58</b> | 55:32 | 10,80  | 5:33    |
| 738  | 2149 | Anna Tump                | 's-Gravenhage             | 139e  | Vtrim | <b>56:58</b> | 56:31 | 10,62  | 5:39    |
| 739  | 2509 | Robbert de Bree          | Wladimiroff Advocaten N.  | 101e  | Mbuss | <b>56:58</b> | 56:42 | 10,58  | 5:40    |
| 740  | 2327 | Shardion Maria           | Johan de Witt Scholengro  | 411e  | Mtrim | <b>56:59</b> | 55:37 | 10,79  | 5:33    |
| 741  | 2313 | Andrea Zuccollo          | 's-Gravenhage             | 412e  | Mtrim | <b>57:01</b> | 55:03 | 10,90  | 5:30    |
| 742  | 1975 | Erwin Roest              | 's-Gravenhage             | 413e  | Mtrim | <b>57:05</b> | 55:51 | 10,74  | 5:35    |
| 743  | 2167 | Peter ten Veldhuis       | Sparta                    | 414e  | Mtrim | <b>57:07</b> | 55:07 | 10,89  | 5:30    |
| 744  | 2261 | Vivian Wiegman           | 's-Gravenhage             | 140e  | Vtrim | <b>57:10</b> | 56:27 | 10,63  | 5:38    |
| 745  | 2653 | Paul Kramer              | BusinessController.nu - 3 | 102e  | Mbuss | <b>57:11</b> | 56:53 | 10,55  | 5:41    |
| 746  | 1232 | Tom Damen                | 's-Gravenhage             | 415e  | Mtrim | <b>57:12</b> | 54:58 | 10,92  | 5:29    |
| 747  | 1722 | Maria Lourijzen          | 's-Gravenhage             | 141e  | Vtrim | <b>57:12</b> | 56:42 | 10,58  | 5:40    |
| 748  | 2752 | Zoë Herberigs            | Chr. Lyceum Zandvliet - 6 | 1e    | Vtrim | <b>57:13</b> | 56:24 | 10,64  | 5:38    |
| 749  | 1969 | Rod Sandoval Rivera      | Maastricht                | 416e  | Mtrim | <b>57:14</b> | 55:11 | 10,87  | 5:31    |
| 750  | 1004 | Nienke van Aerde         | 's-Gravenhage             | 142e  | Vtrim | <b>57:15</b> | 55:11 | 10,87  | 5:31    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 751  | 2560 | Sander Bot                | Tweede Kamer der Staten   | 103e  | Mbuss | <b>57:15</b> | 54:52 | 10,94  | 5:29    |
| 752  | 2666 | Pieter van der Wal        | PV MinJenV - 1            | 104e  | Mbuss | <b>57:16</b> | 57:09 | 10,50  | 5:42    |
| 753  | 2562 | Sander Duijmaer Van Twist | Tweede Kamer der Staten   | 105e  | Mbuss | <b>57:19</b> | 57:08 | 10,50  | 5:42    |
| 754  | 2107 | Thanakorn Sujisakulvong   | Haarlem                   | 417e  | Mtrim | <b>57:19</b> | 54:52 | 10,94  | 5:29    |
| 755  | 1399 | Luka Grouwstra            | Leidschendam              | 418e  | Mtrim | <b>57:21</b> | 55:28 | 10,82  | 5:32    |
| 756  | 1397 | Anne Grouwstra            | Leidschendam              | 419e  | Mtrim | <b>57:21</b> | 55:28 | 10,82  | 5:32    |
| 757  | 2588 | Bob van Berkel            | Vanberkel Professionals - | 106e  | Mbuss | <b>57:23</b> | 57:23 | 10,46  | 5:44    |
| 758  | 2677 | Gert Jan Buitendijk       | PV MinJenV - 3            | 107e  | Mbuss | <b>57:23</b> | 57:18 | 10,47  | 5:43    |
| 759  | 1398 | Jeff Grouwstra            | Leidschendam              | 420e  | Mtrim | <b>57:24</b> | 55:32 | 10,80  | 5:33    |
| 760  | 2539 | Iris Glas                 | Tweede Kamer der Staten   | 25e   | Vbuss | <b>57:25</b> | 57:13 | 10,49  | 5:43    |
| 761  | 2337 | Rosalie Bongers           | Johan de Witt Scholengro  | 143e  | Vtrim | <b>57:26</b> | 55:45 | 10,76  | 5:34    |
| 762  | 2290 | Nannuska Wolthers         | 's-Gravenhage             | 144e  | Vtrim | <b>57:26</b> | 57:00 | 10,53  | 5:42    |
| 763  | 1993 | Edgar Ruisch              | 's-Gravenhage             | 421e  | Mtrim | <b>57:26</b> | 56:58 | 10,53  | 5:41    |
| 764  | 1752 | Gino Martens              | 's-Gravenhage             | 422e  | Mtrim | <b>57:28</b> | 57:10 | 10,50  | 5:43    |
| 765  | 2136 | Jarieke Timmerman         | 's-Gravenhage             | 145e  | Vtrim | <b>57:28</b> | 56:22 | 10,64  | 5:38    |
| 766  | 2110 | Fleur Switzar             | 's-Gravenhage             | 146e  | Vtrim | <b>57:28</b> | 55:21 | 10,84  | 5:32    |
| 767  | 2771 | Zeresenay Abraham         | Johan de Witt Scholengro  | 7e    | Mtrim | <b>57:28</b> | 56:45 | 10,57  | 5:40    |
| 768  | 1099 | Kiki Blaas                | Alphen aan den Rijn       | 147e  | Vtrim | <b>57:28</b> | 55:22 | 10,84  | 5:32    |
| 769  | 1255 | Kevin Dijkman             | Rotterdam                 | 423e  | Mtrim | <b>57:30</b> | 55:21 | 10,84  | 5:32    |
| 770  | 2024 | August Schipper           | Delft                     | 424e  | Mtrim | <b>57:31</b> | 56:05 | 10,70  | 5:36    |
| 771  | 2516 | Lizz Lansbergen           | Het CAK - 1               | 26e   | Vbuss | <b>57:32</b> | 57:20 | 10,47  | 5:44    |
| 772  | 1322 | Johan Felius              | the Hague Road Runners    | 425e  | Mtrim | <b>57:32</b> | 55:25 | 10,83  | 5:32    |
| 773  | 2183 | Alexander Timmers Verhoe  | Zeist                     | 426e  | Mtrim | <b>57:32</b> | 55:06 | 10,89  | 5:30    |
| 774  | 1816 | Niek Nabuurs              | Delft                     | 427e  | Mtrim | <b>57:33</b> | 56:08 | 10,69  | 5:36    |
| 775  | 5505 | Niels Jongbloed           | Vewin - 1                 | 428e  | Mtrim | <b>57:34</b> | 57:20 | 10,47  | 5:44    |
| 776  | 1653 | Margot van der Krogt      | 's-Gravenhage             | 148e  | Vtrim | <b>57:36</b> | 56:49 | 10,56  | 5:40    |
| 777  | 1156 | Marleen Breden            | Leidschendam              | 149e  | Vtrim | <b>57:38</b> | 57:05 | 10,51  | 5:42    |
| 778  | 2063 | Lars van Snippenberg      | 's-Gravenhage             | 429e  | Mtrim | <b>57:39</b> | 55:19 | 10,85  | 5:31    |
| 779  | 1795 | Iris Morren               | 's-Gravenhage             | 150e  | Vtrim | <b>57:39</b> | 55:19 | 10,85  | 5:31    |
| 780  | 1473 | Florien van den Heuvel    | Delft                     | 151e  | Vtrim | <b>57:41</b> | 56:03 | 10,70  | 5:36    |
| 781  | 2501 | Maarten Finkers           | Van der Feltz advocaten - | 108e  | Mbuss | <b>57:43</b> | 57:36 | 10,42  | 5:45    |
| 782  | 1868 | Luuk Ouwerkerk            | 's-Gravenhage             | 430e  | Mtrim | <b>57:45</b> | 56:55 | 10,54  | 5:41    |
| 783  | 1679 | Roel de Lange             | Pijnacker                 | 431e  | Mtrim | <b>57:45</b> | 57:25 | 10,45  | 5:44    |
| 784  | 1396 | Annemieke Grootswagers    | Voorburg                  | 152e  | Vtrim | <b>57:47</b> | 57:15 | 10,48  | 5:43    |
| 785  | 1420 | Gill Hancock              | 's-Gravenhage             | 153e  | Vtrim | <b>57:47</b> | 55:54 | 10,73  | 5:35    |
| 786  | 1642 | Atje Kraak                | 's-Gravenhage             | 154e  | Vtrim | <b>57:49</b> | 57:29 | 10,44  | 5:44    |
| 787  | 1938 | Patrick Rancuret          | 's-Gravenhage             | 432e  | Mtrim | <b>57:49</b> | 56:51 | 10,55  | 5:41    |
| 788  | 1786 | Elisabet Molenaar         | 's-Gravenhage             | 155e  | Vtrim | <b>57:49</b> | 56:51 | 10,55  | 5:41    |
| 789  | 1274 | Laurie Dul                | 's-Gravenhage             | 156e  | Vtrim | <b>57:50</b> | 55:39 | 10,78  | 5:33    |
| 790  | 1262 | Mik Drabbe                | Voorburg                  | 433e  | Mtrim | <b>57:50</b> | 56:29 | 10,62  | 5:38    |
| 791  | 2240 | Bert Quist                | 's-Gravenhage             | 434e  | Mtrim | <b>57:52</b> | 56:03 | 10,70  | 5:36    |
| 792  | 1589 | Carola van Keulen         | 's-Gravenhage             | 157e  | Vtrim | <b>57:55</b> | 57:26 | 10,45  | 5:44    |
| 793  | 1741 | Robert van der Marel      | Zoetermeer                | 435e  | Mtrim | <b>57:57</b> | 57:03 | 10,52  | 5:42    |
| 794  | 1575 | Ferry Kassir              | 's-Gravenhage             | 436e  | Mtrim | <b>57:57</b> | 55:34 | 10,80  | 5:33    |
| 795  | 1697 | Robin van Leeuwen         | Voorburg                  | 158e  | Vtrim | <b>58:00</b> | 56:53 | 10,55  | 5:41    |
| 796  | 1340 | Randall Chin Ten Fung     | 's-Gravenhage             | 437e  | Mtrim | <b>58:00</b> | 55:35 | 10,79  | 5:33    |
| 797  | 2218 | Edo Vonk                  | 's-Gravenhage             | 438e  | Mtrim | <b>58:03</b> | 57:23 | 10,46  | 5:44    |
| 798  | 1936 | René Ramel                | Leidschendam              | 439e  | Mtrim | <b>58:05</b> | 56:25 | 10,64  | 5:38    |
| 799  | 2066 | Roger Somers              | Rijswijk                  | 440e  | Mtrim | <b>58:05</b> | 55:59 | 10,72  | 5:35    |
| 800  | 2704 | Joke Zwemmer              | NIBC Bank N.V. - 1        | 27e   | Vbuss | <b>58:08</b> | 57:30 | 10,43  | 5:45    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                    | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|-------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 801  | 2534 | Manouk van de Lustgraaf | Tweede Kamer der Staten   | 28e   | Vbuss | <b>58:09</b> | 57:57 | 10,35  | 5:47    |
| 802  | 1344 | Robert Garskamp         | 's-Gravenhage             | 441e  | Mtrim | <b>58:09</b> | 56:12 | 10,68  | 5:37    |
| 803  | 2140 | Sanne Toorens           | 's-Gravenhage             | 159e  | Vtrim | <b>58:13</b> | 56:09 | 10,69  | 5:36    |
| 804  | 1377 | Martijn van der Graaf   | Rotterdam                 | 442e  | Mtrim | <b>58:13</b> | 57:49 | 10,38  | 5:46    |
| 805  | 1138 | Eva Boschman            | 's-Gravenhage             | 160e  | Vtrim | <b>58:13</b> | 57:32 | 10,43  | 5:45    |
| 806  | 1896 | Cyriel Pieters          | 's-Gravenhage             | 443e  | Mtrim | <b>58:14</b> | 56:07 | 10,69  | 5:36    |
| 807  | 2519 | Daphne Allewijn         | Het CAK - 1               | 29e   | Vbuss | <b>58:14</b> | 58:04 | 10,33  | 5:48    |
| 808  | 2270 | Marijn Wilbrink         | 's-Gravenhage             | 161e  | Vtrim | <b>58:15</b> | 56:56 | 10,54  | 5:41    |
| 809  | 2170 | Ferry Velt              | 's-Gravenhage             | 444e  | Mtrim | <b>58:16</b> | 56:13 | 10,67  | 5:37    |
| 810  | 2632 | Edith t Hoen            | Chr. Lyceum Zandvliet - 1 | 30e   | Vbuss | <b>58:16</b> | 57:59 | 10,35  | 5:47    |
| 811  | 27   | Pauline Hoogeveen       | Haag Atletiek             | 3e    | V55   | <b>58:18</b> | 57:37 | 10,41  | 5:45    |
| 812  | 1265 | Ellekijn Driesen        | Wageningen                | 162e  | Vtrim | <b>58:20</b> | 56:07 | 10,69  | 5:36    |
| 813  | 1018 | Julia van Andel         | Wageningen                | 163e  | Vtrim | <b>58:20</b> | 56:08 | 10,69  | 5:36    |
| 814  | 1782 | Daniël Moesker          | 's-Gravenhage             | 445e  | Mtrim | <b>58:21</b> | 57:05 | 10,51  | 5:42    |
| 815  | 1783 | Mick Moesker            | 's-Gravenhage             | 446e  | Mtrim | <b>58:21</b> | 57:05 | 10,51  | 5:42    |
| 816  | 2017 | Jacco Van Schie         | Rijswijk                  | 447e  | Mtrim | <b>58:22</b> | 57:06 | 10,51  | 5:42    |
| 817  | 2052 | Aline Meira da Silva    | 's-Gravenhage             | 164e  | Vtrim | <b>58:23</b> | 57:27 | 10,44  | 5:44    |
| 818  | 2712 | Sergio Solanilla        | Danone Nutricia - 1       | 109e  | Mbuss | <b>58:24</b> | 58:02 | 10,34  | 5:48    |
| 819  | 1539 | Melissa Jasperse        | Rijswijk                  | 165e  | Vtrim | <b>58:24</b> | 56:26 | 10,63  | 5:38    |
| 820  | 1016 | Andre van Andel         | 's-Gravenhage             | 448e  | Mtrim | <b>58:26</b> | 56:28 | 10,63  | 5:38    |
| 821  | 2664 | Nico Droppert           | PV MinJenV - 1            | 110e  | Mbuss | <b>58:29</b> | 58:23 | 10,28  | 5:50    |
| 822  | 2682 | Bastiaan Winkel         | PV MinJenV - 3            | 111e  | Mbuss | <b>58:29</b> | 58:21 | 10,28  | 5:50    |
| 823  | 2323 | Jesse Zwart             | 's-Gravenhage             | 449e  | Mtrim | <b>58:30</b> | 56:10 | 10,68  | 5:37    |
| 824  | 1699 | Riemt Legger            | 's-Gravenhage             | 450e  | Mtrim | <b>58:30</b> | 56:18 | 10,66  | 5:37    |
| 825  | 2061 | Pim Smits               | 's-Gravenhage             | 451e  | Mtrim | <b>58:31</b> | 56:23 | 10,64  | 5:38    |
| 826  | 1658 | Anja Kroon              | Delft                     | 166e  | Vtrim | <b>58:31</b> | 56:53 | 10,55  | 5:41    |
| 827  | 1088 | Emiel van Betten        | 's-Gravenhage             | 452e  | Mtrim | <b>58:32</b> | 58:00 | 10,34  | 5:48    |
| 828  | 1132 | Joost Born-Wiezer       | Boskoop                   | 453e  | Mtrim | <b>58:33</b> | 57:47 | 10,38  | 5:46    |
| 829  | 1803 | Jacob van Muiswinkel    | 's-Gravenhage             | 454e  | Mtrim | <b>58:33</b> | 57:28 | 10,44  | 5:44    |
| 830  | 1737 | Axel von Maltzahn       | 's-Gravenhage             | 455e  | Mtrim | <b>58:33</b> | 57:29 | 10,44  | 5:44    |
| 831  | 1648 | Petra Kremers           | Leidschendam              | 167e  | Vtrim | <b>58:38</b> | 57:15 | 10,48  | 5:43    |
| 832  | 2242 | Bart Wals               | Bloemendaal               | 456e  | Mtrim | <b>58:40</b> | 57:48 | 10,38  | 5:46    |
| 833  | 1676 | Monique Landman         | Bloemendaal               | 168e  | Vtrim | <b>58:40</b> | 57:48 | 10,38  | 5:46    |
| 834  | 1540 | Sylvia Jasperse         | Nootdorp                  | 169e  | Vtrim | <b>58:40</b> | 56:42 | 10,58  | 5:40    |
| 835  | 2706 | Andrea Grbic            | NIBC Bank N.V. - 1        | 31e   | Vbuss | <b>58:41</b> | 57:26 | 10,45  | 5:44    |
| 836  | 2651 | Erik-Jan van Oosterhout | BusinessController.nu - 2 | 112e  | Mbuss | <b>58:43</b> | 58:26 | 10,27  | 5:50    |
| 837  | 1516 | Isaiah van Hunen        | 's-Gravenhage             | 457e  | Mtrim | <b>58:43</b> | 56:19 | 10,65  | 5:37    |
| 838  | 2223 | Egbert De Vos           | Voorburg                  | 458e  | Mtrim | <b>58:44</b> | 56:37 | 10,60  | 5:39    |
| 839  | 2512 | Hannah van der Schrier  | Wladimiroff Advocaten N.  | 32e   | Vbuss | <b>58:44</b> | 58:30 | 10,26  | 5:51    |
| 840  | 2069 | Mette de Sonnaville     | 's-Gravenhage             | 170e  | Vtrim | <b>58:44</b> | 56:51 | 10,55  | 5:41    |
| 841  | 1921 | Giuseppe Procoli        | 's-Gravenhage             | 459e  | Mtrim | <b>58:46</b> | 56:27 | 10,63  | 5:38    |
| 842  | 1107 | Sjoerd Blommestijn      | 's-Gravenhage             | 460e  | Mtrim | <b>58:46</b> | 56:22 | 10,64  | 5:38    |
| 843  | 1865 | Michael den Ouden       | 's-Gravenhage             | 461e  | Mtrim | <b>58:47</b> | 56:27 | 10,63  | 5:38    |
| 844  | 2564 | Leon Pronk              | A2B-online - 1            | 113e  | Mbuss | <b>58:47</b> | 58:40 | 10,23  | 5:52    |
| 845  | 1494 | Yanaika Holst           | 's-Gravenhage             | 171e  | Vtrim | <b>58:48</b> | 56:54 | 10,54  | 5:41    |
| 846  | 1651 | Lucien Kroep            | Hoek van Holland          | 462e  | Mtrim | <b>58:49</b> | 56:50 | 10,56  | 5:41    |
| 847  | 1800 | Klaske Muileboom        | Voorburg                  | 172e  | Vtrim | <b>58:49</b> | 56:55 | 10,54  | 5:41    |
| 848  | 1731 | Menno Mackenbach        | Breda                     | 463e  | Mtrim | <b>58:51</b> | 56:58 | 10,53  | 5:41    |
| 849  | 1985 | Emma Roos               | 's-Gravenhage             | 173e  | Vtrim | <b>58:52</b> | 57:41 | 10,40  | 5:46    |
| 850  | 2123 | Rob Teeuwisse           | 's-Gravenhage             | 464e  | Mtrim | <b>58:53</b> | 56:48 | 10,56  | 5:40    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                      | Vereniging/Woonplaats     | Uitsl | Categ | Bruto        | Netto | Km/Uur | Tijd/Km |
|------|------|---------------------------|---------------------------|-------|-------|--------------|-------|--------|---------|
| 851  | 1252 | Manuel van Dijk           | 's-Gravenhage             | 465e  | Mtrim | <b>58:54</b> | 57:20 | 10,47  | 5:44    |
| 852  | 1120 | Nina Bohm                 | 's-Gravenhage             | 174e  | Vtrim | <b>58:54</b> | 57:17 | 10,47  | 5:43    |
| 853  | 2294 | Annemarie van Woudenberg  | 's-Gravenhage             | 175e  | Vtrim | <b>58:56</b> | 56:50 | 10,56  | 5:41    |
| 854  | 2264 | Ron Wiessner              | 's-Gravenhage             | 466e  | Mtrim | <b>58:57</b> | 57:26 | 10,45  | 5:44    |
| 855  | 1967 | John Rijsbergen           | Leiden                    | 467e  | Mtrim | <b>58:59</b> | 56:52 | 10,55  | 5:41    |
| 856  | 1702 | Jolanda Lekkerkerk        | 's-Gravenhage             | 176e  | Vtrim | <b>58:59</b> | 56:50 | 10,56  | 5:41    |
| 857  | 2200 | Mirjam Visscher           | 's-Gravenhage             | 177e  | Vtrim | <b>59:03</b> | 58:19 | 10,29  | 5:49    |
| 858  | 1928 | Moniek van der Putte      | 's-Gravenhage             | 178e  | Vtrim | <b>59:04</b> | 56:39 | 10,59  | 5:39    |
| 859  | 2202 | Emmy Visser               | 's-Gravenhage             | 179e  | Vtrim | <b>59:05</b> | 58:02 | 10,34  | 5:48    |
| 860  | 1916 | Maurits Presseisen        | Oegstgeest                | 468e  | Mtrim | <b>59:07</b> | 58:22 | 10,28  | 5:50    |
| 861  | 1047 | Meie Bakker               | De Rijp                   | 180e  | Vtrim | <b>59:09</b> | 57:54 | 10,36  | 5:47    |
| 862  | 1349 | Ria Geleynse              | Boskoop                   | 181e  | Vtrim | <b>59:09</b> | 57:50 | 10,37  | 5:47    |
| 863  | 2186 | Floor Verkoulen           | 's-Gravenhage             | 182e  | Vtrim | <b>59:12</b> | 58:12 | 10,31  | 5:49    |
| 864  | 1691 | Ed Leeman                 | Voorburg                  | 469e  | Mtrim | <b>59:13</b> | 57:15 | 10,48  | 5:43    |
| 865  | 2761 | Jodee Lubaczewski         | Chr. Lyceum Zandvliet - 9 | 2e    | Vtrim | <b>59:14</b> | 58:20 | 10,29  | 5:50    |
| 866  | 2760 | Jonna Gutter              | Chr. Lyceum Zandvliet - 9 | 3e    | Vtrim | <b>59:14</b> | 58:22 | 10,28  | 5:50    |
| 867  | 1192 | Quinten van der Burg      | 's-Gravenhage             | 470e  | Mtrim | <b>59:14</b> | 57:36 | 10,42  | 5:45    |
| 868  | 1191 | Celeste van der Burg      | Zoetermeer                | 183e  | Vtrim | <b>59:14</b> | 57:37 | 10,41  | 5:45    |
| 869  | 1898 | Rein Pijpers              | the Hague Road Runners    | 471e  | Mtrim | <b>59:16</b> | 57:23 | 10,46  | 5:44    |
| 870  | 2522 | Marloes Bruyn van Rozenbu | Het CAK - 1               | 33e   | Vbuss | <b>59:17</b> | 59:06 | 10,15  | 5:54    |
| 871  | 2594 | Samuel Gieseler           | Vanberkel Professionals - | 114e  | Mbuss | <b>59:18</b> | 58:58 | 10,18  | 5:53    |
| 872  | 1809 | Robbert Muller            | 's-Gravenhage             | 472e  | Mtrim | <b>59:19</b> | 58:20 | 10,29  | 5:50    |
| 873  | 1773 | Daria Merkulova           | 's-Gravenhage             | 184e  | Vtrim | <b>59:23</b> | 58:12 | 10,31  | 5:49    |
| 874  | 1661 | Dunja Kroonenberg         | 's-Gravenhage             | 185e  | Vtrim | <b>59:24</b> | 57:33 | 10,43  | 5:45    |
| 875  | 1779 | Roxanne Middeldorp        | 's-Gravenhage             | 186e  | Vtrim | <b>59:24</b> | 57:53 | 10,37  | 5:47    |
| 876  | 1581 | Tanja Kempe               | 's-Gravenhage             | 187e  | Vtrim | <b>59:25</b> | 58:15 | 10,30  | 5:49    |
| 877  | 2674 | Dennis Nagel              | PV MinJenV - 2            | 115e  | Mbuss | <b>59:26</b> | 58:48 | 10,20  | 5:52    |
| 878  | 2680 | Stéphanie Tieleman        | PV MinJenV - 3            | 34e   | Vbuss | <b>59:26</b> | 58:48 | 10,20  | 5:52    |
| 879  | 2338 | Puck Lingbeek             | Johan de Witt Scholengro  | 188e  | Vtrim | <b>59:28</b> | 58:46 | 10,21  | 5:52    |
| 880  | 2341 | Emma van Zuijlen          | Royal Ten Genodigden 20   | 189e  | Vtrim | <b>59:29</b> | 57:36 | 10,42  | 5:45    |
| 881  | 2340 | Robert Westerveld         | Royal Ten Genodigden 20   | 473e  | Mtrim | <b>59:29</b> | 57:35 | 10,42  | 5:45    |
| 882  | 2043 | Rosalie Schrofer          | 's-Gravenhage             | 190e  | Vtrim | <b>59:30</b> | 57:10 | 10,50  | 5:43    |
| 883  | 2172 | Manon van de Ven          | 's-Gravenhage             | 191e  | Vtrim | <b>59:30</b> | 58:16 | 10,30  | 5:49    |
| 884  | 2181 | Rutger Verhoef            | Katwijk                   | 474e  | Mtrim | <b>59:33</b> | 57:09 | 10,50  | 5:42    |
| 885  | 1433 | Ingrid Heemskerk          | Voorburg                  | 192e  | Vtrim | <b>59:35</b> | 58:28 | 10,26  | 5:50    |
| 886  | 2030 | Marcel Schneiders         | Zoetermeer                | 475e  | Mtrim | <b>59:35</b> | 57:10 | 10,50  | 5:43    |
| 887  | 2105 | Yaël Stroeken             | 's-Gravenhage             | 193e  | Vtrim | <b>59:36</b> | 58:21 | 10,28  | 5:50    |
| 888  | 1852 | Vincent Oosterhuis        | 's-Gravenhage             | 476e  | Mtrim | <b>59:38</b> | 58:31 | 10,25  | 5:51    |
| 889  | 1479 | Saar Hillen-Oosterhuis    | 's-Gravenhage             | 194e  | Vtrim | <b>59:38</b> | 58:32 | 10,25  | 5:51    |
| 890  | 1114 | Ruben de Boer             | Voorburg                  | 477e  | Mtrim | <b>59:38</b> | 57:40 | 10,40  | 5:46    |
| 891  | 2566 | Kerry Badendorst          | A2B-online - 1            | 35e   | Vbuss | <b>59:42</b> | 59:36 | 10,07  | 5:57    |
| 892  | 1902 | Angelique van der Plas    | the Hague Road Runners    | 195e  | Vtrim | <b>59:43</b> | 58:32 | 10,25  | 5:51    |
| 893  | 1915 | Laurence Pouw             | Leiderdorp                | 196e  | Vtrim | <b>59:43</b> | 57:32 | 10,43  | 5:45    |
| 894  | 1176 | Mark de Bruijn            | 's-Gravenhage             | 478e  | Mtrim | <b>59:44</b> | 58:48 | 10,20  | 5:52    |
| 895  | 2088 | William Steenbergen       | Sparta                    | 479e  | Mtrim | <b>59:44</b> | 57:39 | 10,41  | 5:45    |
| 896  | 2075 | Daniëlle Spanjers         | the Hague Road Runners    | 197e  | Vtrim | <b>59:45</b> | 58:46 | 10,21  | 5:52    |
| 897  | 2700 | Claire Borelli            | Europese School Den Haa   | 36e   | Vbuss | <b>59:46</b> | 58:41 | 10,22  | 5:52    |
| 898  | 2693 | Sara Maurelli             | Europese School Den Haa   | 37e   | Vbuss | <b>59:46</b> | 59:41 | 10,05  | 5:58    |
| 899  | 2277 | Monique Winters           | Hillegom                  | 198e  | Vtrim | <b>59:46</b> | 58:45 | 10,21  | 5:52    |
| 900  | 1807 | Lotte Mulders             | Utrecht                   | 199e  | Vtrim | <b>59:47</b> | 59:19 | 10,12  | 5:55    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                 | Vereniging/Woonplaats     | Uitsl | Categ | Bruto   | Netto   | Km/Uur | Tijd/Km |
|------|------|----------------------|---------------------------|-------|-------|---------|---------|--------|---------|
| 901  | 1218 | Duco le Clercq       | 's-Gravenhage             | 480e  | Mtrim | 59:47   | 58:24   | 10,27  | 5:50    |
| 902  | 1647 | Sacha Krekel         | 's-Gravenhage             | 481e  | Mtrim | 59:47   | 58:25   | 10,27  | 5:50    |
| 903  | 1623 | Tomas Kool           | Sparta                    | 482e  | Mtrim | 59:52   | 58:32   | 10,25  | 5:51    |
| 904  | 2103 | Marc Streefkerk      | 's-Gravenhage             | 483e  | Mtrim | 59:54   | 57:38   | 10,41  | 5:45    |
| 905  | 1201 | Laurence Callendret  | 's-Gravenhage             | 200e  | Vtrim | 59:58   | 57:48   | 10,38  | 5:46    |
| 906  | 1710 | Thomas van Lippen    | 's-Gravenhage             | 484e  | Mtrim | 59:59   | 58:05   | 10,33  | 5:48    |
| 907  | 2576 | Annette Rondaij      | TNO - 1                   | 38e   | Vbuss | 1:00:01 | 59:52   | 10,02  | 5:59    |
| 908  | 1840 | Barry Oesman         | 's-Gravenhage             | 485e  | Mtrim | 1:00:01 | 58:56   | 10,18  | 5:53    |
| 909  | 1133 | Martin Born-Wiezer   | Boskoop                   | 486e  | Mtrim | 1:00:01 | 59:14   | 10,13  | 5:55    |
| 910  | 1452 | Nathalie van Hemert  | Leiden Road Runners Clu   | 201e  | Vtrim | 1:00:01 | 58:22   | 10,28  | 5:50    |
| 911  | 2650 | Olivier Gonfalone    | BusinessController.nu - 2 | 116e  | Mbuss | 1:00:05 | 59:46   | 10,04  | 5:58    |
| 912  | 2731 | Sabine Morosini      | yves.transformations - 1  | 39e   | Vbuss | 1:00:05 | 59:51   | 10,03  | 5:59    |
| 913  | 1889 | Sophie Perlot        | 's-Gravenhage             | 202e  | Vtrim | 1:00:05 | 59:09   | 10,14  | 5:54    |
| 914  | 1817 | Kristin Nelissen     | 's-Gravenhage             | 203e  | Vtrim | 1:00:05 | 57:54   | 10,36  | 5:47    |
| 915  | 1030 | Vadym Arinchenkov    | Voorburg                  | 487e  | Mtrim | 1:00:06 | 59:01   | 10,17  | 5:54    |
| 916  | 1577 | Max Kegge            | 's-Gravenhage             | 488e  | Mtrim | 1:00:07 | 58:38   | 10,23  | 5:51    |
| 917  | 1346 | Sabine Geerts        | 's-Gravenhage             | 204e  | Vtrim | 1:00:07 | 58:12   | 10,31  | 5:49    |
| 918  | 2684 | Judith Knoester      | PV MinJenV - 3            | 40e   | Vbuss | 1:00:07 | 58:54   | 10,19  | 5:53    |
| 919  | 1720 | Peter van der Loo    | 's-Gravenhage             | 489e  | Mtrim | 1:00:08 | 58:35   | 10,24  | 5:51    |
| 920  | 1998 | Lenka Sadilova       | 's-Gravenhage             | 205e  | Vtrim | 1:00:08 | 58:59   | 10,17  | 5:53    |
| 921  | 1278 | Joelle van Duren     | 's-Gravenhage             | 206e  | Vtrim | 1:00:10 | 58:21   | 10,28  | 5:50    |
| 922  | 1843 | Sanne Offerman       | Lelystad                  | 207e  | Vtrim | 1:00:11 | 57:58   | 10,35  | 5:47    |
| 923  | 1485 | Albert Hoekstra      | 's-Gravenhage             | 490e  | Mtrim | 1:00:11 | 58:47   | 10,21  | 5:52    |
| 924  | 1505 | Femke Hordijk        | Leiden                    | 208e  | Vtrim | 1:00:15 | 58:22   | 10,28  | 5:50    |
| 925  | 1256 | Paulien Dirkzwager   | 's-Gravenhage             | 209e  | Vtrim | 1:00:15 | 58:26   | 10,27  | 5:50    |
| 926  | 2191 | Carter Verploeg      | 's-Gravenhage             | 491e  | Mtrim | 1:00:17 | 58:52   | 10,19  | 5:53    |
| 927  | 1289 | Kayleigh van Egmond  | 's-Gravenhage             | 210e  | Vtrim | 1:00:18 | 59:44   | 10,04  | 5:58    |
| 928  | 1395 | Bart Groothuizen     | Rijswijk                  | 492e  | Mtrim | 1:00:18 | 58:04   | 10,33  | 5:48    |
| 929  | 2198 | Sanneke Verweij      | 's-Gravenhage             | 211e  | Vtrim | 1:00:18 | 58:31   | 10,25  | 5:51    |
| 930  | 1015 | Hanny Althuis        | Rijswijk                  | 212e  | Vtrim | 1:00:18 | 58:04   | 10,33  | 5:48    |
| 931  | 1363 | Ronald van Ginkel    | 's-Gravenhage             | 493e  | Mtrim | 1:00:19 | 58:31   | 10,25  | 5:51    |
| 932  | 2209 | Pam Vlam             | 's-Gravenhage             | 494e  | Mtrim | 1:00:19 | 58:54   | 10,19  | 5:53    |
| 933  | 1986 | Maarten Roos         | 's-Gravenhage             | 495e  | Mtrim | 1:00:19 | 59:08   | 10,15  | 5:54    |
| 934  | 2065 | Nancy van der Snoek  | Leidschendam              | 213e  | Vtrim | 1:00:23 | 58:59   | 10,17  | 5:53    |
| 935  | 1440 | Kain Heidema         | Sparta                    | 214e  | Vtrim | 1:00:23 | 58:29   | 10,26  | 5:50    |
| 936  | 1686 | Henk Latour          | 's-Gravenhage             | 496e  | Mtrim | 1:00:25 | 58:29   | 10,26  | 5:50    |
| 937  | 1837 | Aisaiah Nunes        | Rotterdam                 | 497e  | Mtrim | 1:00:26 | 1:00:02 | 9,99   | 6:00    |
| 938  | 1416 | Caroline Hamaker     | Voorburg                  | 215e  | Vtrim | 1:00:26 | 58:35   | 10,24  | 5:51    |
| 939  | 1092 | Merel van der Biesen | 's-Gravenhage             | 216e  | Vtrim | 1:00:29 | 58:21   | 10,28  | 5:50    |
| 940  | 2756 | Floriann Ulbricch    | Chr. Lyceum Zandvliet - 8 | 8e    | Mtrim | 1:00:29 | 59:16   | 10,12  | 5:55    |
| 941  | 2282 | Paul Witlox          | 's-Gravenhage             | 498e  | Mtrim | 1:00:30 | 58:15   | 10,30  | 5:49    |
| 942  | 2350 | Judith van den Dool  | the Hague Road Runners    | 217e  | Vtrim | 1:00:30 | 58:23   | 10,28  | 5:50    |
| 943  | 1957 | Nicole Van Rens      | 's-Gravenhage             | 218e  | Vtrim | 1:00:31 | 59:45   | 10,04  | 5:58    |
| 944  | 2349 | Susan van den Dool   | the Hague Road Runners    | 219e  | Vtrim | 1:00:31 | 58:24   | 10,27  | 5:50    |
| 945  | 1749 | Ilya van Marle       | 's-Gravenhage             | 499e  | Mtrim | 1:00:31 | 1:00:02 | 9,99   | 6:00    |
| 946  | 1618 | Anne Konigs          | 's-Gravenhage             | 220e  | Vtrim | 1:00:31 | 58:34   | 10,24  | 5:51    |
| 947  | 1080 | Cato van den Berg    | 's-Gravenhage             | 221e  | Vtrim | 1:00:31 | 58:47   | 10,21  | 5:52    |
| 948  | 2013 | Marcel Schellekens   | Rotterdam                 | 500e  | Mtrim | 1:00:31 | 58:39   | 10,23  | 5:51    |
| 949  | 1953 | Rachelle Rekik       | Monster                   | 222e  | Vtrim | 1:00:33 | 58:57   | 10,18  | 5:53    |
| 950  | 1808 | Jolanda Muller       | 's-Gravenhage             | 223e  | Vtrim | 1:00:33 | 58:45   | 10,21  | 5:52    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                  | Vereniging/Woonplaats     | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|-----------------------|---------------------------|-------|-------|----------------|---------|--------|---------|
| 951  | 1973 | Grace Roelofs         | Delft                     | 224e  | Vtrim | <b>1:00:34</b> | 59:42   | 10,05  | 5:58    |
| 952  | 1966 | Robin Rijnenberg      | Ilion                     | 501e  | Mtrim | <b>1:00:35</b> | 59:35   | 10,07  | 5:57    |
| 953  | 1789 | Viviana Monge         | 's-Gravenhage             | 225e  | Vtrim | <b>1:00:36</b> | 59:48   | 10,03  | 5:58    |
| 954  | 1072 | Arista Bek            | 's-Gravenhage             | 226e  | Vtrim | <b>1:00:37</b> | 59:06   | 10,15  | 5:54    |
| 955  | 1272 | Kim Duijvestein       | 's-Gravenhage             | 227e  | Vtrim | <b>1:00:39</b> | 59:42   | 10,05  | 5:58    |
| 956  | 1854 | Mike van Ophem        | 's-Gravenhage             | 502e  | Mtrim | <b>1:00:43</b> | 59:04   | 10,16  | 5:54    |
| 957  | 2719 | Alberto Salone        | Danone Nutricia - 2       | 117e  | Mbuss | <b>1:00:44</b> | 1:00:21 | 9,94   | 6:02    |
| 958  | 1571 | Bunyamin Karasu       | 's-Gravenhage             | 503e  | Mtrim | <b>1:00:45</b> | 58:54   | 10,19  | 5:53    |
| 959  | 1078 | Campbell Benson       | 's-Gravenhage             | 504e  | Mtrim | <b>1:00:46</b> | 1:00:01 | 10,00  | 6:00    |
| 960  | 1951 | Stacey Reijers        | Zoetermeer                | 228e  | Vtrim | <b>1:00:50</b> | 58:59   | 10,17  | 5:53    |
| 961  | 2634 | Marleen Claessens     | Chr. Lyceum Zandvliet - 1 | 41e   | Vbuss | <b>1:00:51</b> | 1:00:32 | 9,91   | 6:03    |
| 962  | 1659 | Etske Kroon           | Voorburg                  | 229e  | Vtrim | <b>1:00:52</b> | 1:00:08 | 9,98   | 6:00    |
| 963  | 2137 | Lazlo Tomassen        | Voorburg                  | 505e  | Mtrim | <b>1:00:53</b> | 1:00:08 | 9,98   | 6:00    |
| 964  | 1933 | Edward Rademaker      | Voorburg                  | 506e  | Mtrim | <b>1:00:54</b> | 58:48   | 10,20  | 5:52    |
| 965  | 2184 | Ivanka Verhoeven      | 's-Gravenhage             | 230e  | Vtrim | <b>1:00:54</b> | 58:45   | 10,21  | 5:52    |
| 966  | 1074 | Hiltjo Bekkering      | Nootdorp                  | 507e  | Mtrim | <b>1:00:54</b> | 59:52   | 10,02  | 5:59    |
| 967  | 1635 | Liza van Koperen      | Voorburg                  | 231e  | Vtrim | <b>1:00:56</b> | 59:58   | 10,01  | 5:59    |
| 968  | 1776 | Marten van der Meulen | the Hague Road Runners    | 508e  | Mtrim | <b>1:00:58</b> | 59:28   | 10,09  | 5:56    |
| 969  | 2335 | Charell Schoonbrood   | Johan de Witt Scholengro  | 232e  | Vtrim | <b>1:00:59</b> | 1:00:19 | 9,95   | 6:01    |
| 970  | 1386 | Margo Groeneboom      | 's-Gravenhage             | 233e  | Vtrim | <b>1:00:59</b> | 1:00:09 | 9,98   | 6:00    |
| 971  | 2506 | Linda van Deventer    | Van der Feltz advocaten - | 42e   | Vbuss | <b>1:01:00</b> | 1:00:54 | 9,85   | 6:05    |
| 972  | 2231 | Monique de Vries      | Heerhugowaard             | 234e  | Vtrim | <b>1:01:01</b> | 59:23   | 10,10  | 5:56    |
| 973  | 1565 | Chantal Kamminga      | De Koplopers              | 235e  | Vtrim | <b>1:01:03</b> | 59:47   | 10,04  | 5:58    |
| 974  | 1566 | Wieke Kamminga        | Nootdorp                  | 236e  | Vtrim | <b>1:01:03</b> | 59:46   | 10,04  | 5:58    |
| 975  | 1385 | Tjerk Groen           | Amsterdam                 | 509e  | Mtrim | <b>1:01:04</b> | 1:00:00 | 10,00  | 6:00    |
| 976  | 1288 | Julia van Egmond      | Laren                     | 237e  | Vtrim | <b>1:01:04</b> | 1:00:02 | 9,99   | 6:00    |
| 977  | 1451 | Jiska Helmes          | 's-Gravenhage             | 238e  | Vtrim | <b>1:01:05</b> | 1:00:21 | 9,94   | 6:02    |
| 978  | 2195 | Remco Verspoor        | 's-Gravenhage             | 510e  | Mtrim | <b>1:01:06</b> | 59:43   | 10,05  | 5:58    |
| 979  | 2011 | Moon Schapers         | Voorburg                  | 239e  | Vtrim | <b>1:01:07</b> | 59:33   | 10,08  | 5:57    |
| 980  | 2556 | Margreeth de Geus     | Tweede Kamer der Staten   | 43e   | Vbuss | <b>1:01:08</b> | 59:59   | 10,00  | 5:59    |
| 981  | 1463 | Berk Hennissen        | the Hague Road Runners    | 240e  | Vtrim | <b>1:01:10</b> | 59:31   | 10,08  | 5:57    |
| 982  | 1417 | Robert Hamelink       | the Hague Road Runners    | 511e  | Mtrim | <b>1:01:11</b> | 59:50   | 10,03  | 5:59    |
| 983  | 2243 | Sarah Walter          | Voorburg                  | 241e  | Vtrim | <b>1:01:11</b> | 59:52   | 10,02  | 5:59    |
| 984  | 2217 | Etienne Vollebregt    | Voorburg                  | 512e  | Mtrim | <b>1:01:13</b> | 59:50   | 10,03  | 5:59    |
| 985  | 2193 | Maddy Verseput        | Tilburg                   | 242e  | Vtrim | <b>1:01:14</b> | 59:10   | 10,14  | 5:55    |
| 986  | 1391 | Jeanine Groot         | 's-Gravenhage             | 243e  | Vtrim | <b>1:01:14</b> | 59:33   | 10,08  | 5:57    |
| 987  | 1422 | Stanley Harkink       | 's-Gravenhage             | 513e  | Mtrim | <b>1:01:14</b> | 59:33   | 10,08  | 5:57    |
| 988  | 2192 | Ivo Verseput          | 's-Gravenhage             | 514e  | Mtrim | <b>1:01:14</b> | 59:11   | 10,14  | 5:55    |
| 989  | 2009 | Jaco van der Schans   | Hardinxveld-Giessendam    | 515e  | Mtrim | <b>1:01:19</b> | 59:41   | 10,05  | 5:58    |
| 990  | 1994 | Mark Kemme            | Haag Atletiek             | 516e  | Mtrim | <b>1:01:20</b> | 59:34   | 10,07  | 5:57    |
| 991  | 60   | Gilbert Post          | Waterweg                  | 10e   | M45   | <b>1:01:22</b> | 1:01:22 | 9,78   | 6:08    |
| 992  | 1719 | Oliver van Loo        | 's-Gravenhage             | 517e  | Mtrim | <b>1:01:25</b> | 59:51   | 10,03  | 5:59    |
| 993  | 1660 | Suzanne Kroon         | Leidschendam              | 244e  | Vtrim | <b>1:01:26</b> | 1:00:18 | 9,95   | 6:01    |
| 994  | 2244 | Yongqing Wang         | Voorburg                  | 518e  | Mtrim | <b>1:01:27</b> | 59:10   | 10,14  | 5:55    |
| 995  | 1058 | Willem van der Bas    | 's-Gravenhage             | 519e  | Mtrim | <b>1:01:28</b> | 59:09   | 10,14  | 5:54    |
| 996  | 2636 | Mária Jansen          | Chr. Lyceum Zandvliet - 1 | 44e   | Vbuss | <b>1:01:28</b> | 1:01:10 | 9,81   | 6:07    |
| 997  | 2630 | Vanessa de Blij       | Chr. Lyceum Zandvliet - 1 | 45e   | Vbuss | <b>1:01:29</b> | 1:01:11 | 9,81   | 6:07    |
| 998  | 2310 | Paola Zguro           | Delft                     | 245e  | Vtrim | <b>1:01:29</b> | 1:00:07 | 9,98   | 6:00    |
| 999  | 1652 | Astrid Kroes          | Zoetermeer                | 246e  | Vtrim | <b>1:01:32</b> | 1:01:06 | 9,82   | 6:06    |
| 1000 | 1029 | Tamara Arets          | Maastricht                | 247e  | Vtrim | <b>1:01:33</b> | 59:31   | 10,08  | 5:57    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                 | Vereniging/Woonplaats     | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|----------------------|---------------------------|-------|-------|----------------|---------|--------|---------|
| 1001 | 1563 | Pim Jörg             | 's-Gravenhage             | 520e  | Mtrim | <b>1:01:40</b> | 59:15   | 10,13  | 5:55    |
| 1002 | 1632 | Kaz van Kooten       | 's-Gravenhage             | 521e  | Mtrim | <b>1:01:40</b> | 59:28   | 10,09  | 5:56    |
| 1003 | 1533 | Wendy Janse          | Haag Atletiek             | 248e  | Vtrim | <b>1:01:40</b> | 59:45   | 10,04  | 5:58    |
| 1004 | 1941 | Anita Redding        | Wassenaar                 | 249e  | Vtrim | <b>1:01:42</b> | 1:01:19 | 9,79   | 6:07    |
| 1005 | 2032 | Olaf Schoelink       | 's-Gravenhage             | 522e  | Mtrim | <b>1:01:43</b> | 1:00:08 | 9,98   | 6:00    |
| 1006 | 1991 | Charlotte Rozendaal  | 's-Gravenhage             | 250e  | Vtrim | <b>1:01:47</b> | 1:00:06 | 9,98   | 6:00    |
| 1007 | 1756 | Brenda McArthur      | 's-Gravenhage             | 251e  | Vtrim | <b>1:01:49</b> | 59:35   | 10,07  | 5:57    |
| 1008 | 1286 | Manon Eggink         | 's-Gravenhage             | 252e  | Vtrim | <b>1:01:51</b> | 1:00:04 | 9,99   | 6:00    |
| 1009 | 1476 | Anna Hielkema        | Apeldoorn                 | 253e  | Vtrim | <b>1:01:51</b> | 59:22   | 10,11  | 5:56    |
| 1010 | 1062 | Vivienne Becker      | 's-Gravenhage             | 254e  | Vtrim | <b>1:01:52</b> | 59:22   | 10,11  | 5:56    |
| 1011 | 1393 | Walter de Groot      | 's-Gravenhage             | 523e  | Mtrim | <b>1:01:53</b> | 59:24   | 10,10  | 5:56    |
| 1012 | 1392 | Maurits de Groot     | 's-Gravenhage             | 524e  | Mtrim | <b>1:01:53</b> | 59:24   | 10,10  | 5:56    |
| 1013 | 1000 | Paul Aalders         | 's-Gravenhage             | 525e  | Mtrim | <b>1:01:54</b> | 1:00:38 | 9,90   | 6:03    |
| 1014 | 2644 | Pepijn Vunderink     | BusinessController.nu - 1 | 118e  | Mbuss | <b>1:01:54</b> | 1:01:33 | 9,75   | 6:09    |
| 1015 | 2356 | Maurice van Vliet    | W-Sign                    | 526e  | Mtrim | <b>1:01:55</b> | 1:00:27 | 9,93   | 6:02    |
| 1016 | 2355 | Michel Alsemgeest    | W-Sign                    | 527e  | Mtrim | <b>1:01:55</b> | 1:00:30 | 9,92   | 6:03    |
| 1017 | 1219 | Esther Cobussen      | Rijswijk                  | 255e  | Vtrim | <b>1:01:59</b> | 59:41   | 10,05  | 5:58    |
| 1018 | 1125 | Manon de Bood        | 's-Gravenhage             | 256e  | Vtrim | <b>1:01:59</b> | 1:00:44 | 9,88   | 6:04    |
| 1019 | 2174 | Ingrid Venner        | 's-Gravenhage             | 257e  | Vtrim | <b>1:02:01</b> | 59:41   | 10,05  | 5:58    |
| 1020 | 1531 | Jouke Jagersma       | Amsterdam                 | 528e  | Mtrim | <b>1:02:06</b> | 1:00:05 | 9,99   | 6:00    |
| 1021 | 1061 | Daan Beaufort        | 's-Gravenhage             | 529e  | Mtrim | <b>1:02:06</b> | 1:01:15 | 9,80   | 6:07    |
| 1022 | 1049 | Maarten Bakkum       | 's-Gravenhage             | 530e  | Mtrim | <b>1:02:06</b> | 1:01:47 | 9,71   | 6:10    |
| 1023 | 1328 | Sofia Filip          | Amsterdam                 | 258e  | Vtrim | <b>1:02:08</b> | 1:00:06 | 9,98   | 6:00    |
| 1024 | 1597 | Kelly Kleijweg       | Delft                     | 259e  | Vtrim | <b>1:02:08</b> | 1:01:05 | 9,82   | 6:06    |
| 1025 | 2667 | Quirien van Straelen | PV MinJenV - 1            | 46e   | Vbuss | <b>1:02:08</b> | 1:01:04 | 9,83   | 6:06    |
| 1026 | 1515 | Mylan Hulstede       | Delft                     | 531e  | Mtrim | <b>1:02:08</b> | 1:00:46 | 9,87   | 6:04    |
| 1027 | 2257 | Daniëlle Wevers      | 's-Gravenhage             | 260e  | Vtrim | <b>1:02:10</b> | 1:00:34 | 9,91   | 6:03    |
| 1028 | 2311 | Eline Zijderveld     | 's-Gravenhage             | 261e  | Vtrim | <b>1:02:10</b> | 1:00:21 | 9,94   | 6:02    |
| 1029 | 1908 | Sanne Le Poole       | 's-Gravenhage             | 262e  | Vtrim | <b>1:02:11</b> | 1:00:33 | 9,91   | 6:03    |
| 1030 | 9072 | Sophie Muambi        | Royal Ten Genodigden 20   | 263e  | Vtrim | <b>1:02:11</b> | 59:51   | 10,03  | 5:59    |
| 1031 | 1802 | Femke Muiser         | Voorburg                  | 264e  | Vtrim | <b>1:02:13</b> | 1:01:10 | 9,81   | 6:07    |
| 1032 | 2770 | Ingrid Schumacher    | Haagsche Schoolvereeni    | 4e    | Vtrim | <b>1:02:14</b> | 59:56   | 10,01  | 5:59    |
| 1033 | 1164 | Rosalie Broecheler   | 's-Gravenhage             | 265e  | Vtrim | <b>1:02:15</b> | 1:01:28 | 9,76   | 6:08    |
| 1034 | 1179 | Carmen Bruna         | 's-Gravenhage             | 266e  | Vtrim | <b>1:02:15</b> | 1:01:27 | 9,76   | 6:08    |
| 1035 | 9073 | Muhaimin Al-Robayi   | Tweede Kamer der Staten   | 119e  | Mbuss | <b>1:02:16</b> | 58:25   | 10,27  | 5:50    |
| 1036 | 2764 | Jakko Wilschut       | Haagsche Schoolvereeni    | 9e    | Mtrim | <b>1:02:16</b> | 59:58   | 10,01  | 5:59    |
| 1037 | 2766 | Rosalind Ferguson    | Haagsche Schoolvereeni    | 5e    | Vtrim | <b>1:02:16</b> | 59:58   | 10,01  | 5:59    |
| 1038 | 1815 | Robin Naar           | Zoetermeer                | 532e  | Mtrim | <b>1:02:24</b> | 1:00:51 | 9,86   | 6:05    |
| 1039 | 1814 | Olav Naar            | Zoetermeer                | 533e  | Mtrim | <b>1:02:25</b> | 1:00:52 | 9,86   | 6:05    |
| 1040 | 1512 | Lenno Huizer         | 's-Gravenhage             | 534e  | Mtrim | <b>1:02:26</b> | 1:01:45 | 9,72   | 6:10    |
| 1041 | 2246 | Yvanka Weerens       | 's-Gravenhage             | 267e  | Vtrim | <b>1:02:27</b> | 1:00:16 | 9,96   | 6:01    |
| 1042 | 1123 | Tjitske Bolt         | Delfgauw                  | 268e  | Vtrim | <b>1:02:27</b> | 1:00:54 | 9,85   | 6:05    |
| 1043 | 1567 | Nancy van Kan        | Leidschendam              | 269e  | Vtrim | <b>1:02:28</b> | 1:01:20 | 9,78   | 6:08    |
| 1044 | 9071 | Herman de Boer       | Den Haag                  | 535e  | Mtrim | <b>1:02:28</b> | 1:00:33 | 9,91   | 6:03    |
| 1045 | 1961 | Dean Riet            | 's-Gravenhage             | 536e  | Mtrim | <b>1:02:33</b> | 1:02:02 | 9,67   | 6:12    |
| 1046 | 2592 | Pelle Penning        | Vanberkel Professionals - | 120e  | Mbuss | <b>1:02:33</b> | 1:02:11 | 9,65   | 6:13    |
| 1047 | 1962 | Raymond Riet         | 's-Gravenhage             | 537e  | Mtrim | <b>1:02:33</b> | 1:02:07 | 9,66   | 6:12    |
| 1048 | 1157 | Jet Brederode        | 's-Gravenhage             | 270e  | Vtrim | <b>1:02:34</b> | 1:00:40 | 9,89   | 6:04    |
| 1049 | 2707 | Freda Wu             | NIBC Bank N.V. - 1        | 47e   | Vbuss | <b>1:02:34</b> | 1:01:20 | 9,78   | 6:08    |
| 1050 | 1426 | Liza Van Der Harst   | 's-Gravenhage             | 271e  | Vtrim | <b>1:02:35</b> | 1:01:19 | 9,79   | 6:07    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                 | Vereniging/Woonplaats    | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|----------------------|--------------------------|-------|-------|----------------|---------|--------|---------|
| 1051 | 1037 | Maurice Aupperlee    | 's-Gravenhage            | 538e  | Mtrim | <b>1:02:36</b> | 1:01:37 | 9,74   | 6:09    |
| 1052 | 1044 | Hans Bakker          | 's-Gravenhage            | 539e  | Mtrim | <b>1:02:37</b> | 1:01:02 | 9,83   | 6:06    |
| 1053 | 1990 | Kaushik Roy          | Den Haag                 | 540e  | Mtrim | <b>1:02:40</b> | 1:01:01 | 9,83   | 6:06    |
| 1054 | 1040 | Sophie B             | 's-Gravenhage            | 272e  | Vtrim | <b>1:02:41</b> | 1:00:17 | 9,95   | 6:01    |
| 1055 | 1818 | Bianca Neuteboom     | Voorburg                 | 273e  | Vtrim | <b>1:02:42</b> | 1:01:34 | 9,75   | 6:09    |
| 1056 | 2077 | Marieke Spiering     | Voorburg                 | 274e  | Vtrim | <b>1:02:42</b> | 1:01:34 | 9,75   | 6:09    |
| 1057 | 2151 | Erma Uijteweaal      | Haag Atletiek            | 275e  | Vtrim | <b>1:02:45</b> | 1:02:12 | 9,65   | 6:13    |
| 1058 | 1091 | Bente Bierma         | Koudekerke               | 276e  | Vtrim | <b>1:02:45</b> | 1:01:12 | 9,80   | 6:07    |
| 1059 | 1343 | Marija Van Garsel    | Middelburg               | 277e  | Vtrim | <b>1:02:46</b> | 1:01:12 | 9,80   | 6:07    |
| 1060 | 1615 | Maurits Kok          | Leidschendam             | 541e  | Mtrim | <b>1:02:50</b> | 1:01:22 | 9,78   | 6:08    |
| 1061 | 1254 | Marco van Dijken     | Amsterdam                | 542e  | Mtrim | <b>1:02:51</b> | 1:01:01 | 9,83   | 6:06    |
| 1062 | 2318 | Noor Zuidhoff        | Delft                    | 278e  | Vtrim | <b>1:02:51</b> | 1:02:25 | 9,61   | 6:14    |
| 1063 | 1715 | Mathilde Lones       | Rotterdam                | 279e  | Vtrim | <b>1:02:52</b> | 1:01:01 | 9,83   | 6:06    |
| 1064 | 1670 | Karina Kuperus       | Voorburg                 | 280e  | Vtrim | <b>1:02:52</b> | 1:01:25 | 9,77   | 6:08    |
| 1065 | 1798 | Robert Mout          | 's-Gravenhage            | 543e  | Mtrim | <b>1:02:53</b> | 1:01:08 | 9,81   | 6:06    |
| 1066 | 2316 | Haiko Zuidhoff       | Haag Atletiek            | 544e  | Mtrim | <b>1:02:53</b> | 1:02:26 | 9,61   | 6:14    |
| 1067 | 2288 | Joni Wolfert         | Voorburg                 | 281e  | Vtrim | <b>1:02:53</b> | 1:01:16 | 9,79   | 6:07    |
| 1068 | 1437 | Derk-Jan van Heerden | Voorburg                 | 545e  | Mtrim | <b>1:02:55</b> | 1:01:05 | 9,82   | 6:06    |
| 1069 | 1684 | Steven Lans          | 's-Gravenhage            | 546e  | Mtrim | <b>1:02:55</b> | 1:01:06 | 9,82   | 6:06    |
| 1070 | 2000 | Arthur van der Sande | Delft                    | 547e  | Mtrim | <b>1:02:56</b> | 1:01:06 | 9,82   | 6:06    |
| 1071 | 1163 | Koen Brinkman        | Bussum                   | 548e  | Mtrim | <b>1:02:56</b> | 1:01:07 | 9,82   | 6:06    |
| 1072 | 2670 | Ronald Mellema       | PV MinJenV - 2           | 121e  | Mbuss | <b>1:02:58</b> | 1:02:48 | 9,55   | 6:16    |
| 1073 | 1365 | Linda Glebbeek       | 's-Gravenhage            | 282e  | Vtrim | <b>1:02:58</b> | 1:02:28 | 9,61   | 6:14    |
| 1074 | 1128 | Marieke Boots        | 's-Gravenhage            | 283e  | Vtrim | <b>1:02:59</b> | 1:01:10 | 9,81   | 6:07    |
| 1075 | 1014 | Eveline Allon        | 's-Gravenhage            | 284e  | Vtrim | <b>1:03:03</b> | 1:02:29 | 9,60   | 6:14    |
| 1076 | 1339 | Rene Fromberg        | 's-Gravenhage            | 549e  | Mtrim | <b>1:03:07</b> | 1:01:02 | 9,83   | 6:06    |
| 1077 | 1267 | Natasja Duijf        | 's-Gravenhage            | 285e  | Vtrim | <b>1:03:09</b> | 1:01:51 | 9,70   | 6:11    |
| 1078 | 1057 | Robert Bartelds      | Noordwijkerhout          | 550e  | Mtrim | <b>1:03:09</b> | 1:01:18 | 9,79   | 6:07    |
| 1079 | 1657 | Eleanore Kroner      | 's-Gravenhage            | 286e  | Vtrim | <b>1:03:11</b> | 1:00:50 | 9,86   | 6:05    |
| 1080 | 1011 | Anouk van Alem       | 's-Gravenhage            | 287e  | Vtrim | <b>1:03:11</b> | 1:00:50 | 9,86   | 6:05    |
| 1081 | 1910 | Eline Van den berg   | the Hague Road Runners   | 288e  | Vtrim | <b>1:03:12</b> | 1:02:28 | 9,61   | 6:14    |
| 1082 | 2033 | Cecile Schoffelman   | 's-Gravenhage            | 289e  | Vtrim | <b>1:03:16</b> | 1:02:37 | 9,58   | 6:15    |
| 1083 | 2332 | Jimmy Leewens        | Johan de Witt Scholengro | 551e  | Mtrim | <b>1:03:17</b> | 1:01:55 | 9,69   | 6:11    |
| 1084 | 1754 | Achmad Martosoewondo | Rotterdam                | 552e  | Mtrim | <b>1:03:18</b> | 1:01:13 | 9,80   | 6:07    |
| 1085 | 2679 | Roos Craanen         | PV MinJenV - 3           | 48e   | Vbuss | <b>1:03:19</b> | 1:03:12 | 9,49   | 6:19    |
| 1086 | 1263 | Willemijn Draijer    | Voorburg                 | 290e  | Vtrim | <b>1:03:19</b> | 1:02:45 | 9,56   | 6:16    |
| 1087 | 1228 | Sean Creegan         | Zoetermeer               | 553e  | Mtrim | <b>1:03:20</b> | 1:02:49 | 9,55   | 6:16    |
| 1088 | 1323 | Jia Feng             | Capelle aan den IJssel   | 291e  | Vtrim | <b>1:03:20</b> | 1:02:34 | 9,59   | 6:15    |
| 1089 | 1829 | Valery Nikitin       | 's-Gravenhage            | 554e  | Mtrim | <b>1:03:20</b> | 1:01:04 | 9,83   | 6:06    |
| 1090 | 1251 | Maaïke van Dijk      | 's-Gravenhage            | 292e  | Vtrim | <b>1:03:21</b> | 1:01:26 | 9,77   | 6:08    |
| 1091 | 1325 | Stuart Ferber        | 's-Gravenhage            | 555e  | Mtrim | <b>1:03:28</b> | 1:01:29 | 9,76   | 6:08    |
| 1092 | 2676 | Martin den Dulk      | PV MinJenV - 2           | 122e  | Mbuss | <b>1:03:29</b> | 1:03:21 | 9,47   | 6:20    |
| 1093 | 1305 | Delicia Ensing       | Delft                    | 293e  | Vtrim | <b>1:03:30</b> | 1:01:20 | 9,78   | 6:08    |
| 1094 | 1628 | Dick Kooper          | 's-Gravenhage            | 556e  | Mtrim | <b>1:03:31</b> | 1:02:24 | 9,62   | 6:14    |
| 1095 | 1861 | Ivo den Oude         | 's-Gravenhage            | 557e  | Mtrim | <b>1:03:33</b> | 1:02:13 | 9,64   | 6:13    |
| 1096 | 1419 | Indra Han            | Rotterdam                | 558e  | Mtrim | <b>1:03:34</b> | 1:01:15 | 9,80   | 6:07    |
| 1097 | 1882 | Yvonne Pas           | Zoetermeer               | 294e  | Vtrim | <b>1:03:36</b> | 1:01:27 | 9,76   | 6:08    |
| 1098 | 2686 | Juan Roldan          | MMOX B.V. - 1            | 123e  | Mbuss | <b>1:03:37</b> | 1:03:03 | 9,52   | 6:18    |
| 1099 | 2046 | Sindy Schwarz        | Wassenaar                | 295e  | Vtrim | <b>1:03:38</b> | 1:01:28 | 9,76   | 6:08    |
| 1100 | 1596 | Estelle Kleijweg     | Wassenaar                | 296e  | Vtrim | <b>1:03:38</b> | 1:01:28 | 9,76   | 6:08    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                 | Vereniging/Woonplaats     | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|----------------------|---------------------------|-------|-------|----------------|---------|--------|---------|
| 1101 | 1932 | Annemarie Rademaker  | Voorburg                  | 297e  | Vtrim | <b>1:03:40</b> | 1:01:34 | 9,75   | 6:09    |
| 1102 | 2536 | Leendert Pollie      | Tweede Kamer der Staten   | 124e  | Mbuss | <b>1:03:43</b> | 1:03:30 | 9,45   | 6:21    |
| 1103 | 1847 | Matthijs de Olde     | Amsterdam                 | 559e  | Mtrim | <b>1:03:44</b> | 1:01:56 | 9,69   | 6:11    |
| 1104 | 1003 | John Juan            | Barendrecht               | 560e  | Mtrim | <b>1:03:46</b> | 1:03:09 | 9,50   | 6:18    |
| 1105 | 2020 | Anna van Schijndel   | 's-Gravenhage             | 298e  | Vtrim | <b>1:03:47</b> | 1:01:19 | 9,79   | 6:07    |
| 1106 | 1603 | Carmen Kloos         | Rockanje                  | 299e  | Vtrim | <b>1:03:47</b> | 1:02:20 | 9,63   | 6:14    |
| 1107 | 1353 | Reza Gentile         | 's-Gravenhage             | 561e  | Mtrim | <b>1:03:48</b> | 1:03:13 | 9,49   | 6:19    |
| 1108 | 2326 | Marleen van der Zwet | 's-Gravenhage             | 300e  | Vtrim | <b>1:03:49</b> | 1:01:27 | 9,76   | 6:08    |
| 1109 | 1400 | Sophie Guldemon      | Rotterdam                 | 301e  | Vtrim | <b>1:03:54</b> | 1:01:26 | 9,77   | 6:08    |
| 1110 | 1522 | Pam van Ipenburg     | Rotterdam                 | 302e  | Vtrim | <b>1:03:54</b> | 1:02:16 | 9,64   | 6:13    |
| 1111 | 2703 | Eda Devamli          | NIBC Bank N.V. - 1        | 49e   | Vbuss | <b>1:03:56</b> | 1:03:23 | 9,47   | 6:20    |
| 1112 | 1321 | Lidy Feenstra        | 's-Gravenhage             | 303e  | Vtrim | <b>1:04:03</b> | 1:02:43 | 9,57   | 6:16    |
| 1113 | 1700 | Soraya Legger        | 's-Gravenhage             | 304e  | Vtrim | <b>1:04:03</b> | 1:01:51 | 9,70   | 6:11    |
| 1114 | 2058 | Huib Sloot           | Leiden                    | 562e  | Mtrim | <b>1:04:04</b> | 1:03:05 | 9,51   | 6:18    |
| 1115 | 1434 | Aart Aarden          | the Hague Road Runners    | 563e  | Mtrim | <b>1:04:04</b> | 1:01:56 | 9,69   | 6:11    |
| 1116 | 1884 | Eliane Pathuis       | 's-Gravenhage             | 305e  | Vtrim | <b>1:04:12</b> | 1:02:05 | 9,66   | 6:12    |
| 1117 | 2268 | Raisa Wikarta        | 's-Gravenhage             | 306e  | Vtrim | <b>1:04:19</b> | 1:03:15 | 9,49   | 6:19    |
| 1118 | 2507 | Elouise Kortstam     | Van der Feltz advocaten - | 50e   | Vbuss | <b>1:04:20</b> | 1:03:42 | 9,42   | 6:22    |
| 1119 | 1205 | Natalie Carnier      | Zoetermeer                | 307e  | Vtrim | <b>1:04:21</b> | 1:02:04 | 9,67   | 6:12    |
| 1120 | 2765 | Nick van Oostrum     | Haagsche Schoolvereeni    | 10e   | Mtrim | <b>1:04:22</b> | 1:02:03 | 9,67   | 6:12    |
| 1121 | 1336 | Rik Franssen         | 's-Gravenhage             | 564e  | Mtrim | <b>1:04:22</b> | 1:03:18 | 9,48   | 6:19    |
| 1122 | 2102 | Dalila Storm         | Voorburg                  | 308e  | Vtrim | <b>1:04:22</b> | 1:03:34 | 9,44   | 6:21    |
| 1123 | 2021 | Jaimy Vlasblom       | Bodegraven                | 309e  | Vtrim | <b>1:04:26</b> | 1:03:22 | 9,47   | 6:20    |
| 1124 | 1958 | Viola de Ridder      | 's-Gravenhage             | 310e  | Vtrim | <b>1:04:28</b> | 1:02:44 | 9,56   | 6:16    |
| 1125 | 2171 | Anna Velkamp         | 's-Gravenhage             | 311e  | Vtrim | <b>1:04:28</b> | 1:02:58 | 9,53   | 6:17    |
| 1126 | 1712 | Beth Lloyd           | 's-Gravenhage             | 312e  | Vtrim | <b>1:04:29</b> | 1:02:17 | 9,63   | 6:13    |
| 1127 | 1644 | Laurie Kranendonk    | 's-Gravenhage             | 313e  | Vtrim | <b>1:04:33</b> | 1:02:30 | 9,60   | 6:15    |
| 1128 | 1324 | Anastasia Ferber     | 's-Gravenhage             | 314e  | Vtrim | <b>1:04:35</b> | 1:02:36 | 9,58   | 6:15    |
| 1129 | 1172 | Leon Bruggeman       | Voorburg                  | 565e  | Mtrim | <b>1:04:36</b> | 1:02:48 | 9,55   | 6:16    |
| 1130 | 1444 | Marieke Heijnen      | 's-Gravenhage             | 315e  | Vtrim | <b>1:04:39</b> | 1:02:55 | 9,54   | 6:17    |
| 1131 | 1231 | Ruud van Dam         | Voorburg                  | 566e  | Mtrim | <b>1:04:39</b> | 1:03:46 | 9,41   | 6:22    |
| 1132 | 2249 | Amke Weinberg        | 's-Gravenhage             | 316e  | Vtrim | <b>1:04:41</b> | 1:03:09 | 9,50   | 6:18    |
| 1133 | 1105 | Marguerite Blaque    | Leiden                    | 317e  | Vtrim | <b>1:04:41</b> | 1:03:09 | 9,50   | 6:18    |
| 1134 | 1833 | Marianne de Nooij    | Leidschendam              | 318e  | Vtrim | <b>1:04:42</b> | 1:03:40 | 9,42   | 6:22    |
| 1135 | 1301 | Mike van Engelen     | 's-Gravenhage             | 567e  | Mtrim | <b>1:04:46</b> | 1:04:18 | 9,33   | 6:25    |
| 1136 | 1307 | Caroline van Erp     | Voorburg                  | 319e  | Vtrim | <b>1:04:47</b> | 1:03:01 | 9,52   | 6:18    |
| 1137 | 2205 | Sterre Visser        | 's-Gravenhage             | 320e  | Vtrim | <b>1:04:49</b> | 1:03:20 | 9,47   | 6:20    |
| 1138 | 1945 | Eveline Reichrath    | 's-Gravenhage             | 321e  | Vtrim | <b>1:04:50</b> | 1:03:58 | 9,38   | 6:23    |
| 1139 | 2301 | Hyeong-sik Yoo       | 's-Gravenhage             | 568e  | Mtrim | <b>1:04:51</b> | 1:02:42 | 9,57   | 6:16    |
| 1140 | 2689 | Kevin Natte          | MMOX B.V. - 1             | 125e  | Mbuss | <b>1:04:56</b> | 1:04:45 | 9,27   | 6:28    |
| 1141 | 2352 | Karin Velden Aleman  | the Hague Road Runners    | 322e  | Vtrim | <b>1:04:56</b> | 1:03:57 | 9,38   | 6:23    |
| 1142 | 1455 | Ella Hendriks        | 's-Gravenhage             | 323e  | Vtrim | <b>1:04:57</b> | 1:02:50 | 9,55   | 6:17    |
| 1143 | 1118 | Ethan Bogui          | 's-Gravenhage             | 569e  | Mtrim | <b>1:04:57</b> | 1:02:38 | 9,58   | 6:15    |
| 1144 | 2648 | Arno Rohder          | BusinessController.nu - 2 | 126e  | Mbuss | <b>1:04:58</b> | 1:04:41 | 9,28   | 6:28    |
| 1145 | 2647 | Marjon de Koning     | BusinessController.nu - 2 | 51e   | Vbuss | <b>1:04:58</b> | 1:04:40 | 9,28   | 6:28    |
| 1146 | 1772 | Maaike Menheere      | Rotterdam                 | 324e  | Vtrim | <b>1:04:59</b> | 1:03:08 | 9,50   | 6:18    |
| 1147 | 1482 | Nour Hmoumou         | Pijnacker                 | 325e  | Vtrim | <b>1:04:59</b> | 1:04:21 | 9,32   | 6:26    |
| 1148 | 1250 | Claire Van Dijk      | Voorburg                  | 326e  | Vtrim | <b>1:05:03</b> | 1:04:02 | 9,37   | 6:24    |
| 1149 | 2678 | Maarten van de Donk  | PV MinJenV - 3            | 127e  | Mbuss | <b>1:05:09</b> | 1:05:01 | 9,23   | 6:30    |
| 1150 | 1681 | Daphne Lankhorst     | 's-Gravenhage             | 327e  | Vtrim | <b>1:05:10</b> | 1:03:02 | 9,52   | 6:18    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                       | Vereniging/Woonplaats     | Uitsl | Categ | Bruto   | Netto   | Km/Uur | Tijd/Km |
|------|------|----------------------------|---------------------------|-------|-------|---------|---------|--------|---------|
| 1151 | 1081 | Madelon van Bergeijk       | Woudrichem                | 328e  | Vtrim | 1:05:11 | 1:02:43 | 9,57   | 6:16    |
| 1152 | 2687 | Bernard van Meer           | MMOX B.V. - 1             | 128e  | Mbuss | 1:05:12 | 1:03:56 | 9,38   | 6:23    |
| 1153 | 1070 | Eefie Beets                | Noordwijk                 | 329e  | Vtrim | 1:05:13 | 1:03:16 | 9,48   | 6:19    |
| 1154 | 1905 | Charlotte Plugge           | 's-Gravenhage             | 330e  | Vtrim | 1:05:13 | 1:03:16 | 9,48   | 6:19    |
| 1155 | 1143 | Marloes Bouman             | 's-Gravenhage             | 331e  | Vtrim | 1:05:15 | 1:03:02 | 9,52   | 6:18    |
| 1156 | 2623 | Donne Gerlich              | De Mannen van Schuim -    | 52e   | Vbuss | 1:05:15 | 1:05:00 | 9,23   | 6:30    |
| 1157 | 2658 | Jozsef Sierra Valencia     | BusinessController.nu - 3 | 129e  | Mbuss | 1:05:17 | 1:04:55 | 9,24   | 6:29    |
| 1158 | 1167 | Femke Brondsted            | 's-Gravenhage             | 332e  | Vtrim | 1:05:17 | 1:02:53 | 9,54   | 6:17    |
| 1159 | 1168 | Ingeborg Brondsted         | 's-Gravenhage             | 333e  | Vtrim | 1:05:17 | 1:02:53 | 9,54   | 6:17    |
| 1160 | 1211 | Sofia Cescutti             | Rijswijk                  | 334e  | Vtrim | 1:05:17 | 1:03:12 | 9,49   | 6:19    |
| 1161 | 2621 | Hugo Wolf                  | De Mannen van Schuim -    | 130e  | Mbuss | 1:05:18 | 1:05:03 | 9,22   | 6:30    |
| 1162 | 2657 | Remco Rijn                 | BusinessController.nu - 3 | 131e  | Mbuss | 1:05:21 | 1:05:04 | 9,22   | 6:30    |
| 1163 | 1758 | Angela van der Meer        | 's-Gravenhage             | 335e  | Vtrim | 1:05:23 | 1:04:25 | 9,31   | 6:26    |
| 1164 | 1641 | Tessa Kouwenberg           | the Hague Road Runners    | 336e  | Vtrim | 1:05:25 | 1:04:14 | 9,34   | 6:25    |
| 1165 | 2057 | Babet Slijkhuis            | 's-Gravenhage             | 337e  | Vtrim | 1:05:26 | 1:03:12 | 9,49   | 6:19    |
| 1166 | 2252 | Quirijn van der Werff      | Heemskerk                 | 570e  | Mtrim | 1:05:28 | 1:04:34 | 9,29   | 6:27    |
| 1167 | 1097 | Aafke Birza                | 's-Gravenhage             | 338e  | Vtrim | 1:05:29 | 1:03:54 | 9,39   | 6:23    |
| 1168 | 1246 | Inge Diepenhorst           | 's-Gravenhage             | 339e  | Vtrim | 1:05:29 | 1:03:54 | 9,39   | 6:23    |
| 1169 | 1220 | Nienke Coers               | Rotterdam                 | 340e  | Vtrim | 1:05:32 | 1:03:17 | 9,48   | 6:19    |
| 1170 | 2097 | Estelle Stevens            | 's-Gravenhage             | 341e  | Vtrim | 1:05:38 | 1:03:52 | 9,39   | 6:23    |
| 1171 | 1903 | Ike van der Plas           | 's-Gravenhage             | 571e  | Mtrim | 1:05:40 | 1:03:20 | 9,47   | 6:20    |
| 1172 | 2531 | Vincent Verschoor          | Het CAK - 2               | 132e  | Mbuss | 1:05:41 | 1:05:27 | 9,17   | 6:32    |
| 1173 | 1369 | Josef Goncalves            | 's-Gravenhage             | 572e  | Mtrim | 1:05:42 | 1:04:44 | 9,27   | 6:28    |
| 1174 | 2053 | Desirée Simonis            | Berkenwoude               | 342e  | Vtrim | 1:05:47 | 1:04:59 | 9,23   | 6:29    |
| 1175 | 2182 | Sanne Verhoef              | 's-Gravenhage             | 343e  | Vtrim | 1:05:49 | 1:03:38 | 9,43   | 6:21    |
| 1176 | 1988 | Paul Rours                 | 's-Gravenhage             | 573e  | Mtrim | 1:05:52 | 1:03:53 | 9,39   | 6:23    |
| 1177 | 1484 | Robert van der Hoek        | Nootdorp                  | 574e  | Mtrim | 1:05:56 | 1:03:38 | 9,43   | 6:21    |
| 1178 | 87   | Finley Zijderwijk          | Haag Atletiek             | 7e    | Vsen  | 1:06:00 | 1:04:15 | 9,34   | 6:25    |
| 1179 | 57   | Jaap Oost                  | Haag Atletiek             | 11e   | M45   | 1:06:01 | 1:04:16 | 9,34   | 6:25    |
| 1180 | 2768 | Jamie Ross                 | Haagsche Schoolvereeni    | 6e    | Vtrim | 1:06:02 | 1:03:45 | 9,41   | 6:22    |
| 1181 | 2769 | Victoria ter Haar          | Haagsche Schoolvereeni    | 7e    | Vtrim | 1:06:03 | 1:03:44 | 9,41   | 6:22    |
| 1182 | 2762 | Dominic Turton             | Haagsche Schoolvereeni    | 11e   | Mtrim | 1:06:05 | 1:03:48 | 9,40   | 6:22    |
| 1183 | 2567 | Edward Spaans              | A2B-online - 1            | 133e  | Mbuss | 1:06:05 | 1:05:55 | 9,10   | 6:35    |
| 1184 | 2646 | Karin van Kesteren         | BusinessController.nu - 2 | 53e   | Vbuss | 1:06:12 | 1:05:52 | 9,11   | 6:35    |
| 1185 | 2095 | Martijn Steup              | Delft                     | 575e  | Mtrim | 1:06:14 | 1:04:48 | 9,26   | 6:28    |
| 1186 | 2096 | Margreet Steup-Beekman     | 's-Gravenhage             | 344e  | Vtrim | 1:06:14 | 1:04:49 | 9,26   | 6:28    |
| 1187 | 2347 | Feline Steup               | 's-Gravenhage             | 345e  | Vtrim | 1:06:14 | 1:04:49 | 9,26   | 6:28    |
| 1188 | 2180 | Floris Vergeer             | Voorburg                  | 576e  | Mtrim | 1:06:21 | 1:04:40 | 9,28   | 6:28    |
| 1189 | 2179 | Annabelle Vergeer          | Voorburg                  | 346e  | Vtrim | 1:06:21 | 1:04:40 | 9,28   | 6:28    |
| 1190 | 1680 | Eva Lankers                | 's-Gravenhage             | 347e  | Vtrim | 1:06:27 | 1:04:57 | 9,24   | 6:29    |
| 1191 | 2683 | Sefa Bagci                 | PV MinJenV - 3            | 54e   | Vbuss | 1:06:29 | 1:06:21 | 9,04   | 6:38    |
| 1192 | 2237 | Mia van Schravendijk Väisä | 's-Gravenhage             | 348e  | Vtrim | 1:06:36 | 1:04:31 | 9,30   | 6:27    |
| 1193 | 1585 | Bastiaan Kers              | 's-Gravenhage             | 577e  | Mtrim | 1:06:36 | 1:04:30 | 9,30   | 6:27    |
| 1194 | 1243 | Jeroen Dessauvague         | 's-Gravenhage             | 578e  | Mtrim | 1:06:41 | 1:05:21 | 9,18   | 6:32    |
| 1195 | 1850 | Ben Ooms                   | the Hague Road Runners    | 579e  | Mtrim | 1:06:45 | 1:05:15 | 9,20   | 6:31    |
| 1196 | 1010 | Claire Alcock              | 's-Gravenhage             | 349e  | Vtrim | 1:06:46 | 1:05:32 | 9,16   | 6:33    |
| 1197 | 1674 | Mike Lamboo                | 's-Gravenhage             | 580e  | Mtrim | 1:06:48 | 1:05:41 | 9,13   | 6:34    |
| 1198 | 2527 | Dennis van der Graaf       | Het CAK - 2               | 134e  | Mbuss | 1:06:48 | 1:06:36 | 9,01   | 6:39    |
| 1199 | 1965 | Daphne Rijnders            | Sparta                    | 350e  | Vtrim | 1:06:58 | 1:04:41 | 9,28   | 6:28    |
| 1200 | 1185 | Enno Buis                  | Sparta                    | 581e  | Mtrim | 1:06:58 | 1:06:23 | 9,04   | 6:38    |



## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                     | Vereniging/Woonplaats     | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|--------------------------|---------------------------|-------|-------|----------------|---------|--------|---------|
| 1201 | 2353 | Fabienne Lachevre        | the Hague Road Runners    | 351e  | Vtrim | <b>1:06:58</b> | 1:05:30 | 9,16   | 6:33    |
| 1202 | 2672 | Jeanine Buckens          | PV MinJenV - 2            | 55e   | Vbuss | <b>1:07:01</b> | 1:06:52 | 8,97   | 6:41    |
| 1203 | 2165 | Ronald te Velde          | Maarssen                  | 582e  | Mtrim | <b>1:07:01</b> | 1:06:52 | 8,97   | 6:41    |
| 1204 | 1728 | Linsey van der Maarel    | 's-Gravenhage             | 352e  | Vtrim | <b>1:07:03</b> | 1:04:43 | 9,27   | 6:28    |
| 1205 | 1790 | Mart de Mooij            | Doorn                     | 583e  | Mtrim | <b>1:07:06</b> | 1:05:47 | 9,12   | 6:34    |
| 1206 | 1413 | Marlies Hak              | 's-Gravenhage             | 353e  | Vtrim | <b>1:07:06</b> | 1:04:24 | 9,32   | 6:26    |
| 1207 | 1780 | Rani Moennasing          | 's-Gravenhage             | 354e  | Vtrim | <b>1:07:10</b> | 1:04:51 | 9,25   | 6:29    |
| 1208 | 1841 | Kimberley Oesman         | 's-Gravenhage             | 355e  | Vtrim | <b>1:07:11</b> | 1:06:07 | 9,07   | 6:36    |
| 1209 | 2578 | Bas Ouwekerk             | TNO - 1                   | 135e  | Mbuss | <b>1:07:13</b> | 1:05:59 | 9,09   | 6:35    |
| 1210 | 1629 | Charlotte van Zon        | 's-Gravenhage             | 356e  | Vtrim | <b>1:07:16</b> | 1:06:09 | 9,07   | 6:36    |
| 1211 | 2072 | Mink Spaans              | 's-Gravenhage             | 584e  | Mtrim | <b>1:07:25</b> | 1:06:38 | 9,00   | 6:39    |
| 1212 | 2219 | Yonne van der Voorde     | 's-Gravenhage             | 357e  | Vtrim | <b>1:07:27</b> | 1:06:22 | 9,04   | 6:38    |
| 1213 | 1186 | Doutzen Buitelaar        | 's-Gravenhage             | 358e  | Vtrim | <b>1:07:30</b> | 1:06:47 | 8,98   | 6:40    |
| 1214 | 2133 | Femke Tichelaar          | Haarlem                   | 359e  | Vtrim | <b>1:07:30</b> | 1:06:47 | 8,98   | 6:40    |
| 1215 | 2148 | Chad David Tugwell       | Haarlem                   | 585e  | Mtrim | <b>1:07:31</b> | 1:06:47 | 8,98   | 6:40    |
| 1216 | 2645 | Marjolijn Kramer         | BusinessController.nu - 2 | 56e   | Vbuss | <b>1:07:33</b> | 1:07:17 | 8,92   | 6:43    |
| 1217 | 2029 | Jessica Schneider        | the Hague Road Runners    | 360e  | Vtrim | <b>1:07:33</b> | 1:05:53 | 9,11   | 6:35    |
| 1218 | 1726 | Jos de l'Orme            | 's-Gravenhage             | 586e  | Mtrim | <b>1:07:34</b> | 1:06:03 | 9,08   | 6:36    |
| 1219 | 2328 | Shovenar Garabitan       | Johan de Witt Scholengro  | 361e  | Vtrim | <b>1:07:36</b> | 1:06:52 | 8,97   | 6:41    |
| 1220 | 1439 | Odette Heiberg-Timmerman | 's-Gravenhage             | 362e  | Vtrim | <b>1:07:39</b> | 1:06:13 | 9,06   | 6:37    |
| 1221 | 1828 | Olga Nijveld             | Nootdorp                  | 363e  | Vtrim | <b>1:07:40</b> | 1:07:01 | 8,95   | 6:42    |
| 1222 | 2533 | Esther Spaans            | Tweede Kamer der Staten   | 57e   | Vbuss | <b>1:07:41</b> | 1:07:28 | 8,89   | 6:44    |
| 1223 | 1283 | Selene van Ee            | 's-Gravenhage             | 364e  | Vtrim | <b>1:07:44</b> | 1:05:54 | 9,10   | 6:35    |
| 1224 | 1732 | Amanda Mackenzie         | 's-Gravenhage             | 365e  | Vtrim | <b>1:07:49</b> | 1:05:28 | 9,16   | 6:32    |
| 1225 | 2669 | Marleen Breidel          | PV MinJenV - 2            | 58e   | Vbuss | <b>1:07:50</b> | 1:07:43 | 8,86   | 6:46    |
| 1226 | 1509 | Carolien Hubert          | Voorburg                  | 366e  | Vtrim | <b>1:07:56</b> | 1:06:34 | 9,01   | 6:39    |
| 1227 | 1017 | Diana van Andel          | 's-Gravenhage             | 367e  | Vtrim | <b>1:08:01</b> | 1:06:05 | 9,08   | 6:36    |
| 1228 | 1799 | Chayenne Mouton          | Rijswijk                  | 368e  | Vtrim | <b>1:08:04</b> | 1:05:42 | 9,13   | 6:34    |
| 1229 | 2233 | Maud Vrins               | Voorburg                  | 369e  | Vtrim | <b>1:08:13</b> | 1:06:12 | 9,06   | 6:37    |
| 1230 | 1956 | Gert Renkema             | Haarlem                   | 587e  | Mtrim | <b>1:08:17</b> | 1:06:03 | 9,08   | 6:36    |
| 1231 | 1508 | Linda Houthuizen         | Voorschoten '97           | 370e  | Vtrim | <b>1:08:18</b> | 1:06:45 | 8,99   | 6:40    |
| 1232 | 2251 | Monique Welling          | Voorschoten '97           | 371e  | Vtrim | <b>1:08:18</b> | 1:06:45 | 8,99   | 6:40    |
| 1233 | 1181 | Sylvain Brussee          | 's-Gravenhage             | 588e  | Mtrim | <b>1:08:20</b> | 1:06:11 | 9,07   | 6:37    |
| 1234 | 1662 | Femke de Kruijff         | 's-Gravenhage             | 372e  | Vtrim | <b>1:08:20</b> | 1:06:10 | 9,07   | 6:37    |
| 1235 | 2104 | Lieske Streefkerk-Arts   | 's-Gravenhage             | 373e  | Vtrim | <b>1:08:22</b> | 1:06:05 | 9,08   | 6:36    |
| 1236 | 1869 | Femke Droes              | 's-Gravenhage             | 374e  | Vtrim | <b>1:08:27</b> | 1:07:33 | 8,88   | 6:45    |
| 1237 | 1108 | Bianca Izendoorn         | Den Haag                  | 375e  | Vtrim | <b>1:08:27</b> | 1:07:33 | 8,88   | 6:45    |
| 1238 | 2265 | Nicole Wijers            | the Hague Road Runners    | 376e  | Vtrim | <b>1:08:34</b> | 1:07:05 | 8,94   | 6:42    |
| 1239 | 1183 | Els Bubbert              | Leidschendam              | 377e  | Vtrim | <b>1:08:41</b> | 1:06:32 | 9,02   | 6:39    |
| 1240 | 2293 | Swan Wong                | 's-Gravenhage             | 378e  | Vtrim | <b>1:08:46</b> | 1:06:45 | 8,99   | 6:40    |
| 1241 | 2118 | Adanza Tacx              | 's-Gravenhage             | 379e  | Vtrim | <b>1:08:46</b> | 1:06:46 | 8,99   | 6:40    |
| 1242 | 1351 | Romy Gelsema             | Sassenheim                | 380e  | Vtrim | <b>1:08:47</b> | 1:06:31 | 9,02   | 6:39    |
| 1243 | 1222 | Ronald Comperen          | 's-Gravenhage             | 589e  | Mtrim | <b>1:08:49</b> | 1:07:47 | 8,85   | 6:46    |
| 1244 | 2276 | Hank Winters             | Fortius                   | 590e  | Mtrim | <b>1:08:58</b> | 1:07:39 | 8,87   | 6:45    |
| 1245 | 2711 | Bibiana Aristizabal      | Danone Nutricia - 1       | 59e   | Vbuss | <b>1:09:01</b> | 1:08:40 | 8,74   | 6:52    |
| 1246 | 2710 | Anh Pham                 | Danone Nutricia - 1       | 60e   | Vbuss | <b>1:09:01</b> | 1:08:40 | 8,74   | 6:52    |
| 1247 | 2709 | Lucie Abellea            | Danone Nutricia - 1       | 61e   | Vbuss | <b>1:09:01</b> | 1:08:40 | 8,74   | 6:52    |
| 1248 | 1922 | Amy Pronk                | Nootdorp                  | 381e  | Vtrim | <b>1:09:05</b> | 1:07:24 | 8,90   | 6:44    |
| 1249 | 1778 | Iris Middeldorp          | 's-Gravenhage             | 382e  | Vtrim | <b>1:09:10</b> | 1:07:37 | 8,87   | 6:45    |
| 1250 | 1645 | Kimberley Krant          | 's-Gravenhage             | 383e  | Vtrim | <b>1:09:10</b> | 1:07:18 | 8,92   | 6:43    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                   | Vereniging/Woonplaats     | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|------------------------|---------------------------|-------|-------|----------------|---------|--------|---------|
| 1251 | 2067 | Nina Sondagh           | 's-Gravenhage             | 384e  | Vtrim | <b>1:09:13</b> | 1:07:20 | 8,91   | 6:44    |
| 1252 | 2289 | Christina Wolfswinkel  | 's-Gravenhage             | 385e  | Vtrim | <b>1:09:16</b> | 1:06:49 | 8,98   | 6:40    |
| 1253 | 1449 | Ernestine Heldring     | 's-Gravenhage             | 386e  | Vtrim | <b>1:09:21</b> | 1:07:07 | 8,94   | 6:42    |
| 1254 | 1564 | Tanja van Kalsbeek     | Hazerswoude-Rijndijk      | 387e  | Vtrim | <b>1:09:24</b> | 1:07:02 | 8,95   | 6:42    |
| 1255 | 1695 | Axel van Leeuwen       | Leidschendam              | 591e  | Mtrim | <b>1:09:28</b> | 1:07:05 | 8,94   | 6:42    |
| 1256 | 1239 | Yeliz Deli             | Leidschendam              | 388e  | Vtrim | <b>1:09:28</b> | 1:07:05 | 8,94   | 6:42    |
| 1257 | 1730 | Iris Maat              | 's-Gravenhage             | 389e  | Vtrim | <b>1:09:28</b> | 1:07:03 | 8,95   | 6:42    |
| 1258 | 2659 | Jhon Sierra Preciado   | BusinessController.nu - 3 | 136e  | Mbuss | <b>1:09:39</b> | 1:09:17 | 8,66   | 6:55    |
| 1259 | 1638 | Loes de Kort           | 's-Gravenhage             | 390e  | Vtrim | <b>1:09:52</b> | 1:07:51 | 8,84   | 6:47    |
| 1260 | 1544 | Charlène 't Jong       | 's-Gravenhage             | 391e  | Vtrim | <b>1:09:55</b> | 1:07:55 | 8,83   | 6:47    |
| 1261 | 1198 | Annemieke Buyks        | Galder                    | 392e  | Vtrim | <b>1:09:59</b> | 1:07:36 | 8,88   | 6:45    |
| 1262 | 1481 | Andrea Hmoumou         | Pijnacker                 | 393e  | Vtrim | <b>1:10:01</b> | 1:09:21 | 8,65   | 6:56    |
| 1263 | 1122 | Ingrid van Bokhoven    | 's-Gravenhage             | 394e  | Vtrim | <b>1:10:11</b> | 1:09:19 | 8,66   | 6:55    |
| 1264 | 1242 | Didem Demirel          | Rotterdam                 | 395e  | Vtrim | <b>1:10:18</b> | 1:09:18 | 8,66   | 6:55    |
| 1265 | 1867 | Bas Ouwerkerk          | 's-Gravenhage             | 592e  | Mtrim | <b>1:10:21</b> | 1:09:09 | 8,68   | 6:54    |
| 1266 | 1454 | Debby Hendriks         | 's-Gravenhage             | 396e  | Vtrim | <b>1:10:23</b> | 1:08:27 | 8,77   | 6:50    |
| 1267 | 1073 | Paulien Bekker         | 's-Gravenhage             | 397e  | Vtrim | <b>1:10:25</b> | 1:07:59 | 8,83   | 6:47    |
| 1268 | 2068 | Tingting Song          | Zoetermeer                | 398e  | Vtrim | <b>1:10:34</b> | 1:08:12 | 8,80   | 6:49    |
| 1269 | 1536 | Jan Janson             | 's-Gravenhage             | 593e  | Mtrim | <b>1:10:38</b> | 1:10:12 | 8,55   | 7:01    |
| 1270 | 2101 | Frederique Stook       | 's-Gravenhage             | 399e  | Vtrim | <b>1:10:38</b> | 1:09:07 | 8,68   | 6:54    |
| 1271 | 1879 | Sandra Panis           | Rotterdam                 | 400e  | Vtrim | <b>1:10:38</b> | 1:09:08 | 8,68   | 6:54    |
| 1272 | 1781 | Evelien Moes           | Voorburg                  | 401e  | Vtrim | <b>1:10:39</b> | 1:08:36 | 8,75   | 6:51    |
| 1273 | 2303 | Ruud van Zanten        | 's-Gravenhage             | 594e  | Mtrim | <b>1:10:53</b> | 1:08:41 | 8,74   | 6:52    |
| 1274 | 2113 | Jaana Syrja            | 's-Gravenhage             | 402e  | Vtrim | <b>1:10:54</b> | 1:08:52 | 8,71   | 6:53    |
| 1275 | 1462 | Mukta Henning          | 's-Gravenhage             | 403e  | Vtrim | <b>1:11:00</b> | 1:08:39 | 8,74   | 6:51    |
| 1276 | 1374 | Nina Nesterova         | the Hague Road Runners    | 404e  | Vtrim | <b>1:11:03</b> | 1:09:44 | 8,60   | 6:58    |
| 1277 | 1294 | Esther van Eldert      | Sparta                    | 405e  | Vtrim | <b>1:11:05</b> | 1:09:05 | 8,69   | 6:54    |
| 1278 | 1474 | Mallory van den Heuvel | Leiden                    | 406e  | Vtrim | <b>1:11:12</b> | 1:09:37 | 8,62   | 6:57    |
| 1279 | 1475 | Miriam van den Heuvel  | Voorschoten '97           | 407e  | Vtrim | <b>1:11:12</b> | 1:09:38 | 8,62   | 6:57    |
| 1280 | 1383 | Harry van de Griend    | Zoetermeer                | 595e  | Mtrim | <b>1:11:12</b> | 1:08:39 | 8,74   | 6:51    |
| 1281 | 1408 | Floris Hage            | 's-Gravenhage             | 596e  | Mtrim | <b>1:11:13</b> | 1:08:42 | 8,73   | 6:52    |
| 1282 | 1210 | Gabriel Cescutti       | Rijswijk                  | 597e  | Mtrim | <b>1:11:14</b> | 1:09:06 | 8,68   | 6:54    |
| 1283 | 1560 | Birutė Juciute         | Leiden                    | 408e  | Vtrim | <b>1:11:15</b> | 1:08:46 | 8,73   | 6:52    |
| 1284 | 1212 | Kristina Misiunaite    | 's-Gravenhage             | 409e  | Vtrim | <b>1:11:16</b> | 1:09:09 | 8,68   | 6:54    |
| 1285 | 51   | Chris van Niekerk      | No-Limits                 | 12e   | M55   | <b>1:11:19</b> | 1:08:49 | 8,72   | 6:52    |
| 1286 | 52   | Juul van Niekerk       | No-Limits                 | 8e    | Vsen  | <b>1:11:19</b> | 1:08:49 | 8,72   | 6:52    |
| 1287 | 2227 | Jiska Vriens           | 's-Gravenhage             | 410e  | Vtrim | <b>1:11:20</b> | 1:10:35 | 8,50   | 7:03    |
| 1288 | 1042 | Chris de Back          | Rotterdam                 | 598e  | Mtrim | <b>1:11:23</b> | 1:09:01 | 8,69   | 6:54    |
| 1289 | 1043 | Rogier de Back         | Rotterdam                 | 599e  | Mtrim | <b>1:11:24</b> | 1:09:01 | 8,69   | 6:54    |
| 1290 | 1706 | David Lewis            | 's-Gravenhage             | 600e  | Mtrim | <b>1:11:30</b> | 1:09:04 | 8,69   | 6:54    |
| 1291 | 1069 | Martijn Beerthuizen    | 's-Gravenhage             | 601e  | Mtrim | <b>1:11:55</b> | 1:10:42 | 8,49   | 7:04    |
| 1292 | 1100 | Robert Blaas           | Alphen aan den Rijn       | 602e  | Mtrim | <b>1:11:55</b> | 1:09:48 | 8,60   | 6:58    |
| 1293 | 2031 | Annemieke Schnepel     | 's-Gravenhage             | 411e  | Vtrim | <b>1:12:04</b> | 1:09:24 | 8,65   | 6:56    |
| 1294 | 1888 | Borja Martinez Perez   | 's-Gravenhage             | 603e  | Mtrim | <b>1:12:04</b> | 1:09:24 | 8,65   | 6:56    |
| 1295 | 1696 | Emma van Leeuwen       | Monster                   | 412e  | Vtrim | <b>1:12:04</b> | 1:10:27 | 8,52   | 7:02    |
| 1296 | 1241 | Daphne Dellebeke       | 's-Gravenhage             | 413e  | Vtrim | <b>1:12:14</b> | 1:10:29 | 8,51   | 7:02    |
| 1297 | 1755 | Silvanna Maurik        | Amsterdam                 | 414e  | Vtrim | <b>1:12:23</b> | 1:11:22 | 8,41   | 7:08    |
| 1298 | 2129 | Pascal Theunissen      | Voorburg                  | 604e  | Mtrim | <b>1:12:24</b> | 1:10:33 | 8,50   | 7:03    |
| 1299 | 1545 | Jil de Jong            | 's-Gravenhage             | 415e  | Vtrim | <b>1:12:36</b> | 1:11:24 | 8,40   | 7:08    |
| 1300 | 1906 | Yasemin Polderman      | 's-Gravenhage             | 416e  | Vtrim | <b>1:12:40</b> | 1:11:11 | 8,43   | 7:07    |

## Uitslagenlijst - Royal Ten 10km

| Plts | StNr | Naam                  | Vereniging/Woonplaats  | Uitsl | Categ | Bruto          | Netto   | Km/Uur | Tijd/Km |
|------|------|-----------------------|------------------------|-------|-------|----------------|---------|--------|---------|
| 1301 | 45   | Roos Marees           | Haag Atletiek          | 9e    | Vsen  | <b>1:12:46</b> | 1:10:20 | 8,53   | 7:02    |
| 1302 | 1520 | Soraya Ingenhoest     | Rotterdam              | 417e  | Vtrim | <b>1:13:12</b> | 1:11:27 | 8,40   | 7:08    |
| 1303 | 1774 | Diede Mertens         | Delft                  | 418e  | Vtrim | <b>1:13:16</b> | 1:11:24 | 8,40   | 7:08    |
| 1304 | 2351 | Claartje le Noble     | the Hague Road Runners | 419e  | Vtrim | <b>1:13:19</b> | 1:11:42 | 8,37   | 7:10    |
| 1305 | 2034 | Ayla Scholma          | Leiden                 | 420e  | Vtrim | <b>1:13:22</b> | 1:12:24 | 8,29   | 7:14    |
| 1306 | 1707 | Yingxue Li            | Groningen              | 421e  | Vtrim | <b>1:13:22</b> | 1:12:25 | 8,29   | 7:14    |
| 1307 | 1634 | Sara Koper            | 's-Gravenhage          | 422e  | Vtrim | <b>1:13:23</b> | 1:11:30 | 8,39   | 7:09    |
| 1308 | 1202 | Bradley Camelia       | 's-Gravenhage          | 605e  | Mtrim | <b>1:13:26</b> | 1:11:02 | 8,45   | 7:06    |
| 1309 | 1555 | Amerens Jongsma       | 's-Gravenhage          | 423e  | Vtrim | <b>1:13:31</b> | 1:12:31 | 8,27   | 7:15    |
| 1310 | 1257 | Kiran Doerga          | 's-Gravenhage          | 424e  | Vtrim | <b>1:13:49</b> | 1:11:30 | 8,39   | 7:09    |
| 1311 | 23   | Mirelle Heck          | AAA                    | 1e    | V35   | <b>1:14:02</b> | 1:13:59 | 8,11   | 7:23    |
| 1312 | 83   | Edith Wieldraaijer    | AAA                    | 6e    | V45   | <b>1:14:03</b> | 1:14:01 | 8,11   | 7:24    |
| 1313 | 1771 | Daniel Melchers       | 's-Gravenhage          | 606e  | Mtrim | <b>1:14:17</b> | 1:12:20 | 8,29   | 7:14    |
| 1314 | 1427 | Mirona Hartman        | Leidschendam           | 425e  | Vtrim | <b>1:14:28</b> | 1:12:44 | 8,25   | 7:16    |
| 1315 | 1028 | Aga Apperloo          | 's-Gravenhage          | 426e  | Vtrim | <b>1:14:38</b> | 1:12:50 | 8,24   | 7:17    |
| 1316 | 1964 | Jennifer van Rijn     | 's-Gravenhage          | 427e  | Vtrim | <b>1:14:50</b> | 1:12:53 | 8,23   | 7:17    |
| 1317 | 1836 | Robbert Nuis          | Hoogvliet Rotterdam    | 607e  | Mtrim | <b>1:14:55</b> | 1:14:00 | 8,11   | 7:24    |
| 1318 | 1161 | Irene van den Brink   | Rijswijk               | 428e  | Vtrim | <b>1:14:59</b> | 1:13:08 | 8,20   | 7:18    |
| 1319 | 1230 | Harmanna van Dalen    | Rotterdam              | 429e  | Vtrim | <b>1:14:59</b> | 1:13:08 | 8,20   | 7:18    |
| 1320 | 2144 | Carola Troll          | Maassluis              | 430e  | Vtrim | <b>1:15:08</b> | 1:13:46 | 8,13   | 7:22    |
| 1321 | 1335 | Natasja Fortuin       | 's-Gravenhage          | 431e  | Vtrim | <b>1:15:10</b> | 1:14:22 | 8,07   | 7:26    |
| 1322 | 2055 | Anna Sizova           | 's-Gravenhage          | 432e  | Vtrim | <b>1:15:17</b> | 1:12:41 | 8,25   | 7:16    |
| 1323 | 1870 | Rachel van Overdam    | 's-Gravenhage          | 433e  | Vtrim | <b>1:15:29</b> | 1:13:30 | 8,16   | 7:21    |
| 1324 | 2049 | Victoria Shurgaia     | 's-Gravenhage          | 434e  | Vtrim | <b>1:15:36</b> | 1:13:12 | 8,20   | 7:19    |
| 1325 | 1907 | Sabrina Pollarini     | 's-Gravenhage          | 435e  | Vtrim | <b>1:15:38</b> | 1:13:55 | 8,12   | 7:23    |
| 1326 | 2054 | Euan Sinclair         | 's-Gravenhage          | 608e  | Mtrim | <b>1:15:39</b> | 1:13:56 | 8,12   | 7:23    |
| 1327 | 2131 | Sebastiaan Thierry    | 's-Gravenhage          | 609e  | Mtrim | <b>1:15:39</b> | 1:13:56 | 8,12   | 7:23    |
| 1328 | 1995 | Marco La Russa        | Almere                 | 610e  | Mtrim | <b>1:15:45</b> | 1:13:24 | 8,17   | 7:20    |
| 1329 | 1970 | Luca Alfonso Rizzello | Spongano (ITA)         | 611e  | Mtrim | <b>1:15:45</b> | 1:13:24 | 8,17   | 7:20    |
| 1330 | 2579 | Bharath Mahadikar     | TNO - 1                | 137e  | Mbuss | <b>1:15:58</b> | 1:15:51 | 7,91   | 7:35    |
| 1331 | 1946 | Jen Reid              | Wassenaar              | 436e  | Vtrim | <b>1:15:59</b> | 1:13:40 | 8,14   | 7:22    |
| 1332 | 1757 | Lucy McNamara         | 's-Gravenhage          | 437e  | Vtrim | <b>1:15:59</b> | 1:13:40 | 8,14   | 7:22    |
| 1333 | 1744 | Judith van der Mark   | 's-Gravenhage          | 438e  | Vtrim | <b>1:16:54</b> | 1:14:59 | 8,00   | 7:29    |
| 1334 | 1590 | Michel Keuning        | 's-Gravenhage          | 612e  | Mtrim | <b>1:17:30</b> | 1:16:12 | 7,87   | 7:37    |
| 1335 | 1359 | Gijs Giezeman         | 's-Gravenhage          | 613e  | Mtrim | <b>1:17:30</b> | 1:16:13 | 7,87   | 7:37    |
| 1336 | 1006 | Tolga Akyazi          | Rotterdam              | 614e  | Mtrim | <b>1:18:06</b> | 1:15:47 | 7,92   | 7:34    |
| 1337 | 2247 | Meike Olde Weghuis    | Leidschendam           | 439e  | Vtrim | <b>1:18:07</b> | 1:16:27 | 7,85   | 7:38    |
| 1338 | 2239 | Pauline Wagenaar      | 's-Gravenhage          | 440e  | Vtrim | <b>1:18:25</b> | 1:17:35 | 7,73   | 7:45    |
| 1339 | 1384 | Chloë Griffin         | 's-Gravenhage          | 441e  | Vtrim | <b>1:18:30</b> | 1:16:44 | 7,82   | 7:40    |
| 1340 | 1041 | Desiree de Baar       | Rotterdam              | 442e  | Vtrim | <b>1:19:28</b> | 1:17:43 | 7,72   | 7:46    |
| 1341 | 1104 | Floris Blankenberg    | 's-Gravenhage          | 615e  | Mtrim | <b>1:20:20</b> | 1:19:00 | 7,59   | 7:54    |
| 1342 | 1489 | Léon van der Hoeven   | 's-Gravenhage          | 616e  | Mtrim | <b>1:20:35</b> | 1:18:18 | 7,66   | 7:49    |
| 1343 | 1160 | Diana van den Brink   | Rijswijk               | 443e  | Vtrim | <b>1:21:03</b> | 1:18:49 | 7,61   | 7:52    |
| 1344 | 1725 | Hans Lunter           | Rijswijk               | 617e  | Mtrim | <b>1:24:34</b> | 1:22:27 | 7,28   | 8:14    |
| 1345 | 5432 | Dora Wynchank         | 's-Gravenhage          | 444e  | Vtrim | <b>1:24:39</b> | 1:22:24 | 7,28   | 8:14    |
| 1346 | 1831 | Marie-Aimée Nkiliyehe | 's-Gravenhage          | 445e  | Vtrim | <b>1:25:06</b> | 1:23:56 | 7,15   | 8:23    |
| 1347 | 1287 | Jan van Egmond        | 's-Gravenhage          | 618e  | Mtrim | <b>1:25:46</b> | 1:23:18 | 7,20   | 8:19    |
| 1348 | 1329 | Lynn Flach            | 's-Gravenhage          | 446e  | Vtrim | <b>1:32:06</b> | 1:29:37 | 6,70   | 8:57    |